

# "Getting Back to Better" Phased School Reopening Health and Safety Plan

Each school entity must create a Health and Safety Plan which will serve as the local guidelines for all instructional and non- instructional school reopening activities. As with all emergency plans, the Health and Safety Plan developed for each school entity should be tailored to the unique needs of each school and should be created in consultation with local health agencies. Given the dynamic nature of the pandemic, each plan should incorporate enough flexibility to adapt to changing conditions. The templates provided in this toolkit can be used to document a school entity's Health and Safety Plan, with a focus on professional learning and communications, to ensure all stakeholders are fully informed and prepared for a local phased reopening of school facilities. A school entity's Health and Safety Plan must be approved by its governing body and posted on the school entity's publicly available website prior to the reopening of school. School entities should also consider whether the adoption of a new policy or the modification of an existing policy is necessary to effectively implement the Health and Safety Plan.

Each school entity should continue to monitor its Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

This document reflects the guidance from the CDC, PA Governor's Office, the PA Department of Health, and the Allegheny County Department of Health as of August 12, 2020. This plan is designed to be a living document and is subject to change and local and regional conditions change up to the beginning of the school year on September 3. 2020. The document focuses on the mitigation strategies to return students and staff to the facilities and buildings of the Baldwin-Whitehall School District to engage in meaningful instruction and learning in a safe manner.

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This resource draws on a resource created by the Council of Chief State School Officers (CCSSO) that is based on official guidance from multiple sources to include: the Centers for Disease Control and Prevention, the White House, American Academy of Pediatrics, Learning Policy Institute, American Enterprise Institute, Rutgers Graduate School of Education, the World Health Organization, the Office of the Prime Minister of Norway as well as the departments of education/health and/or offices of the governor for Idaho, Montana, New York, Texas and Washington, DC.

# Health and Safety Plan: Baldwin-Whitehall School District

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that can completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by <u>Governor Wolf's Process to Reopen Pennsylvania</u>. The administration had originally categorized reopening into three broad phases: red, yellow, or green. These designations signaled how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- The Red Phase: Schools remain closed for in-person instruction and all instruction must be provided via remote learning, whether using digital or non-digital platforms. Provisions for student services such as school meal programs should continue. Large gatherings are prohibited.
- The Yellow Phase and Green Phase: Schools may provide in-person instruction after developing a written Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

On August 10, 2020, PDE released the COVID-19 Early Warning Monitoring System Dashboard, effectively replacing the color designations with three new groupings related to county transmission rates. They consist of <u>Low</u> (Full In-person Model or Blended (Hybrid) Learning Model), <u>Moderate</u> (Blended (Hybrid) Learning Model or Full Remote Learning Model) or <u>Substantial</u> (Full Remote Learning Model). The general descriptions of each learning model are as follows:

- Full In-person Model: School is open each day with in-person instruction for all students (with some students/staff in a remote setting as health and safety concerns require)
- Blended (Hybrid) Learning Model: Any model in which the number of students in a school building is reduced to allow for social distancing of 6 feet. This may be accomplished in many ways, including split schedules, schedules that rotate by day or week, or similar approaches. For these recommendations, blended learning also includes scaffolded approaches that treat grade levels in a differentiated manner.
- Full Remote Learning Model: Any model in which all students engage in all learning remotely.

Based on your county's current designation (i.e., red (substantial), yellow (moderate), green (low)) and the best interests of your local community, indicate which type of reopening your LEA has selected by checking the appropriate box in row three of the table below. Use the remainder of the template to document your LEA's plan to bring back students and staff, how you will communicate the type of reopening with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school operations and potential adjustments throughout the school year.

Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen. This means that your school entity should account for changing conditions in your local Health and Safety Plan to ensure fluid transition from more to less restrictive conditions in each of the phase requirements as needed.

## Type of Reopening

#### **Key Questions**

- How do you plan to bring students and staff back to physical school buildings, particularly if you still need social distancing in place?
- How did you engage stakeholders in the type of re-opening your school entity selected?
- How will you communicate your plan to your local community?
- Once you reopen, what will the decision-making process look like to prompt a school closure or other significant modification to operations?

Based on your county's current designation and local community needs, which type of reopening has your school entity selected?

- Total reopen for all students and staff (but some students/families opt for distance learning out of safety/health concern).
- Scaffolded reopening: Some students are engaged in in-person learning, while others are distance learning (i.e., some grade levels in-person, other grade levels remote learning).
- Blended reopening that balances in-person learning and remote learning for all students (i.e., alternating days or weeks).
- Total remote learning for all students. (Plan should reflect future action steps to be implemented and conditions that would prompt the decision as to when schools will re-open for in-person learning).

Anticipated launch date for in-person learning (i.e., start of blended, scaffolded, or total reopening): September 3, 2020

11.23.20 - Shift to full remote learning model from 11.23.20 through 12.11.20 related to increased case counts in staff and students

12.14.20 – Planned scaffolded reopening model beginning with some grade levels returning to hybrid learning while others remain in remote setting.

- 1.4.21 Planned scaffolded reopening model shifting some grade levels to 4 days per week with remainder of grades returning to hybrid learning model.
- 2.1.21 Planned date to have all students return to full in-person learning model (4 or 5 days)

#### Pandemic Coordinator/Team

Each school entity is required to identify a pandemic coordinator and/or pandemic team with defined roles and responsibilities for health and safety preparedness and response planning during the phased reopening of schools. The pandemic coordinator and team will be responsible for facilitating the local planning process, monitoring implementation of your local Health and Safety Plan, and continued monitoring of local health data to assess implications for school operations and potential adjustments to the Health and Safety Plan throughout the school year. To ensure a comprehensive plan that reflects the considerations and needs of every stakeholder in the local education community, LEAs are encouraged to establish a pandemic team to support the pandemic coordinator. Inclusion of a diverse group of stakeholders is critical to the success of planning and implementation. LEAs are highly encouraged to make extra effort to engage representatives from every stakeholder group (i.e., administrators, teachers, support staff, students, families, community health official or other partners), with a special focus on ensuring that the voices of underrepresented and historically marginalized stakeholder groups are prioritized. In the table below, identify the individual who will serve as the pandemic coordinator and the stakeholder group they represent in the row marked "Pandemic Coordinator". For each additional pandemic team member, enter the individual's name, stakeholder group they represent, and the specific role they will play in planning and implementation of your local Health and Safety Plan by entering one of the following under "Pandemic Team Roles and Responsibilities":

- Health and Safety Plan Development: Individual will play a role in drafting the enclosed Health and Safety Plan;
- Pandemic Crisis Response Team: Individual will play a role in within-year decision making regarding response efforts in the event of a confirmed positive case or exposure among staff and students; or
- Both (Plan Development and Response Team): Individual will play a role in drafting the plan and within-year decision making regarding response efforts in the event of confirmed positive case.

Individual(s) Stakeholder Group Represented		Pandemic Team Roles and Responsibilities (Options Above)		
Randal Lutz	Administration	Both (Plan Development and Response Team)		
Rachel Sprouse	Administration	Both (Plan Development and Response Team)		
Rachel Sprouse Administration Pandemic Coordinator		Pandemic Coordinator		
Andrea Huffman	Administration	Both (Plan Development and Response Team)		
Marissa Gallagher	Administration	Both (Plan Development and Response Team)		

Mark Cherpak Administration		Both (Plan Development and Response Team)		
Janeen Peretin	Administration	Both (Plan Development and Response Team)		
Jill Fleming-Salopek	Administration	Both (Plan Development and Response Team)		
Randy Huddart	Facilities	Both (Plan Development and Response Team)		
Karen Brown	School Board	Plan Development		
Gerald Pantone	School Board	Plan Development		
Janice Tarson	School Board	Plan Development		
Rob Achtzen	School Board	Plan Development		
John Saras	Athletic Coordinator	Both (Plan Development and Response Team)		
Kara Eckert Building Administrator Plan Development		Plan Development		
Shaun Tomaszewski Building Administrator		Plan Development		
Heather Wessel	Building Administrator	Plan Development		
Laurel Newberry	Building Administrator	Plan Development		
Scott Ross	Building Administrator	Plan Development		
Jon Peebles	Building Administrator	Plan Development		
Patricia Fusco	Building Administrator	Plan Development		
Alicia Johnson	Building Administrator	Plan Development		
Candee Morris	Building Administrator	Plan Development		
William Coddington	Safety and Security	Response Team		
Dave Tompkins	Transportation	Plan Development		
Joyce Weber	Food Service	Plan Development		

Ed Dini	Transportation	Plan Development
Octavia Brice	BWSEA President	Plan Development
Rachel Neil	BWEA President	Plan Development
William Davies	AHN	Plan Development
Michelle Higgins	AHN	Plan Development
Stephanie Synder	Community Outreach/Liaison	Plan Development
Cassie Bartus	Teacher	Plan Development
Bryan Gigliotti	Teacher	Plan Development
Amy Goetzman	Teacher	Plan Development
Maggie Graff	Teacher	Plan Development
Kathy Hawk	Teacher	Plan Development
Rita Hustava	Teacher	Plan Development
Megan Kraus	Teacher	Plan Development
Amy McDonough	Teacher	Plan Development
Sima Misquitta	Counselor	Plan Development
Jennifer Petrilla	Teacher	Plan Development
Katie Temme	Teacher	Plan Development
Jon Tietz	Teacher	Plan Development
Adrienne Vallus	Teacher	Plan Development
Tina Walsh	Teacher	Plan Development
Denise Wells	Teacher	Plan Development

Rebecca Wolf	Teacher	Plan Development
Christina Kelly	Nurse	Both (Plan Development and Response Team)
Donna Piotrowski	Nurse	Plan Development
Eileen Kline	Nurse	Plan Development
Tracey Spicuzza	Nurse/BWSEA	Plan Development
Judy Leadbitter	Counselor	Plan Development
Pat DiFrancesco	Maintenance	Plan Development

## Key Strategies, Policies, and Procedures

Once your LEA has determined the type of reopening that is best for your local community and established a pandemic coordinator and/or pandemic team, use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the Pennsylvania Department of Education's Preliminary Guidance for Phased Reopening of PreK-12 Schools.

For each domain of the Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. You can use the key questions to guide your domain summary.

For each requirement within each domain, document the following:

- Action Steps under Yellow/Moderate Phase: Identify the discrete action steps required to prepare for and implement the
  requirement under the guidelines outlined for counties in yellow. List the discrete action steps for each requirement in
  sequential order.
- Action Steps under Green/Low Phase: Identify the specific adjustments the LEA or school will make to the requirement during the time period the county is designated as green. If implementation of the requirement will be the same regardless of county designation, then type "same as Yellow" in this cell.
- **Lead Individual and Position:** List the person(s) responsible for ensuring the action steps are fully planned and the school system is prepared for effective implementation.
- Materials, Resources, and/or Supports Needed: List any materials, resources, or support required to implement the requirement.
- Professional Development (PD) Required: In order to implement this requirement effectively, will staff, students, families, or other stakeholders require professional development?

In the following tables, an asterisk (\*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

## Cleaning, Sanitizing, Disinfecting, and Ventilation

## **Key Questions**

- How will you ensure the building is cleaned and ready to safely welcome staff and students?
- How will you procure adequate disinfection supplies meeting OSHA and CDC requirements for COVID-19?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain staff and student safety?
- What protocols will you put in place to clean and disinfect throughout an individual school day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

#### **Summary of Responses to Key Questions:**

Building have been cleaned and disinfected throughout the summer consistent with CDC and DOH guidelines. Only essential staff have been permitted in the building, restricting the opportunities for contamination after cleaning process was completed.

Supplies and materials have been purchased that have been deemed effective at killing the SARS/COV-2 virus and as listed on the EPA registered N-list.

Cleaning, sanitation and disinfecting protocols will be implemented throughout the day between use, focusing on high-touch points in classrooms, hallways, and buses. A more thorough protocol will be implemented each day by the custodial staff once buildings are empty for the day.

Ventilation will be increased through implementation of increased run time of HVAC systems, percentages of outside air, and frequency of filter replacements.

Materials and supplies will be provided to professional staff for use throughout the school day. Transportation personnel will also be provided materials and supplies for interval cleaning and sanitizing of buses and vans. Protocols for seating and cleaning of spaces will allow for sufficient kill time for chemicals prior to follow up use of areas. Custodial staff will be designated to continual cleaning and disinfecting of high-touch points/common areas throughout the day. Second and third shift custodians will be utilized for daily thorough cleaning/sanitizing/disinfecting protocols.

Training will be provided for all personnel to the level of expected use of supplies, materials and equipment by vendors and/or manufacturers.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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disinfecting, and ventilating learning spaces, surfaces and other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)  Tensportation  All products used meet OHSA, and CDC requirements and are listed on the EPA registered N-List of chemicals deemed effective at killing the SARS/COV-2 virus  Commonly touched surfaces will be cleaned throughout the school day.  Restrooms will be checked and cleaned throughout the day, with restrooms closed on a rotating basis for cleaning as feasible.		
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Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	All facilities/resources which include but are not limited to classrooms, rooms, band rooms, weight rooms, training spaces, gyms, auditoriums, buses, etc. must be cleaned and disinfected as per CDC and/or state guidelines  Water fountains will be turned off. Bottle fillers shall be installed at various locations in each building. Use of individual water bottles from home or disposable plastic bottles shall be encouraged.  Upon staff/student infection, follow CDC guidelines for vacating, cleaning and disinfecting spaces.  Ensure all staff are trained in appropriate cleaning techniques and use of materials/supplies/equipment.	All facilities/resources which include but are not limited to classrooms, rooms, band rooms, weight rooms, training spaces, gyms, auditoriums, buses, etc. must be cleaned and disinfected as per CDC and/or state guidelines  Water fountains will be turned off. Bottle fillers shall be installed at various locations in each building. Use of individual water bottles from home or disposable plastic bottles shall be encouraged.  Upon staff/student infection, follow CDC guidelines for vacating, cleaning and disinfecting spaces.  Ensure all staff are trained in appropriate cleaning techniques and use of materials/supplies/equipment.			
Other cleaning, sanitizing, disinfecting, and ventilation practices	Utilize outdoor spaces for learning activities when safely possible  Hand sanitizer stations shall be installed/located throughout the school  Specific time will be established for student handwashing, attention to hygiene	Utilize outdoor spaces for learning activities when safely possible  Hand sanitizer stations shall be installed/located throughout the school  Specific time will be established for student handwashing, attention to hygiene	Facilities Manager, Assistant Facilities Manager, Building Principals	Establish supply chain stability through multiple vendor contacts.  Monitor inventory levels continuously  Building schedules developed to support initiatives	Y

## **Social Distancing and Other Safety Protocols**

## **Key Questions**

- How will classrooms/learning spaces be organized to mitigate spread?
- How will you group students with staff to limit the number of individuals who come into contact with each other throughout the school day?
- What policies and procedures will govern use of other communal spaces within the school building?
- How will you utilize outdoor space to help meet social distancing needs?
- What hygiene routines will be implemented throughout the school day?
- How will you adjust student transportation to meet social distancing requirements?
- What visitor and volunteer policies will you implement to mitigate spread?
- Will any of these social distancing and other safety protocols differ based on age and/or grade ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

#### **Summary of Responses to Key Questions:**

The Baldwin-Whitehall School District has committed to strategies to assist in the mitigation of the COVID-19 virus and has developed a comprehensive approach to reopening our school district in a safe manner for all students and staff. The District developed an instructional model that is able to transition quickly and responsibly to local conditions as they change throughout the year. Options for learning include full remote, blended (hybrid) and full in-person – related to the conditions levels of community spread present in Allegheny County. The District conducted an enrollment campaign with families to obtain commitment to either a remote or blended (hybrid) model to begin the school year, with the constant goal of full in-person instruction at the earliest, safe opportunity we have to do so. Parents were also asked to provide feedback regarding their ability to provide transportation for their children. Actions have been designed to reduce numbers of children on any given day to allow for proper social distancing strategies.

Students and staff will be required to wear face coverings, consisting of shields (limited use only) and/or masks consistent with the updated face covering order from the PA Department of Health.

Link: <u>Updated Face Covering Order</u>

Families are expected to provide face coverings (masks/shields) for students, however any student that may misplace, damage, or forget their face covering will be provided a replacement mask for that school day. Repeated actions in this regard may necessitate further intervention strategies.

Faculty and staff shall be required to wear face coverings (mask/shields) during the work day when engaged in the following activities:

- Operating School Buses
- Hallways
- Instruction in the classroom
- Transitions between classrooms
- Entering or exiting the building
- Movement within the classroom
- Working in common spaces

Faculty and staff may remove face coverings when working alone and isolated from interaction with other people with little or no expectation of in-person interaction.

Faculty and staff will be provided a supply of re-usable masks and a face shield. Use of shields may only be used when visibility of mouth for communication purposes is essential for instruction, etc. Employees may elect to wear both masks and shields as appropriate or deemed necessary. Other workplace considerations that shall be in effect to support the compliance with the face covering order shall be:

- Shared office/work spaces shall be eliminated to the greatest extent possible. Where same areas are necessary, occupied
  times may not exceed one planning period/one hour (as applicable). Masks must be worn and physical distancing must occur
  to the greatest extent possible.
- In person meetings shall be limited to one hour in length, masks must be worn at all times and physical distancing must occur to the greatest extent possible
- Shared lunch spaces will be limited to a maximum of two people in the same room at the same time, separated by the greatest distance possible. Removal of masks during shared lunch spaces will be limited to a period not to exceed 15 minutes for the purpose of eating and drinking.
- Office staff shall wear a mask at all times when at their desks or interacting within the office complex
- Maintenance employees will be assigned to different vehicles to the greatest extent possible.

• Transportation employees shall wear masks at all times while on the vehicles, regardless of whether students are present or not

Additional responses to Key Questions are contained below.

	Action Steps	Action Steps	Lead Individual and	Materials, Resources,	
Requirements	under Yellow Phase	under Green Phase	Position	and or Supports	Required
				Needed	(Y/N)

* Classroom/ learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible	Survey families to obtain commitment level for desired mode of instruction students would participate in (remote, hybrid) in effort to reduce in person class size  Following recommendations from the CDC and PA DOE, maintain 6 ft. of separation among students and throughout the school day to the maximum extent feasible.  Class sizes will be balanced in response to commitment levels received from parents. 6 ft. of separation will be maintained to extent possible and students shall be required to wear masks while in class.  Non-essential furniture (student and staff) will be removed from all classrooms in effort to maximize learning spaces for teacher and students  Desks/tables will be arranged in all classrooms to provide 6 ft. of distancing between students to the greatest extent possible  If tables are in use in classrooms, students shall be seated on same side/direction to the greatest extent possible, per CDC guidelines.  Physical interaction, such as partner or group work, will be	Survey families to obtain commitment level for desired mode of instruction students would participate in (remote, hybrid) in effort to reduce in person class size  Following recommendations from the CDC and PA DOE, maintain 6 ft. of separation among students and throughout the school day to the maximum extent feasible.  Class sizes will be balanced in response to commitment levels received from parents. 6 ft. of separation will be maintained to extent possible and students shall be required to wear masks while in class.  Non-essential furniture (student and staff) will be removed from all classrooms in effort to maximize learning spaces for teacher and students  Desks/tables will be arranged in all classrooms to provide 6 ft. of distancing between students to the greatest extent possible  If tables are in use in classrooms, students shall be seated on same side/direction to the greatest extent possible, per CDC guidelines.  Physical interaction, such as partner or group work, will be	Building principals Facilities Manager Assistant Facilities Manager Central Office Administration Custodial Staff Professional Staff	Survey/Commitment Form  Master Schedules  Cleaning Supplies and Materials  PPE (shields, masks, partitions)	Y
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Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	limited to the maximum extent possible	limited to the maximum extent possible			
	Implement standard operating procedures while taking preventative measures such as:  • Hand sanitizing stations throughout the building  • Face coverings for students/staff at all times  • Hallway procedures, directions, movement, etc.  • Restrictions on unnecessary congregation of students and staff  Purchase of individual student	Implement standard operating procedures while taking preventative measures such as:  • Hand sanitizing stations throughout the building • Face coverings for students/staff at all times • Hallway procedures, directions, movement, etc. • Restrictions on unnecessary congregation of students and staff  Purchase of individual student			
	dividers/partitions for classroom use when small group/individual instruction is deemed necessary and distancing, other measures cannot be maintained.	dividers/partitions for classroom use when small group/individual instruction is deemed necessary and distancing, other measures cannot be maintained.			
	Follow CDC, PA DOH and PA DOE guidelines, as amended, related to social distancing and face coverings with the goal of increasing student time in school.	Follow CDC, PA DOH and PA DOE guidelines, as amended, related to social distancing and face coverings with the goal of increasing student time in school.			

* Restricting the use of cafeterias and other congregate settings, and serving meals in	Implement standard operating procedures while taking preventative measures such as:  • Transition to "serve" vs "offer" food service model at all levels	Implement standard operating procedures while taking preventative measures such as:  • Transition to "serve" vs "offer" food service model at all levels	Central Office Administration Building Principals Food Service	PPE Sanitizing, Cleaning, Disinfecting materials and supplies	Y
serving meals in alternate settings such as classrooms	<ul> <li>at all levels</li> <li>Serve "grab and go" meals where feasible and in multiple locations</li> <li>Seating to be spaced at a minimum of 6 ft. of distance to the maximum extent possible</li> <li>Use of outdoor/alternative spaces, where feasible (include safety considerations)</li> <li>Markings and signage to assist in coordination of service lines, entrances and exits</li> <li>Purchase and use of single serve condiments, single use serving materials, and other procurements to reduce or eliminate virus spread.</li> <li>Explore options for touchless point of sale</li> <li>Install Plexiglas dividers between the register and serving lines</li> <li>Provide hand sanitizer for students and staff</li> <li>Encourage handwashing for elementary students</li> </ul>	<ul> <li>at all levels</li> <li>Serve "grab and go" meals where feasible and in multiple locations</li> <li>Seating to be spaced at a minimum of 6 ft. of distance to the maximum extent possible</li> <li>Use of outdoor/alternative spaces, where feasible (include safety considerations)</li> <li>Markings and signage to assist in coordination of service lines, entrances and exits</li> <li>Purchase and use of single serve condiments, single use serving materials, and other procurements to reduce or eliminate virus spread.</li> <li>Explore options for touchless point of sale</li> <li>Install Plexiglas dividers between the register and serving lines</li> <li>Provide hand sanitizer for students and staff</li> <li>Encourage handwashing for elementary students</li> </ul>	Food Service Director  Facilities Manager  Custodial Staff	Pre-packaged and single serve food/service items.	
	prior to and after meal service	prior to and after meal service			

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	Encourage handwashing for secondary students prior to and after handwashing  Continue with "grab and go" breakfast program in the classroom at the secondary level.  Expand classroom breakfast service at elementary to include grade 6.	Encourage handwashing for secondary students prior to and after handwashing  Continue with "grab and go" breakfast program in the classroom at the secondary level.  Expand classroom breakfast service at elementary to include grade 6.			
* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices	Teach and reinforce proper hygiene measures, such as handwashing, covering of coughs, and face coverings (masks/shields)  Students will be provided handwashing breaks and opportunities throughout the school day, including transition times between classes and/or classrooms  Hand sanitizing stations shall be available throughout the building in classrooms and common areas	Teach and reinforce proper hygiene measures, such as handwashing, covering of coughs, and face coverings (masks/shields)  Students will be provided handwashing breaks and opportunities throughout the school day, including transition times between classes and/or classrooms  Hand sanitizing stations shall be available throughout the building in classrooms and common areas	Facility Manager Building Principals Central Office Administration School Nurses Faculty/Staff	Sanitizing materials and supplies  Signage and teaching materials	Y

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the	The BWSD will post signage within the classroom, common areas, school vehicles, and outdoor areas that promote proactive measures and how to stop the spread of germs.	The BWSD will post signage within the classroom, common areas, school vehicles, and outdoor areas that promote proactive measures and how to stop the spread of germs.	Director of Communication, Advancement, and Innovation	Signs and posters,	N
spread of germs	https://www.cdc.gov/handwashing/ materials.html	https://www.cdc.gov/handwashing/ materials.html			

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Identifying and restricting non-essential visitors and volunteers	Visitors will be prohibited to those essential in nature and only permitted when virtual participation/inclusion is not possible or deemed effective.  All visitors must adhere to requirements for face coverings and social distancing when in the buildings or at any time while on campus.  The BWSD will continue to hold meetings virtually or on the phone to the greatest extent possible  Refrain from scheduling large group activities, which will include student field trips.  Extracurricular activities may continue, provided the ability to meet the District masking and social distancing guidelines  No outside groups or organizations will be permitted to reserve any BWSD facilities.	Visitors will be prohibited to those essential in nature and only permitted when virtual participation/inclusion is not possible or deemed effective.  All visitors must adhere to requirements for face coverings and social distancing when in the buildings or at any time while on campus.  The BWSD will continue to hold meetings virtually or on the phone to the greatest extent possible  Refrain from scheduling large group activities, which will include student field trips.  Extracurricular activities may continue, provided the ability to meet the District masking and social distancing guidelines  No outside groups or organizations will be permitted to reserve any indoor BWSD facilities.  Outdoor athletic facilities may be permitted to organized community groups, following District guidelines	Building Principals  Director of Finance and Operations  Athletic Coordinator  Facility Manager	Policies and Procedures	N

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Handling sporting activities for recess and physical education classes consistent with the CDC	All sporting activities will be conducted and handled following the CDC Considerations for Youth Sports, WPIAL and PIAA guidance, and local school policies and procedures	All sporting activities will be conducted and handled following the CDC Considerations for Youth Sports, WPIAL and PIAA guidance, and local school policies and procedures	Building Principals  Athletic Coordinator  Athletic Trainers (AHN)	Policies and Procedures	Y
Considerations for Youth Sports	The District will adhere to the BWSD Athletic Return to Play Health and Safety Plan, updated for each season of play	The District will adhere to the BWSD Athletic Return to Play Health and Safety Plan, updated for each season of play	Coaches and Sponsors		

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Limiting the sharing of materials among students	Students will remain in classrooms, with teachers moving between classes at the elementary level, to the greatest extent feasible  Cleaning and/or quarantining procedures will be put into place for any shared items, including toys, scissors, materials, manipulatives, books, electronics, etc.to the greatest extent possible.  The BWSD shall implement a 1:1 device program from Grades K-12 to limit the sharing of devices and reduce the overall amount of paper  Staff will wear face coverings when cleaning any classroom materials  Classroom furniture spacing/usage will be organized and scheduled to provide to adequate cleaning, disinfecting, and/or sanitation procedures between use by other students	Students will remain in classrooms, with teachers moving between classes at the elementary level, to the greatest extent feasible  Cleaning and/or quarantining procedures will be put into place for any shared items, including toys, scissors, materials, manipulatives, books, electronics, etc. to the greatest extent possible.  The BWSD shall implement a 1:1 device program from Grades K-12 to limit the sharing of devices and reduce the overall amount of paper  Staff will wear face coverings when cleaning any classroom materials  Classroom furniture spacing/usage will be organized and scheduled to provide to adequate cleaning, disinfecting, and/or sanitation procedures between use by other students	Building Principals  Central Office Administrators  Teachers and Staff	Master Schedules Cleaning supplies PPE Sets of materials (school supplies, manipulatives, art supplies) Teacher supply lists for parents/students (nonshared)	Y

Staggering the use of communal	Develop entry and exit protocols and schedules (buses and car	Develop entry and exit protocols and schedules (buses and car	Building Principals	Master Schedule	Υ
paces and	riders) to limit the number of	riders) to limit the number of	Facility Manager	Signage	
allways	students arriving and leaving the	students arriving and leaving the			
	school at any given time.	school at any given time.	Safety and Security Director	Procedures for Arrival and Dismissal	
	Utilize multiple points of entry for	Utilize multiple points of entry for			
	staff and students (respectful of school safety measures)	staff and students (respectful of school safety measures)	Teachers and Staff	Procedures for Recess and Cafeteria	
	Establish expanded protocols for	Establish expanded protocols for			
	student drop off/pick up and designate entry/exit locations	student drop off/pick up and designate entry/exit locations			
	(expecting larger numbers of	(expecting larger numbers of			
	parents electing this option)	parents electing this option)			
	Adjust protocols for teacher/staff	Adjust protocols for teacher/staff			
	sign in/mailbox procedures within the main offices	sign in/mailbox procedures within the main offices			
	Eliminate communal settings in	Eliminate communal settings in			
	teacher copy rooms, lunch rooms, and planning spaces.	teacher copy rooms, lunch rooms, and planning spaces.			
	Close water fountains to students	Close water fountains to students			
	and staff except for bottle filling	and staff except for bottle filling			
	stations. Monitor usage. Encourage use of individual water	stations. Monitor usage. Encourage use of individual water			
	bottles brought from home	bottles brought from home			
	Limit movement throughout the	Limit movement throughout the			
	school day and building to restrict	school day and building to restrict			
	the mixing between groups to the greatest extent possible	the mixing between groups to the greatest extent possible			
	Most elementary students will	Most elementary students will			
	remain in classrooms for core	remain in classrooms for core			
	classes, with teachers moving between rooms.	classes, with teachers moving between rooms.			
	between rooms.	Botween rooms.			
	The state of the s	The state of the s	The state of the s	The state of the s	1

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	Elementary movement to and from lunch and specials to be adjusted to avoid large, congested groupings. Hallway protocols will be promoted to avoid physical contact	Elementary movement to and from lunch and specials to be adjusted to avoid large, congested groupings. Hallway protocols will be promoted to avoid physical contact			
	Secondary principals will establish directional protocols for hallways and change of class procedures to limit hallway interaction to the greatest extent possible.	Secondary principals will establish directional protocols for hallways and change of class procedures to limit hallway interaction to the greatest extent possible.			

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Adjusting transportation schedules and practices to create social distance between students	Families are asked to transport their children to and from school to the greatest extent possible  A maximum of 2 students will be assigned per seat, with no students assigned to the first row of seats nearest the driver  Siblings will be assigned to the same seat (up to two maximum)  Face coverings will be required for all students and driver at all times while on the bus/van  Provide hand sanitizer for students and staff on vehicles  Frequently touched surfaces will be cleaned/sanitized between each bus run.  Buses will receive more extensive cleaning, disinfecting, sanitizing protocol daily.  Establish protocols for bus stops, loading and unloading of students.	Families are asked to transport their children to and from school to the greatest extent possible  A maximum of 2 students will be assigned per seat to the greatest extent possible, with no students assigned to the first row of seats nearest the driver  Siblings will be assigned to the same seat (up to two maximum)  Face coverings will be required for all students and driver at all times while on the bus/van  Provide hand sanitizer for students and staff on vehicles  Frequently touched surfaces will be cleaned/sanitized between each bus run.  Buses will receive more extensive cleaning, disinfecting, sanitizing protocol daily.  Establish protocols for bus stops, loading and unloading of students	Transportation Manager  Transportation Assistant Manager  Facility Manager  Building Principals  Transportation Drivers and Attendants  Bus Cleaners and Mechanics	Cleaning Materials  Sanitizer/Disinfectant  Face Coverings  Procedures and guidelines	Y

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students	Implementation of a learning model plan that includes hybrid and remote learning options for students  Classroom furniture spacing/usage will be organized and scheduled to provide to adequate cleaning, disinfecting, and/or sanitation procedures between use by other students  Limit movement throughout the school day and building to restrict the mixing between groups to the greatest extent possible  Most elementary students will remain in classrooms for core classes, with teachers moving between rooms.  Elementary movement to and from lunch and specials to be adjusted to avoid large, congested groupings. Hallway protocols will be promoted to avoid physical contact  Secondary principals will establish directional protocols for hallways and change of class procedures to limit hallway interaction to the greatest extent possible.	Implementation of a learning model plan that includes in – person, hybrid and remote learning options for students  Classroom furniture spacing/usage will be organized and scheduled to provide to adequate cleaning, disinfecting, and/or sanitation procedures between use by other students  Limit movement throughout the school day and building to restrict the mixing between groups to the greatest extent possible  Most elementary students will remain in classrooms for core classes, with teachers moving between rooms.  Elementary movement to and from lunch and specials to be adjusted to avoid large, congested groupings. Hallway protocols will be promoted to avoid physical contact  Secondary principals will establish directional protocols for hallways and change of class procedures to limit hallway interaction to the greatest extent possible.	Building Principals Central Office Administrators	Master Schedule Signage, Floor Markings Cleaning Supplies PPE Policies and Procedures	Y

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Coordinating with local childcare regarding on site care, transportation protocol changes and, when possible, revised hours of operation or modified schoolyear calendars	The BWSD will continue to use School Messenger (SKYLERT) to push out mass notification through phone calls, emails, and text messaging – in order to keep the community groups fully informed of procedures, updates and alterations of any plans  The BWSD will continually update the school district website and social media platforms to share updates  Opportunities to expand facility usage (where feasible and safely possible) to accommodate child care providers	The BWSD will continue to use School Messenger (SKYLERT) to push out mass notification through phone calls, emails, and text messaging – in order to keep the community groups fully informed of procedures, updates and alterations of any plans  The BWSD will continually update the school district website and social media platforms to share updates  Opportunities to expand facility usage (where feasible and safely possible) to accommodate child care providers	Central Office Administrators		N
Other social distancing and safety practices	N/A	N/A	N/A	N/A	N/A

# **Monitoring Student and Staff Health**

# **Key Questions**

- How will you monitor students, staff, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Where, to whom, when, and how frequently will the monitoring take place (e.g. parent or child report from home or upon arrival to school)?

- What is the policy for quarantine or isolation if a staff, student, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19?
- Which staff will be responsible for making decisions regarding quarantine or isolation requirements of staff or students?
- What conditions will a staff or student confirmed to have COVID-19 need to meet to safely return to school? How will you
  accommodate staff who are unable to uncomfortable to return?
- How will you determine which students are willing/able to return? How will you accommodate students who are unable or uncomfortable to return?
- When and how will families be notified of confirmed staff or student illness or exposure and resulting changes to the local Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student and staff health? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

## **Summary of Responses to Key Questions:**

The Baldwin-Whitehall School District will have procedures in place for monitoring student and staff health. Procedures will be communicated via a variety of methods, including website, social media, and through the District's SKYLERT notification system.

CDC and Department of Health guidelines will be followed regarding the quarantine and return to school of individuals diagnosed with COVID-19 and for those who have been exposed to COVID-19.

The Baldwin-Whitehall reopening plan includes two types of instructional delivery by the classroom teacher that would allow any sick or quarantined student to move between in-person (hybrid) and full distance learning (remote) without interruption.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Monitoring students and staff for symptoms and history of exposure	Implement a system where students/families and staff members will conduct a daily self-check at home for symptoms of COVID-19.  Individuals who are symptomatic in a school building will receive a health check, which includes a check for history of exposure.  Anyone who is exhibiting symptoms must wear a mask and be isolated in the building until they can return safely home.  Staff and students must stay home if they are sick.  Flexible attendance policies for students.	Implement a system where students/families and staff members will conduct a daily self-check at home for symptoms of COVID-19.  Individuals who are symptomatic in a school building will receive a health check, which includes a check for history of exposure.  Anyone who is exhibiting symptoms must wear a mask and be isolated in the building until they can return safely home.  Staff and students must stay home if they are sick.  Flexible attendance policies for students.	Director of Student Services School Nurses Building Principals Teachers and Staff	Policies and Procedures PPE	Y

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
staff, students, or visitors to school	DoH to determine when isolated and quarantined individuals should return to school and/or work	DoH to determine when isolated and quarantined individuals should return to school and/or work	School Nurses  Building Principals  Director of C, I, A		
Notifying staff, families, and the public of school closures and within-school-year changes in safety protocols	The District will continue to utilize School Messenger (SKYLERT) mass notification system to keep the community informed of any changes or updates  The District will also update its website and social media platforms to share updates	The District will continue to utilize School Messenger (SKYLERT) mass notification system to keep the community informed of any changes or updates  The District will also update its website and social media platforms to share updates	Director of C, I, A		
Other monitoring and screening practices	N/A	N/A	N/A	N/A	N/A

## Other Considerations for Students and Staff

## **Key Questions**

- What is the local policy/procedure regarding face coverings for staff? What is the policy/procedure for students?
- What special protocols will you implement to protect students and staff at higher risk for severe illness?
- How will you ensure enough substitute teachers are prepared in the event of staff illness?
- How will the LEA strategically deploy instructional and non-instructional staff to ensure all students have access to quality learning opportunities, as well as supports for social emotional wellness at school and at home?

#### **Summary of Responses to Key Questions:**

On July 1, 2020, the Pennsylvania Department of Health issued an order requiring face masks to be worn in any public space, including inside a school building. This order is in effect indefinitely and the Baldwin-Whitehall School District will comply with this order, as well as any and all orders from the Pennsylvania Department of Health and Allegheny County Health Department. The Order was updated on November 18, 2020, by the Pennsylvania Department of Health.

As per the July 1, 2020 from the Pennsylvania Department of Health, face covering means a covering of the nose and mouth that is secured to the head with ties, straps, or loops over the ears or is wrapped around the lower face. A face covering can be made of a variety of synthetic or natural fabrics, including cotton, silk, or linen, and, for the purposes of the order, can include a plastic face shield that covers the nose and mouth. Face coverings may be factory-made, sewn by hand, or improvised from household items, including but not limited to, scarves, bandanas, t-shirts, sweatshirts, or towels. While procedural and surgical masks intended for health care providers and first responders, such as N95 respirators, would meet these requirements, these specialized masks should be reserved for appropriate occupational and health care settings.

Schools may allow students to remove face coverings when students are: (Revised August 17, 2020)

- Eating or drinking when spaced at least 6 feet apart; or
- When wearing a face covering creates an unsafe condition in which to operate equipment or execute a task; or
- At least 6 feet apart during "face-covering breaks" to last no longer than 10 minutes.

Any student who cannot wear a mask or face shield due to a medical condition, including those with respiratory issues that impede breathing, a mental health condition, or disability must provide adequate medical documentation to the Director of Student Services.

Individuals who are communicating or seeking to communicate with someone who is hearing impaired or who has another disability, and/or where the ability to see the mouth is essential to communication, are not required to wear a mask; however, individuals shall be required to use another type of face covering such as a plastic face shield.

Should this order change, the Baldwin-Whitehall School District will continue to require staff and students to wear face coverings on school buses, in large gatherings outside of the classroom, while transitioning between classrooms, and while entering or exiting the building. Any student or staff member who wishes to wear PPE in the classroom will be permitted to do so.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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Protecting	Students will provide	Students will provide	Director of Student	Policies and	N
tudents and staff t higher risk for	their own face covering	their own face covering	Services	Procedures	
evere illness	Faculty and staff will be provided	Faculty and staff will be provided	Director of Employee		
	face coverings, including masks and shields	face coverings, including masks and shields	Services		
	Provide replacement masks to	Provide replacement masks to			
	students as necessary to meet requirements for use. Persistent	students as necessary to meet requirements for use. Persistent			
	matters shall involves additional interventions.	matters shall involves additional interventions.			
	Survey at-risk staff members to gauge their intentions in returning	Survey at-risk staff members to gauge their intentions in returning			
	to work while maintaining confidentiality consistent with the	to work while maintaining confidentiality consistent with the			
	Americans with Disabilities Act	Americans with Disabilities Act			
	and other applicable federal and state privacy laws.	and other applicable federal and state privacy laws.			
	Survey families with vulnerable	Survey families with vulnerable			
	children to gauge their intentions in returning to a traditional school	children to gauge their intentions in returning to a traditional school			
	setting while maintaining	setting while maintaining			
	confidentiality consistent with the Americans with Disabilities Act	confidentiality consistent with the Americans with Disabilities Act			
	and other applicable federal and	and other applicable federal and			
	state privacy laws.	state privacy laws.			
	Provide remote/distance learning	Provide remote/distance learning			
	opportunities for vulnerable student populations in consultation	opportunities for vulnerable student populations in consultation			
	with parents and public health officials.	with parents and public health officials.			
	The Director of Employee	The Director of Employee			
	Services will work with staff who request special accommodations	Services will work with staff who request special accommodations			
	or support.	or support.			

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	Adhere to FERPA and HIPPA requirements.  Allow vulnerable students and staff to wear PPE throughout the school day.  Establish a process for regular check-ins with vulnerable students and staff.  Adhere to state and federal employment law and extended leave allowances.	Adhere to FERPA and HIPPA requirements.  Allow vulnerable students and staff to wear PPE throughout the school day.  Establish a process for regular check-ins with vulnerable students and staff.  Adhere to state and federal employment law and extended leave allowances.		Needed	(Y/N)
	Offer an Employee Assistance Program to all staff members.  Limit large group gatherings/interactions for vulnerable students and staff.	Offer an Employee Assistance Program to all staff members.  Limit large group gatherings/interactions for vulnerable students and staff.			

* Use of face coverings (masks	Provide information to staff on proper use, removal, and washing	Provide information to staff on proper use, removal, and washing	School Nurses	PPE	N
or face shields) by all staff	of cloth face coverings.	of cloth face coverings.	Building Principals	Signage for proper usage of PPE	
	Any policy regarding face coverings should be sensitive to	Any policy regarding face coverings should be sensitive to	Director of Student Services	, and the second	
	the needs of students and staff with medical issues that make the	the needs of students and staff with medical issues that make the	Director of Employee		
	wearing of a face covering inadvisable.	wearing of a face covering inadvisable.	Services		
	Follow the PA Department of Health order dated July 1, 2020	Follow the PA Department of Health order dated July 1, 2020			
	and updated on November 18, 2020 requiring face coverings to	and updated on November 18, 2020 requiring face coverings to			
	be worn in all public spaces, including inside school buildings.	be worn in all public spaces, including inside school buildings.			
	This order also has exceptions for medical reasons. Any parent who	This order also has exceptions for			
	indicates that his/her child cannot wear a mask due to medical	medical reasons. Any parent who indicates that his/her child cannot wear a mask due to medical			
	issues will provide adequate	issues will provide adequate			
	medical documentation.	medical documentation.			
	If the PA Department of Health order should change, BWSD will	If the PA Department of Health order should change, BWSD will			
	still require that face coverings be worn on the bus, in large group	still require that face coverings be worn on the bus, in large group			
	gatherings, and in transition outside of the classroom.	gatherings, and in transition outside of the classroom.			
	Staff members are required to	Staff members are required to			
	wear a face covering at all times, unless they have the reasonable expectation of working alone.	wear a face covering at all times, unless they have the reasonable expectation of working alone.			
	experience of fronting along.	enposition of montaing alone.			

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Use of face coverings (masks or face shields) by older students (as appropriate)	Provide information to staff on proper use, removal, and washing of cloth face coverings.  Any policy regarding face coverings should be sensitive to the needs of students and staff with medical issues that make the wearing of a face covering inadvisable.  Follow the PA Department of Health July 1, 2020 order requiring face coverings to be worn in all public spaces, including inside school buildings. This order also has exceptions for medical reasons. Any parent who indicates that his/her child cannot wear a mask due to medical issues will provide adequate medical documentation.  If the PA Department of Health order should change, BWSD will still require that face coverings be worn on the bus, in large group gatherings, and in transition outside of the classroom.	Provide information to staff on proper use, removal, and washing of cloth face coverings.  Any policy regarding face coverings should be sensitive to the needs of students and staff with medical issues that make the wearing of a face covering inadvisable.  Follow the PA Department of Health July 1, 2020 order requiring face coverings to be worn in all public spaces, including inside school buildings. This order also has exceptions for medical reasons. Any parent who indicates that his/her child cannot wear a mask due to medical issues will provide adequate medical documentation.  If the PA Department of Health order should change, BWSD will still require that face coverings be worn on the bus, in large group gatherings, and in transition outside of the classroom.	School Nurses  Building Principals  Director of Student Services  Director of Employee Services	Signage for proper usage of PPE	N

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Unique safety protocols for students with complex needs or other vulnerable individuals	Survey families with vulnerable children to gauge their intentions in returning to school in a traditional setting while maintaining confidentiality consistent with the Americans with Disabilities Act and other applicable federal and state privacy laws.  Provide remote/distance learning opportunities for vulnerable student populations in consultation with parents and public health officials.  Reconvene IEP/504 Meetings to adjust for special or medical needs.	Survey families with vulnerable children to gauge their intentions in returning to school in a traditional setting while maintaining confidentiality consistent with the Americans with Disabilities Act and other applicable federal and state privacy laws.  Provide remote/distance learning opportunities for vulnerable student populations in consultation with parents and public health officials.  Reconvene IEP/504 Meetings to adjust for special or medica needs.	Director of Student Services  Director of Employee Services  Building Principals		N
Strategic deployment of staff	N/A	N/A	N/A	N/A	N/A

# **Health and Safety Plan Professional Development**

The success of your plan for a healthy and safe reopening requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires professional development, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- Audience: List the stakeholder group(s) who will participate in the professional learning activity.
- Lead Person and Position: List the person or organization that will provide the professional learning.
- Session Format: List the strategy/format that will be utilized to facilitate participant learning.
- Materials, Resources, and or Supports Needed: List any materials, resources, or support required to implement the requirement.
- Start Date: Enter the date on which the first professional learning activity for the topic will be offered.
- Completion Date: Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Hygiene Basics	Staff and Students	Nurse and Pandemic Coordinator	F2F/Virtual	CDC Resources		
Daily Cleaning and Deep Cleaning	Custodians, faculty and transportation employees	Facilities Manager, Assistant Facilities Manager	F2F/Virtual	CDC Resources Vendor Materials		
Wellness Checks/Quarantine Procedures	Building Principals, school nurses, administration	Nurse and Pandemic Coordinator	F2F/Virtual	Policies and Procedures		
Use of Face Coverings/PPE	All Staff and Faculty	Nurse and Pandemic Coordinator	F2F/Virtual	Policies and Procedures		
Unique Safety Protocols for Student with Complex Needs	Building Principals, Faculty	Director of Student Services	F2F/Virtual	Procedures, IEP data		

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Handling Sporting Activities, Recess, Physical Education Classes	Building Principals, Staff, Coaches and Students	Athletic Coordinator, Building Principals	F2F/Virtual	Policies and Procedures		
Staggering the use of communal spaces and hallways	Building Principals, Staff, Students	Building Principals, Pandemic Coordinator	F2F/Virtual	Signs, Floor Markings Policies and Procedures Master Schedule		
Adjusting transportation practices to create social distance between students	Central Office Admin, Building Principals, Staff and Students	Central Office Admin, Transportation Manager/Asst. Manager, Facilities Manager	F2F/Virtual	Transportation Schedule Master Schedule		
Limiting the number of individuals in classrooms and other learning spaces and interactions between groups of students	Central Office Admin, Building Principals, Staff and Students	Central Office Admin, Building Principals, Pandemic Coordinator, Facilities Manager	F2F/Virtual	Policies and Procedures  Signs, Floor and Wall Markings  Master Schedule		
Classroom/learning space occupancy that allows for 6ft of separation among students and staff throughout the school day to the maximum extent possible	Building Principals, Staff, Students	Pandemic Coordinator, Facilities Manager, Building Principals	F2F/Virtual	Policies and Procedures Signs, Floor and Wall Markings Master Schedule		
Restricting the use of cafeterias and other congregate settings and serving meals in alternative settings	Building Principals, Staff, Students	Food Service Director, Facilities Manager, Building Principals	F2F/Virtual	Cafeteria Schedule Cleaning Schedule Master Schedule		

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Cleaning, sanitizing, disinfecting and ventilating learning spaces, surfaces and other areas	Maintenance, custodial, transportation, cafeteria, teaching faculty	Facility Manager, Food Service Director, Vendors as appropriate	F2F/Virtual	Cleaning supplies and guidelines		
Monitoring students and staff for symptoms and history of exposure	Students, parents and staff	School Nurse and Pandemic Coordinator	F2F/Virtual	CDC Guidance		
Isolation and quarantining procedures for staff and students	All Building Staff, parents	School Nurse, Building Principals, Pandemic Coordinator	F2F/Virtual	CDC Guidance PA DoH Allegheny County DoH Quarantine spaces/areas		

# **Health and Safety Plan Communications**

Timely and effective family and caregiver communication about health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, LEAs should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communications	Start Date	Completion Date
Preliminary Reopening Plan Guidance	Staff, Parents, Community	Randal Lutz, Superintendent	Written and Video, Email, Phone, Website, Translation	7/24/2020	7/24/2020
Learning Plan and Transportation Commitment Survey	Parents and Families	Janeen Peretin, Director of CIA	Email, Website, Social Media	7/24/2020	Ongoing
Parent Question Survey/Document	Parents and Families	Janeen Peretin, Director of CIA	Email, Website, Social Media	7/24/2020	Ongoing
BWSD FAQ Document	Parents and Families	Randal Lutz, Superintendent	Email, Website, Social Media	8/5/2020	Ongoing
Clarification of Instructional Models	Staff and Families	Randal Lutz, Superintendent	Email, Website, Social Media	8/6/2020	8/6/2020
School Calendar and Daily Schedule Revisions	Faculty	Randal Lutz, Superintendent	Email, Website	8/8/2020	8/8/2020
Presentation of Health and Safety Plan to Board of Directors	Faculty, Parents, Students	Central Office Admin and Building Principals	Live, Zoom	8/12/2020	8/19/2020
Video to Faculty Explaining Health and Safety Protocols	Faculty	Randal Lutz, Superintendent	Video, Website, Email	8/14/2020	
Follow up with families who did not complete Learning Plan Commitment Form	Parents and Families	Building Principals	Phone, Email	8/12/2020	Ongoing
School Level Health and Safety Plans related to mitigation strategies and instruction	Parents and Families	Building Principals	Video, Email, Website	8/19/2020	
Comprehensive Return to School Guidelines	Faculty, Families, Community	Randal Lutz, Superintendent Carrie Butler, Communication Specialist	Video, Email, Website	8/20/20	8/20/20

# Health and Safety Plan Summary: Baldwin-Whitehall School District

**Anticipated Launch Date: September 3, 2020** 

Use these summary tables to provide your local education community with a detailed overview of your Health and Safety Plan. LEAs are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Health and Safety Plan tables above.

# Facilities Cleaning, Sanitizing, Disinfecting and Ventilation

#### Requirement(s)

\* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)

#### Strategies, Policies and Procedures

Buildings will be cleaned and disinfected prior to the start of school, and daily throughout the school year, according guidelines from OSHA and the CDC. All custodial/maintenance staff and professional staff will be trained.

Cleaning supplies will be provided for students and/or teachers to regularly clean desks throughout the day as needed.

Restrooms will be cleaned throughout the day, with restrooms closed on a rotating basis, where feasible. Commonly touched surfaces will be cleaned throughout the school day.

All facilities which include but are not limited to classrooms, rooms, band rooms, training rooms, weight rooms, gyms, auditoriums, etc., must be disinfected/cleaned as per CDC and/or state health guidelines.

Water fountains will be closed to students and staff except for water bottle filling stations. Use of individual water bottles from home or disposable plastic bottles will be encouraged.

# **Social Distancing and Other Safety Protocols**

#### Requirement(s)

\* Classroom/learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible

#### Strategies, Policies and Procedures

Enrollment in distance learning, combined with more students being transported to school via personal means, will lead to fewer students being transported via school bus.

#### Requirement(s)

- \* Restricting the use of cafeterias and other congregate settings, and serving meals in alternate settings such as classrooms
- \* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices
- \* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs
- \* Handling sporting activities consistent with the <u>CDC</u>
  <u>Considerations for Youth Sports</u> for recess and physical education classes

Limiting the sharing of materials among students

Staggering the use of communal spaces and hallways

Adjusting transportation schedules and practices to create social distance between students

Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students

Coordinating with local childcare regarding on site care, transportation protocol changes and, when possible, revised hours of operation or modified school-year calendars

Other social distancing and safety practices

#### Strategies, Policies and Procedures

The District will strive to maintain a minimum of six feet of separation (per CDC guidelines) between students and will balance class size to the extent possible.

Transportation will be monitored to keep, to the fullest extent possible, no more than two students per seat. Students are required to wear masks on the buses.

Secondary students will be served lunch in the cafeteria and other large areas as feasible. Elementary students shall eat in the cafeteria and other areas to provide for distancing. In all cases, meal service shall be implemented as "serve" versus "offer."

Hand sanitizer will be provided for students and staff. Elementary students are required to wash hands regularly, including before and after meal service. Secondary students are encouraged to wash hands throughout the day.

Personal hygiene signage will be posted throughout the buildings, in multiple language.

All sporting activities for recess and physical education classes will be handled consistent with the CDC Considerations for Youth Sports. Refer to BWSD Athletic Return to Play Health & Safety Plan for more information.

A procedure will be implemented for cleaning and quarantining any shared items.

Following the PA Department of Health order dated July 1, 2020 and amended November 18, 2020 requiring face coverings to be worn in all public spaces, including inside school buildings.

If the PA Department of Health order should change, BWSD will require that face coverings be worn on the bus, in large group gatherings, and in transition outside of the classroom.

# **Monitoring Student and Staff Health**

#### Requirement(s)

- \* Monitoring students and staff for symptoms and history of exposure
- \* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure
- \* Returning isolated or quarantined staff, students, or visitors to school

Notifying staff, families, and the public of school closures and within-school- year changes in safety protocols

#### Strategies, Policies and Procedures

BWSD will implement a system where students/families and staff members will conduct a daily self-check at home for symptoms of COVID-19.

Students/families and staff will be sent a weekly symptom check / history of exposure form.

Individuals who are symptomatic in a school building will receive a health check, which includes a check for history of exposure.

Anyone who is exhibiting symptoms must wear a mask in the building until they can return safely home.

The District will identify a quarantine room in each school to separate anyone who exhibits COVID-19 symptoms.

School nurses and other healthcare providers will use Standard and Transmission-Based Precautions when caring for sick people. The District will arrange for the transport of anyone who is sick to go home or to a healthcare facility.

The District will close off areas used by a sick person and follow CDC guidelines and/or health department guidelines before cleaning and disinfection.

The District will work with the county and state health departments to determine when students, staff, or visitors should isolate or quarantine at home, as well as to determine when to notify staff and families of a possible case, and to determine when a sick individual should return to the building.

The District will continue to utilize School Messenger, a mass notification system, to keep the community informed of any changes or updates.

The District will also update its website and social media platforms to share updates.

### Other Considerations for Students and Staff

#### Requirement(s)

- \* Protecting students and staff at higher risk for severe illness
- \* Use of face coverings (masks or face shields) by all staff
- \* Use of face coverings (masks or face shields) by older students (as appropriate)

Unique safety protocols for students with complex needs or other vulnerable individuals

Strategic deployment of staff

#### **Strategies, Policies and Procedures**

Follow the PA Department of Health order dated July 1, 2020 and amended November 18, 2020 requiring face coverings to be worn in all public spaces, including inside school buildings.

The District will survey families with vulnerable children to gauge their intentions in returning to school in a traditional setting while maintaining confidentiality consistent with the Americans with Disabilities Act and other applicable federal and state privacy laws.

The District will provide remote/distance learning opportunities for vulnerable student populations in consultation with parents and public health officials.

The District will survey at-risk staff members to gauge their intentions in returning to work while maintaining confidentiality consistent with the Americans with Disabilities Act and other applicable federal and state privacy laws.

# Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for the Baldwin-Whitehall School District reviewed and approved the Phased School Reopening Health and Safety Plan on August 19, 2020, and revised on December 9, 2020.

The plan was approved by a vote of:
9Yes
0_ No
Affirmed on: December 9, 2020
By:
1 m
(Signature* of Board President)
anthony Dicesaro
(Print Name of Board President)

**Option A:** The use of actual signatures is encouraged whenever possible. This method requires that the document be printed, signed, scanned, and then submitted.

**Option B:** If printing and scanning are not possible, add an electronic signature using the resident Microsoft Office product signature option, which is free to everyone, no installation or purchase needed.

<sup>\*</sup>Electronic signatures on this document are acceptable using one of the two methods detailed below.

#### APPENDIX A



# **Attestation Ensuring Implementation of Mitigation Efforts**

Whereas, the commonwealth is experiencing its highest daily case counts since the beginning of the 2019 novel coronavirus (COVID-19) pandemic, resulting in increased hospitalizations, nearly 10,000 deaths, and heightened risk to the most vulnerable Pennsylvanians;

Whereas, the Wolf Administration has identified new mitigation efforts, including an attestation process for public school entities that elect to continue in-person instruction for students in counties designated as exhibiting "Substantial" transmission of COVID-19 for two or more consecutive weeks based on a disease incidence rate of 100 or more cases per 100,000 residents and/or a polymerase chain reaction (PCR) percent positivity rate of 10 percent or greater;

Whereas, as of November 23, 2020, 59 of Pennsylvania's 67 counties met one or both of these standards;

Whereas, Pennsylvania <u>recommends that school entities in counties with Substantial disease</u> transmission transition to remote-only instructional models;

Whereas, as of November 20, 2020, many public school entities have exercised their local discretion to continue in-person instruction for all or some students;

Whereas, the resurgence of COVID-19 across the nation, region, and commonwealth requires more consistent and intensive implementation of disease mitigation efforts;

Whereas, these mitigation efforts include an attestation process for any public school entity (a "public school entity" is defined as a school district, intermediate unit, charter school, cyber charter school, or a career and technical education center) that elects to continue in-person instruction as of November 30, 2020 while the county in which it is located is under a Substantial disease transmission designation for at least two consecutive weeks; and

Whereas, this attestation process supplements and does not supplant existing public health guidance issued by the Pennsylvania Department of Health and the Pennsylvania Department of Education;

AND NOW, THEREFORE, the president/chair of the school entity's governing board and chief school administrator, in accordance with the Order of the Secretary of Health dated November 24, 2020, entitled Order of the Secretary of the Pennsylvania Department of Health Directing Public School Entities in Counties with Substantial Community Transmission to Attest to Health and Safety Protocols, attest to one of the following (SELECT ONE OPTION):

All or some of the students within the public school entity are currently receiving in-person instruction and:

We have read the <u>Updated Order of the Secretary of the Pennsylvania Department of Health Requiring Universal Face Coverings</u>, effective November 18, 2020, including necessary exceptions and <u>associated guidance</u>, and affirm the public school entity is complying and will continue to comply with and enforce the Updated Order of the Secretary of the Pennsylvania

Department of Health Requiring Universal Face Coverings, including necessary exceptions and associated guidance; and

2. We have read and agree to follow the Recommendations for Pre-K to 12 Schools Following Identification of a Case(s) of COVID-19, when cases of COVID-19 occur within the public school entity.

OR

The public school entity has transitioned to a fully remote learning model and will continue to use a fully remote learning model until the county (or counties) in which the public school entity is located is no longer experiencing Substantial disease transmission for two consecutive weeks.

\*\*\* A public school entity in a county with Substantial level of disease transmission that is currently providing a fully remote learning model and that elects to transfer to in-person instruction must resubmit this attestation prior to providing in-person instruction.

(Name of Public School Entity)

affirms that it has

attached this signed Attestation to its Local Health and Safety Plan (the "Plan") in order to reflect provisions above, and that, by doing so, this attestation becomes part of the Plan and has been or will be fully implemented by November 30, 2020, or three business days after the county in which the public school entity is located has been designated as exhibiting Substantial disease transmission for the first time, should the public school entity in a county with Substantial level of disease transmission for two or more consecutive weeks elect to offer or continue offering in-person instruction for all or some students; and

Further, the Local Health and Safety Plan, inclusive of this attestation, has been posted on the public school entity's publicly accessible website and filed with the Pennsylvania Department of Education by email submission at <a href="mailto:RA-EDCONTINUITYOFED@pa.gov">RA-EDCONTINUITYOFED@pa.gov</a>.

(Signature of Governing Board President/Chair)

(Signature of Chief School Administrator)

President, Governing Board
Chair, Governing Board

Chief School Administrator

(Printed Name of Governing Board President/Chair)

(Printed Name of Chief School Administrator)

Date Signed:

Date Signed:

# **APPENDIX B**

# COVID-19 Health and Safety Plan Baldwin-Whitehall School District Athletics/Activities 2020-2021 Winter Season





# Baldwin-Whitehall School District Athletics/Activities Health and Safety Plan 2020-2021 Winter Season

#### INTRODUCTION

The COVID-19 pandemic has presented all School Districts with countless challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control (CDC), among others, has found that while children can be infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risks of furthering the spread of COVID-19, the current science suggests that there are steps schools can take to reduce the risks to students, staff, and community.

The Baldwin-Whitehall School District will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, Pennsylvania Department of Education (PDE), Pennsylvania Department of Health (DOH), as well as the National Federation of High Schools (NFHS), and Pennsylvania Interscholastic Athletic Association (PIAA) to safeguard the participants and staff of our athletic/activities programs. The Baldwin-Whitehall School District realizes knowledge regarding COVID-19 is constantly changing as new information and treatments become available. The recommendations below will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our students, staff, and community. School Board approval of Plan modifications are required.

The administration will regularly communicate and monitor developments with state and local authorities, coaches, sponsors, staff, and families regarding cases, exposures, and updates to policies and procedures.

This plan is intended to cover extracurricular activities that occur in the 2020-2021 Winter season. Future School Board action will be necessary to authorize athletics/activities that occur in the spring.

#### PHASE 1 – Governor or Department of Health Mandated School Closure

- All school facilities must remain closed as per Pennsylvania Guidelines.
- Students and coaches/sponsors may communicate via online meetings (ZOOM/GoogleMeets).
- Students are encouraged to participate in individual home workouts including strength and conditioning.

• Athletes and coaches should follow all guidelines set forth by the Baldwin-Whitehall School District and state and local governments/agencies.

#### PHASE 2 – No Governor or Department of Health Mandated School Closure

#### **WAIVER REQUIREMENTS**

Parents and student-athletes must complete and return a signed paper copy of the participation waiver for communicable diseases including COVID-19 to participate in athletics/activities. (Attachment)

#### **SCREENING**

All persons (including but not limited to coaches/sponsors, professional staff, referees, ticket takers, scoreboard operators, supplemental positions and students, etc.) entering any Baldwin-Whitehall School District facility for any activity related to an athletic/activity practice, program, or event shall be screened for signs/symptoms of COVID-19 prior to entering the facility. (See Appendix for COVID-19 Screening Form)

#### Screenings will include:

- Temperature check (using a handheld temperature device) and asking questions to each person for COVID-19 symptoms. The responses to the questions will be recorded and stored to provide a record.
- All students shall answer COVID-19 questions honestly. If a student does not honestly respond to the COVID-19 screening questions, he/she may receive disciplinary consequences including removal from athletics/activities.
- The location of this health screening will be announced prior to the practice or event.
- Attendance at ALL team events shall be recorded for potential contact tracing.
- If any individual answers "YES" to any of the COVID screening questions, that particular individual MUST be immediately sent home.
- Any individual with suspected positive COVID-19 symptoms shall not be allowed to take part in any in-person team activity.
- Students will need to contact parents/guardians for IMMEDIATE pick-up.
- Parents should contact their primary care provider or other appropriate health-care professional for guidance.
- The Baldwin-Whitehall School District Pandemic Coordinator and school nurse will be notified IMMEDIATELY.

#### COACHES' RESPONSIBILITIES FOR PROMOTING HEALTHY PRACTICES

Coaches shall educate students about and promote healthy hygiene practices that limit the spread of COVID-19 including:

- Require hand washing for 20 seconds with soap and water before and after team activities.
- Promote the frequent use of hand sanitizer.
- Ensure that participants follow social distancing (SIX FEET apart) through increased

- spacing, small groups, and limited mixing between groups.
- Educate students about COVID-19 health screening.
- Educate students about the signs and symptoms of COVID-19 and what to do if COVID-19 is suspected.
- Review facility entrance and exit plans.
- Review hydration plans.
- Requiring anyone who is sick to STAY HOME.
- Prohibit activities that increase the risk of exposure to saliva including chewing gum, spitting, licking fingers, and eating sunflower seeds.
- Prevent shaking hands, fist bumps, or high fives before, during or after events. Limit unnecessary physical contact with teammates, other participants, coaches, staff, and officials.
- Ensure that student-athletes keep their mouth guards in their mouths throughout the competition. If the mouth guard is removed, the athlete must wash or disinfect his or her hands and then disinfect the mouth guard before reinserting it.
- Encourage student-athletes to shower and wash their workout clothing as quickly as possible after practices and competitions.
- Require athletes to wear appropriate clothing/shoes at all times in the weight room to minimize sweat from transferring onto equipment surfaces.
- Student-athletes shall wear clean uniforms and work-out clothes to each practice, scrimmage, or competition.

#### LIMITATIONS ON GATHERINGS

All sports-related gatherings must conform with the amended guidelines on safe gathering limits released by the Department of Health (DOH). Staff, student-athletes, students, and spectators must maintain appropriate social distancing at ALL times possible, including on the field of play, in meeting locations, on sidelines, in dugouts, on benches, in meeting rooms, in workout areas, etc. During down time, staff, students and student-athletes SHALL NOT congregate. Spectators SHALL NOT congregate and SHALL remain in designated seating areas.

All extracurricular activities including sports-related activities (including but not limited to practices, scrimmages, competitions, and meetings, etc.) will be subject to congregate gathering limitations established by the Baldwin-Whitehall School District consistent with applicable guidelines and gathering limitations:

- Gathering size limitations are based on all individuals within the facility, including staff, coaches/sponsors, athletes, trainers, medical personnel, etc.
- Cheerleaders and Pep Band Members excluding wind instruments are allowed in facilities for an athletic event and SHALL be counted towards the headcount for the occupancy limitation.
- Occupancy will be posted in ALL areas.
- Coaches/Sponsors are encouraged to hold team meetings virtually, if possible.
- Gathering locations should be in larger spaces that promote social distancing.
- Gathering groups shall be limited to smaller "pods" whenever possible.

- Weight Room group size CANNOT exceed TWENTY people including coaches, staff, student-athletes and students.
- Coaches and student-athletes must make a reservation (SUBMIT A PERMIT) to use the Weight Room prior to arriving for a workout.

#### **SPECTATORS**

Spectators are permitted to attend contests. Attendance will be subject to the following limitations:

- Seating areas, including bleachers, must adhere to social distancing requirements of at least SIX FEET of spacing for anyone not in the same household.
- Individuals not from the same household must adhere to social distancing requirements of at least SIX FEET of spacing in all seating areas including bleachers.
- Bleachers and seating areas will be clearly marked to indicate appropriate social distancing requirements.
- The first few rows of seating are unavailable for spectators to allow for additional social distancing.
- All spectators must wear face coverings at ALL TIMES that comply with the Baldwin-Whitehall School District's rules for masks in the educational setting. At the time of the approval of the given plan, the following types of masks are NOT PERMITTED: bandanas, handkerchiefs, masks with valves and gaiters.
- Based on spectator limitations and facility limitations, each participating student-athlete will be limited to the number of tickets he/she may be able to receive/purchase. The Athletic Administrator, through the discussion and approval of the administration of the Baldwin-Whitehall School District, shall determine the number of tickets each student may be able to receive or purchase based on state, local and/or Baldwin-Whitehall School District restrictions on crowd limitations.
- No visiting team spectators are permitted unless required by PIAA or WPIAL guidelines or otherwise agreed upon by the Superintendent in advance.
- Spectators shall not enter the field of play or bench areas.
- Facility use by the public will be prohibited during extracurricular activities.

### **MASKING REQUIREMENTS**

All persons (including but not limited to coaches/sponsors, other adult personnel, students, referees/judges, etc.) shall wear a face covering at ALL TIMES as required by the Baldwin-Whitehall School District's Health and Safety Plan. Participants MUST wear masks during physical activity. At the time of the approval of the given plan, the following types of masks are not permitted: bandanas, handkerchiefs, masks with valves and gaiters. While student-athletes are REQUIRED to wear face coverings while actively engaged in vigorous athletic activity. They are also REQUIRED to wear face coverings when on the sidelines, dugouts, bench area, etc. The Baldwin-Whitehall School District shall have disposable masks readily available at Baldwin-Whitehall School District facilities and events for those who have forgotten their mask. Masks are required in the weight room at ALL TIMES. Spectators must wear masks at ALL TIMES, even when physically distanced.

#### FACILITIES CLEANING/PREPARATION

Adequate cleaning schedules shall be created and implemented for all extra-curricular facilities and common areas in order to mitigate any communicable disease. Extra-curricular facilities shall be cleaned prior to arrival and following workouts and gatherings with high touch areas cleaned more often. During athletic activities that involve a ball(s), the ball(s) shall be regularly rotated and cleaned in accordance with ball manufacturer's recommendations to reduce the possibility of spreading the virus. Weight room equipment must be wiped clean after each individual's use. If multiple events are to be held at the same facility, adequate time shall be scheduled between contests to allow for facilities to be cleaned and disinfected, and to minimize interaction between students and staff. If any indoor facilities are used for any athletic activity, improvement of ventilation including circulation of outdoor air into the facility should be accomplished, as much as possible.

#### PHYSICAL ACTIVITY

Staff must review and consider the CDC guidance to modify practices and events in order to mitigate the risk of spreading the virus including focusing on individual skill-building versus competition and limiting contact in close-contact sports and activities. Staff shall consider conducting workouts in "pods" of the same student-athletes always training and rotating together in practice in order to ensure more limited exposure if someone develops an infection. Coaches should limit game-day squad sizes for social distancing purposes. Personal items shall not be shared including clothing, towels, and practice equipment. If equipment must be shared, all equipment shall be properly disinfected often during practices and events, as deemed necessary. When weightlifting, spotters for maximum weight lifts should be stationed at each end of the bar.

#### **HYDRATION**

All student-athletes, students, staff, and officials must bring their own water and water bottle for hydration. Water bottles must be clearly marked with a name and SHALL NOT be shared. Team water coolers for sharing through disposable cups are PROHIBITED. Fixed water fountains and water buffaloes cannot be used. Access to water for filling up water jugs and/or bottles will be administered by the certificated Athletic Training staff through Allegheny Health Network in the Baldwin-Whitehall School District.

#### **TRANSPORTATION**

Transportation to and from extracurricular events shall be governed by the same restrictions as transportation of students to and from school. Parents shall be permitted to transport their child(ren) to and from extra-curricular events if they desire. All Baldwin-Whitehall School District is required in order for a parent to provide transportation. However, the use of carpools or vanpools to travel to events is discouraged. Private transportation to events should be limited to persons living in the same household. The number of students and staff are limited to 48 total passengers on a full-size bus and are limited to 9 total passengers on a van. The use of masks on Baldwin-Whitehall School District-provided transportation is required for ALL passengers and staff. The District-provided transportation vehicle should have adequate supplies of hand sanitizer and

disposable masks on hand for those who might have forgotten. All extracurricular travel must be approved by the Athletic Administrator and/or Principal.

#### SOCIAL DISTANCING DURING CONTESTS/EVENTS/ACTIVITIES

#### SIDELINES/BENCH AREA

Social distancing shall be maintained during the National Anthem and introductions. Staff must ensure appropriate social distancing is maintained on sidelines, in bench areas, and in other areas during practices and events as deemed necessary by the CDC, PIAA, state and local governments/agencies. Outdoor sports may need to extend bench areas in order to allow for social distancing. Indoor sports may need to use bleachers or multiple levels of seating in order to allow for social distancing.

#### OVERNIGHT/OUT-OF-STATE EVENTS

The Baldwin-Whitehall School District will evaluate each event and follow all state and local governments/agencies guidelines on a case-by-case basis. All overnight travel is prohibited unless the Superintendent grants approval. Every consideration must be taken in order to avoid exposing students to unnecessary or potentially high-risk exposure by traveling outside of the region.

#### OTHER IMPORTANT INFORMATION

Remote learning students enrolled as Baldwin-Whitehall School District students may participate in District-sponsored athletics and extracurricular activities as permitted and available. Sports complexes with multiple fields may operate simultaneous games or practices on fields within a complex only if social distancing can be maintained. The Athletic Administrator shall establish protocols to limit entrance and exit traffic, designating specific entry to and exits from facilities with clear signage in order to ensure separation of participants and staff. Pick-up and drop-off times and locations for practices and events will be staggered. In order to avoid crowding during pick up and drop off, students are NOT PERMITTED to congregate. Parents dropping off or picking up students must remain OUTSIDE of the facilities. Parents are not permitted to enter the facility. Concession stands may not operate until further notice. Spectators are NOT PERMITTED to eat or drink in facilities. Banquets, team meals, whether pregame or postgame, and team parties are prohibited and discontinued until further notice.

For competitions, scrimmages, games, and matches, schedules will be limited to teams in the region first (PIAA District 7 and District 8 only). Playoff events will be exempt from regional play. If COVID-19 cases continue to stay within or below required DOH or PDE thresholds, expansion beyond regional play may be considered.

#### **EDUCATION**

Staff, coaches, sponsors, parents, and students will be educated on the following (through posters, flyers, meetings, and emails):

• COVID-19 signs and symptoms.

- Proper ways to limit exposure to COVID-19 (hand washing, cough into elbow, disinfecting touched surfaces, social distancing, etc.).
- The content of this Plan, and any pertinent COVID-19 information released by DOH, state and local governments/agencies, NFHS, and PIAA.

All students, parents and coaches/sponsors must sign an acknowledgement that they have read and understand the Baldwin-Whitehall School District Athletics/Activities COVID-19 Health and Safety Plan – 2020-2021 Winter Season, and agree to abide by the rules set forth in the plan.

#### ATHLETICS' SPECIFIC INFORMATION

#### LOCKER ROOMS

Locker room use by student-athletes is limited to changing/dressing only. To the extent possible, student-athletes should come already dressed in uniform or practice clothing to lessen the time spent in the locker room. Team meetings are discouraged from occurring in locker rooms. Lockers shall be assigned in such a manner so that proper social distancing can occur while in the locker room. Coaches shall schedule arrival times for practices and games in order to stagger access to and limit the time spent in locker rooms and other indoor locations as necessary.

#### MEDIA AND GAME OFFICIALS

Media shall contact the school prior to attending in order to request an appointment for attendance. Members of the media will be limited, if permitted. The media will be required to SELF-ASSESS with have a temperature check and health screening upon arrival at the facility. The media will be restricted to areas outside of the team areas. The media will be required to wear face coverings.

Game officials shall contact the school prior to attending in order to make appropriate arrangement for attendance. Game officials will be required to SELF-ASSESS with a temperature check and health screening upon arrival at the facility. Game officials will be required to wear face coverings. Game officials shall come to the event fully dressed in uniform.



#### WINTER SPORTS' SPECIFIC PLANS

#### BASKETBALL

Moderate Risk Sport - In addition to all the given modifications:

#### **Practice Modifications:**

- Face coverings are required at all times except when athletes are actively engaged in vigorous athletic activity.
- At each water break, OR when deemed necessary by the head coach, student-athletes and staff shall sanitize their hands.
- At each water break, OR when deemed necessary by the head coach, any shared equipment, such as basketball balls, shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.

#### **Competition Modifications:**

#### PREGAME CONFERENCE:

- The pre-match conference shall only include one (1) official, the head coach from each team, and a single captain from each team.
- The location of the pre-match conference will be at center court. Teams shall stay on their side of the court.
- All individuals shall maintain a social distance of SIX FEET during the conference.
- Handshakes before and after the event shall be prohibited.
- Rosters for the official scorebook shall be submitted directly to the officials' table before the 10-minute mark.

#### **TEAM BENCHES:**

- Team areas shall be expanded to promote social distancing outside of playable areas, including using multiple rows of chairs or bleachers.
- Bench personnel shall observe social distancing of SIX FEET.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.
- Team benches shall be placed opposite the spectator seating.

#### SUBSTITUTION PROCEDURES:

- Limit contact between players when substituting.
- Maintain social distancing of SIX FEET between each substitute by requiring the substitutions to occur closer to center court.

#### OFFICIALS' TABLE:

• Personnel at the officials' table are limited to the official scorer, visiting team scorer,

- announcer, and timer.
- These individuals shall be placed with a minimum of SIX FEET between each person.
- The officials' table must be sanitized before the game, at half time, and at the end of the game.

#### PREGAME, SET CHANGE, AND POSTGAME CEREMONY:

- There shall be no pregame introduction line.
- Players shall be sent to their court positions for introductions.
- Water bottles shall not be allowed on the court and shall be used off the playing surface.
- Coaches shall hold pregame, timeout, and postgame meetings socially distant.
- Meetings will take place in larger areas in order to provide a larger space for team members to socially distance.
- Handshakes before and after the event shall be prohibited.
- Timeout conferences shall take place with a limited number of team members in the team area to promote social distancing.

#### OTHER:

- Game balls shall be sanitized during timeouts and between quarters and should not be used for warm-up.
- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible. Players are required to sanitize their hands after removal from play.

#### BASKETBALLBALL RULES INTERPRETATIONS FROM PIAA:

#### **EQUIPMENT AND ACCESSORIES:**

- Face coverings MUST be worn during play/competition.
- Gloves are permitted.

#### LEGAL UNIFORM:

- Long sleeves are permitted.
- Long pants are permitted.
- Undergarments are permitted, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom.

#### **CHEERLEADING**

Low Risk Sport - In addition to all the above modifications:

#### **Practice and Performance Modifications:**

- Cheerleaders must wear masks at all times.
- Stunting is recommended against during practice and/or competition.
- The use of megaphones for cheering are prohibited. They may be present at a competition as a prop.
- Cheerleaders must maintain at least SIX FEET social distance at all times.
- During practice, hands must be sanitized at each water break.

#### INDOOR TRACK

Low Risk Sport - In addition to all the above modifications:

#### **Practice Modifications:**

- Face coverings are required at all times.
- Practice will be held outdoors when the temperature is 40 degrees Fahrenheit or higher and weather permits.
- When practices are held indoors, location will be limited and restricted to certain areas.
- At each water break, athletes and staff shall sanitize their hands.
- At each water break, any shared equipment, shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.
- When practical, student-athletes will be spaced out across lanes to limit further exposure.

#### **Competition Modifications:**

- Events and practices shall be held outdoors whenever possible.
- Events shall be limited to a maximum of EIGHT participants from each team starting at a particular time.
- Meets shall use staggered, wave, or interval starts in order to limit the number of participants on the starting lines.

#### **TEAM BENCHES:**

- All individuals shall observe social distancing of SIX FEET when not competing.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.

#### PRE-RACE AND POST-COMPETITION PROCEDURES:

- Team and individual participants shall practice social distancing.
- Handshakes before and after the event shall be prohibited.
- The use of team tents for congregation of students shall be prohibited.
- Water stations and open cups are prohibited.

#### OTHER:

- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible.
- Players are required to sanitize their hands after each event.
- Limit the size of their traveling party to include essential personnel, staff, and only those with the ability to compete.
- Eliminate handshakes with opposing coaches post-match.
- Any shared equipment shall be sanitized after each use.
- Face coverings MUST be worn during play/competition.
- Gloves are permitted.

#### **SWIMMING/DIVING**

Low Risk Sport - In addition to all the above modifications:

#### **Practice Modifications:**

- Cloth face coverings are required at all times except when athletes are actively engaged in vigorous athletic activity.
- At each water break, athletes and staff shall sanitize their hands.
- At each water break, any shared equipment, shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.
- Practice times shall be staggered to limit the number of athletes in each lane or on the pool deck.
- When practical, student-athletes will be spaced out across lanes to limit further exposure.

## **Competition Modifications:**

#### PRE-MATCH CONFERENCE:

- The pre-match conference shall only include one (1) official, the head coach from each team, and a single captain from each team.
- The location of the pre-match conference will be near the starting blocks.
- The referee may use a P.A. system or starting system microphone in order to allow participants to hear while properly separated.
- All individuals shall maintain a social distance of SIX FEET during the conference.
- Handshakes before and after the event shall be prohibited.

#### **TEAM BENCHES:**

- Athletes should arrive to the venue already in competitive attire.
- Team areas shall be expanded to promote social distancing and teams shall be placed on opposite side of the pool.
- Bench personnel shall observe social distancing of SIX FEET.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.
- All team members shall wear cloth face coverings when not in the pool or on the starting block.
- When in the pool or on the starting block, swimmers will place face coverings on individual wall hooks provided.

#### PREGAME, SET CHANGE, AND POSTGAME CEREMONY:

- There shall be no pregame introduction line.
- Coaches shall hold pregame and postgame meetings socially distant.
- Meetings will take place in larger areas in order to provide a larger space for team members to socially distance.
- Handshakes before and after the event shall be prohibited.

#### OTHER:

- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible.
- Players are required to sanitize their hands after removal from play.
- Only ONE PERSON per lane for lap counting should be permitted at turning end.
- These individuals shall clean hands and wipe down devices.

#### Swimming Warm-up Areas:

- Coaches shall establish multiple sessions for warm-up periods to limit number of swimmers per lane and communicate with officials and the opponent.
- Restrict the number of swimmers in the competition area and limit number of swimmers per lane during warm-up and warm-down periods.

#### Diving Warm-up Areas:

- Coaches shall limit number of divers during warm-up by creating multiple sessions, if necessary.
- During competition, divers may not approach the board until their turn to compete.
- Hot tubs shall not be permitted.
- The home team shall compete in LANES ONE THROUGH THREE and visitors shall compete in LANES FOUR THROUGH SIX.
- Swimmers should not move up to the blocks until instructed to do so.
- At the end of the race, all persons shall clear the area quickly to avoid crowding behind the blocks.
- Swimmers shall not congregate on the side or end of the pool to cheer for teammates.

#### SWIM/DIVE RULES INTERPRETATIONS FROM PIAA:

- Referee and starter shall use alternative methods for communications, including use of the P.A. system, hand signals or written communication.
- Timers must assemble at the finish of each race, at the edge of the pool within the SIX TO EIGHT FEET confines of the lane which they are timing.
- Timers MUST wear facial coverings.
- All take-off judges shall be at the sides of the pool.

#### WRESTLING

High Risk Sport - In addition to all the above modifications:

#### **Practice Modifications**:

- Disinfect the mats prior to and following practice and between pod usage.
- Face coverings are required at ALL times.
- At each water break, athletes and staff must sanitize their hands.
- At each water break, any shared equipment, shall be sanitized.
- Each wrestler shall be assigned a pod of not more than 4 people to practice with (including conditioning).
- These training partners shall be established to limit interaction with other wrestlers on the team.
- Changing of partners or pods should be avoided to minimize the risk of widespread transmission.

#### **Competition Modifications:**

PRE-MATCH CONFERENCE:

- The pre-match conference shall only include one (1) official, the head coach from each team, and a single captain from each team.
- The location of the pre-match conference will be at center court. Teams shall stay on their side of the court.
- All individuals shall maintain a social distance of SIX FEET during the conference.
- Handshakes before and after the event shall be prohibited.

#### **TEAM BENCHES:**

- Team areas shall be expanded to promote social distancing outside of playable areas, including using multiple rows of chairs or bleachers.
- Bench personnel shall observe social distancing of SIX FEET.
- Student-athletes and Coaches MUST wear masks on and off the mat.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.
- Teams shall be segregated such that only opposing individual wrestlers should come into contact with one another.

#### **OFFICIALS' TABLE:**

- Personnel at the officials' table are limited to the home team scorer, announcer, and timer.
- These individuals shall be placed with a minimum of SIX FEET distance between each person.
- No one touches the score sheet except the scorer.

#### PREGAME, SET CHANGE, AND POSTGAME CEREMONY:

- There shall be no pregame introduction line.
- Water bottles shall not be allowed on the mat and shall be used off the competition surface.
- Coaches shall hold pre-match, timeout, and post-match meetings socially distant.
- Meetings will take place behind the team bench area in order to provide a larger space for team members to socially distance.
- Handshakes before and after the event shall be prohibited.
- Timeout conferences shall take place with a limited number of team members in the team area in order to promote social distancing.

#### OTHER:

- The Baldwin-Whitehall School District will follow all additional guidelines or limitations provided by the PIAA.
- In the event that the Baldwin-Whitehall School District guidelines are more restrictive, the Baldwin-Whitehall School District guidelines will be followed.
- Disinfect the mats prior to and following competition.
- Prior to and following each match players will use provided disinfected lotion to sanitize skin.
- Players are required to sanitize their hands after removal from play.
- Hand sanitizer and wipes shall be available at the scoring table.
- Wash stations or sanitizer must be at mat side for both teams.
- Provide for separate warm-up areas off of the competition mats for use and sanitize regularly.

- Provide for separate warm-up mats off of the competition mat for teams involved in dual competition.
- Each team should be expected to provide their own leg bands for competition.
- Limit the size of their traveling party to include only essential personnel, staff, and those with the ability to wrestle.
- Eliminate handshakes with opposing coaches post-match.
- Student-athletes shall disinfect their personal equipment after each match/practice including their shoes and headgear.

#### TOURNAMENTS:

- Participation in tournaments is discouraged unless participation is required by WPIAL or PIAA.
- In the event a tournament is requested, the Baldwin-Whitehall School District Central Administration, specifically the pandemic coordinator, must view the Tournament's Health and Safety Plan.
- For tournament settings, wrestlers shall be prohibited from warming up simultaneously for competition.

#### WRESTLING RULES INTERPRETATIONS FROM PIAA:

• Officials shall recognize the winner of the match by pointing to the wrestler and raising the appropriate color wrist band.

#### RESOURCES FOR MORE INFORMATION

For more information on wearing or making a mask, visit: <a href="https://www.health.pa.gov/topics/disease/coronavirus/Pages/Stop-the-Spread.aspx">https://www.health.pa.gov/topics/disease/coronavirus/Pages/Stop-the-Spread.aspx</a>

For more information on COVID-19, visit the Department of Health's website, www.health.pa.gov.

#### ADDITIONAL RESOURCES

NFHS: Guidance for Opening Up High School Athletics and Activities (per update on May 2020): <a href="https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15\_2020-final.pdf">https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15\_2020-final.pdf</a> Centers for Disease Control – "What You Should Know About COVID-19 to Protect Yourself and Others"

CDC – Considerations for Youth Sports: <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html</a>

PA Department of Health – "Phased Re-opening Plan by Governor Wolf"

PA Department of Health – "Guidance for All Sports Permitted to Operate During COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletics, and the Public": <a href="https://www.governor.pa.gov/covid-19/sports-guidance/">https://www.governor.pa.gov/covid-19/sports-guidance/</a>

PIAA – "Return to Competition: Individual Sport Considerations": <a href="http://www.piaa.org/assets/web/documents/Return\_to\_Competition.pdf">http://www.piaa.org/assets/web/documents/Return\_to\_Competition.pdf</a>
CDC COVID Screening: <a href="https://www.cdc.gov/screening/paper-version.pdf">https://www.cdc.gov/screening/paper-version.pdf</a>

NFHS Guidance for Return to High School Marching Band – July 9 2020 <a href="https://www.nfhs.org/media/3812337/2020-nfhs-guidance-for-returning-to-high-school-marching-band-activities.pdf">https://www.nfhs.org/media/3812337/2020-nfhs-guidance-for-returning-to-high-school-marching-band-activities.pdf</a>

NFHS Instrument Cleaning Guidelines – April 24, 2020 <a href="https://www.nfhs.org/articles/covid-19-instrument-cleaning-guidelines/">https://www.nfhs.org/articles/covid-19-instrument-cleaning-guidelines/</a>

Aerosol Study Update 1 – July 13, 2020 <a href="https://www.nfhs.org/media/4029971/preliminary-recommendations-from-international-performing-arts-aerosol-study.pdf">https://www.nfhs.org/media/4029971/preliminary-recommendations-from-international-performing-arts-aerosol-study.pdf</a>

Aerosol Study Update 2 – August 6, 2020 <a href="https://www.nfhs.org/media/4119369/aerosol-study-prelim-results-round-2-final-updated.pdf">https://www.nfhs.org/media/4119369/aerosol-study-prelim-results-round-2-final-updated.pdf</a>

News release for Aerosol Study Update 2 – August 6, 2020 <a href="https://www.nfhs.org/articles/second-round-of-performing-arts-aerosol-study-produces-encouraging-preliminary-results/">https://www.nfhs.org/articles/second-round-of-performing-arts-aerosol-study-produces-encouraging-preliminary-results/</a>

# **APPENDIX C**

# Western Pennsylvania Interscholastic Bowling League Covid Protocol for Return to Play

# **Prior to Every Match:**

- Communicate with opposing coach 2 days before home coach reaches out
- Complete the Health Verification Form prior to departure or upon arrival to the facility.
- Coaches exchange forms upon arrival
- Centers will have areas for teams to store gear
- Masks are to be worn at all times until bowling begins
  - Only bowlers may remove mask when on the approach
- Observe social distancing guidelines and seating

# **During the Match:**

- Roster 8 Boys/8 Girls 5 Varsity and 3 Substitutes. Subs entering must be declared and move into spot 1-5
- Bowl with YOUR team only on a pair ex. Team A boys on 1-2, Team B 3-4, Team A Girls 7-8, Team B 9-10
- Teams switch pairs after each game Home team Chooses
- One pair in between if Possible
- JV if space permits JV will be ALL or NONE
- Practice pair available for subs
- Designated area for Subs
- NO SPECTATORS FOR DECEMBER then TBD

# **General Guidelines:**

- Matches begin at 3pm Highly Recommended
- Hand sanitizer for each team wash hands/sanitize upon entry
- No sharing of equipment balls, towels, water bottles, etc.
- Only touch your equipment

- No Unnecessary physical contact high fives, handshakes,etc.
- Contact visiting coaches with any information/restrictions
  - Current Guidelines are at 50 percent capacity/spectators will be decided based on capacity and number of athletes.

# **Covid Protocols:**

 Positive Tests(3 Players/Squad) -Shutdowns - Quarantines -Handled Case by case - Items to consider - if team is not affected and case is isolated

#### **APPENDIX D**

#### Baldwin Whitehall School District

To: All Visiting Swimming and Diving High School Teams 2020-2021

From: Jay Saras Athletic Director, Kim Klinger, Head Swim/Dive Coach

Re: Meet Procedures / Visiting team information

#### Visiting Team Coaches and Athletic Directors,

As excited as we are for the start of this new swim season to begin, we all have had to make adaptations on how to provide and maintain a safe environment for our athletes. Due to the Covid-19 pandemic, protocols have been added to accomplish this. We ask that you and your team please perform a covid-19 health screening before boarding your bus for the meet. We will be screening our athletes, coaches, and parent volunteers before they enter the pool area also. Please take the time to read this letter and if you have any concerns or questions do not hesitate to contact me. In this ever changing time, please understand if we need to alter these restrictions. If that becomes necessary we will notify you before our meet. Baldwin Whitehall is ready to provide a safe facility for all swimmers divers, coaches, officials, and timers.

#### **Entering the building:**

- Once you arrive at BHS, we ask that you use the doors on the south lot side of the building. Pool side.
- MASKS MUST BE WORN AT ALL TIMES BY EVERYONE. Only when in the water will swimmers and divers be exempted from this requirement.
- You will be directed to the locker rooms, balcony and the far side of the pool under the record board for your teams use.

#### **Use of Locker Rooms:**

Locker rooms will be provided. Please have your athletes arrive in their swimsuits so that the
amount of time in the locker room to change is minimal. MASKS ARE TO BE WORN AT ALL
TIMES. Your swimmers are not to leave anything in the locker rooms. They may bring their
bags etc onto the pool deck or up into the balcony. A maximum of 12 swimmers are permitted
in a locker room at a time. It is your responsibility to oversee that this max number is

- maintained. The locker rooms will be available during the meet along with the hall way restrooms for emergency use.
- Please enter the locker rooms from the pool deck.
- Baldwin swimmers/divers will also have access to these locker rooms prior to your arrival and after your departure.
- Both teams will not leave anything in the locker rooms.

#### Seating:

- Visiting team members will have access to the far side of the pool underneath the record board.
- This area on the deck provides you with room for 15 individuals. They will be seated 6 ft apart with a MASK **ON AT ALL TIMES.**
- The left side of the balcony will be available for your team also. The athletes will need to maintain a 6ft distance and **WEAR A MASK AT ALL TIMES.**
- The balcony area has room for 28 swimmers/divers from your team.
- To access the balcony from the pool, the athletes will need to use the back pool doors that exit to the main hallway, make a right and use the stairwell next to the elevator on the right. At the top of the stairs turn right and the balcony is on your right.

#### **Deck Protocol:**

- All coaches, officials, timers and swimmers are to wear their mask at all times.
- The athletes will be provided with a place to hang their masks prior to the start of their race.
- The pool deck will be marked showing where swimmers should stand
- As a reminder only 1 lap counter at the end of the lane for the 500 freestyle event.

#### Diving:

- This season Baldwin does currently have female divers only
- Both Male and Female diving events are held at the beginning of the meet. We ask that you limit the number of your divers to 3 Boys and 3 Girls.
- Masks must be worn by all divers until their event begins.
- Each diver will be given a spot to remain until it is their turn to dive then they must return to it.
- Your divers may use the diving board once a coach is there to supervise them
- Diving will occur at the beginning of the meet. Please remind your divers to write legibly on their dive sheets so there is no confusion for the announcer.

#### Swimming:

- Each team is permitted to bring 40 team members.
- Baldwin is a 6 lane pool.
- As the visiting team your athletes will swim in lanes 4-6. Baldwin will occupy lanes 1-3.

- Please prepare your lineup following the Order of Events the WPIAL listed with diving as events #9 and #10.
- Please take the time to seed your athletes in your TM event files. You will be given a hard copy
  of your line up to review prior to the start of the swimming events.
- Visiting teams will warm up from 5:15-5:55 pm please space your swimmers accordingly.
- The entire pool will be available to you at this time. Remember you will share with your divers and all swimmers must enter the water feet first until supervised sprints from the block.
- Swim Meets start at 6:00pm unless prior arrangements have been made with both ADs.
- There will also be a 10 minute break after the men's 50 yd freestyle event.
- Please remind your athletes to bring their own water bottles. There is a bottle refilling station near the hall way restrooms.
- An athletic trainer will also be on hand to address any injury.

#### Spectators:

 At this time we are not permitting any spectators at our home meets. Please inform your swimmers parents. If this changes we will update your team at that time.

Hy-Tek Meet Manager program will be used for our meets. A printed copy of your times and results will be provided before you leave along with a backup meet file if desired. Feel free to send a roster up to a week ahead of time to kklinger1@pghschools.org

Here is a list of teams and dates, please verify that yours is correct.

Brentwood: Dec. 14, 2020, Seton La Salle: Dec. 21, 2020.

Elizabeth Forward: Jan. 5, 2021, Thomas Jefferson: Jan. 12, 2021

Upper St Clair: Jan. 14, 2021, Shaler: Jan. 19, 2021,

Canon Mac: Jan. 28, 2021, Central/Oakland Catholic: Feb. 11, 2021

Bethel Park: Feb. 18, 2021

If you have any questions or special accommodations, please contact Kim Klinger at 412-721-0376,email (kklinger1@pghschools.org) or our Athletic Director Jay Saras at 412-885-7515. Best of Luck during the 2020-2021 Season. See you on deck soon!

#### **APPENDIX E**

### **Baldwin Wrestling**

JH and Varsity Wrestling COVID-19 Practice Procedures



#### November 16, 2020

The Baldwin Whitehall School District and the Baldwin Wrestling program are excited to get the 2020-2021 season underway. Unlike seasons in the past, this one will certainly be different. Practices for Middle School and High School teams will be held at the Wallace Building Gymnasium. Wrestlers in school will stay at school to do homework prior to practice from 1:45-2:45. Weight training will occur from 3:00-3:45 in the weight rooms. The bus will pick up both MS and HS wrestlers from the HS at 4:00 to get them to Wallace for practice. Students participating in remote learning and off hybrid days will be required to get a ride to the HS arriving around 3:00 for lifting then practice. Parents should arrive at the rear of Wallace Building for pickup at the end of practice around 6pm. Due to the COVID-19 Pandemic we are implementing some necessary procedural guidelines to assist in keeping our athletes, coaches and parents safe. These guidelines are intended to decrease the potential for exposure to COVID-19, but are in no way will eliminate the possibility of contraction.

- Face coverings will be required while riding the bus, while entering the facility and up to the point of participating in practice.
- Wrestlers are expected to bring their own water bottles. Water fountains are not provided.
- When wrestlers arrive at practice, we will take their temperature to ensure it is under 100.4.
   The athlete will not be able to participate if their temperature is over 100.4. This will be documented daily.
- Wrestlers will be required to apply sanitizer to their hands prior to participating in practice.
- Wrestlers will be required to apply the Anti-Bacterial protective foam to all exposed body parts prior to participating in practice.
- Wrestlers are expected to have clean clothes for every practice. Wrestlers that continue to use practice clothes that have not been laundered will be prohibited from practicing.
- Coaches will ask every wrestler to provide one set of extra practice clothes to be left at the facility. In the event that the wrestler forgets clean clothes, there will be one extra set available.
- Midway through practice, all wrestlers will be required to wipe down with disinfecting wipes.
- After practice, it is imperative that your wrestler shower immediately.
- If your wrestler is not feeling well or has a fever, please keep them home from practice.

For further guidelines, refer to the attached "Return to Competition" guidelines provided by PIAA for winter sports.

Mike Bilbie Al Greguric
Varsity Head Coach JH Head Coach

# COVID-19 Health and Safety Plan Baldwin-Whitehall School District Athletics/Activities 2021 Spring Season





# Baldwin-Whitehall School District Athletics/Activities Health and Safety Plan 2020-2021 Spring Season

#### INTRODUCTION

The COVID-19 pandemic has presented all School Districts with countless challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control (CDC), among others, has found that while children can be infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risks of furthering the spread of COVID-19, the current science suggests that there are steps schools can take to reduce the risks to students, staff, and community.

The Baldwin-Whitehall School District will take the necessary precautions and recommendations from the federal, state, and local governments, Centers for Disease Control and Prevention (CDC), Pennsylvania Department of Education (PDE), Pennsylvania Department of Health (DOH), as well as the National Federation of High Schools (NFHS), and Pennsylvania Interscholastic Athletic Association (PIAA) to safeguard the participants and staff of our athletic programs. The Baldwin-Whitehall School District realizes knowledge regarding COVID-19 is constantly changing as new information and treatments become available. The recommendations below will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our students, staff, and community. School Board approval of Baldwin-Whitehall School District Athletics/Activities Health and Safety Plan modifications are required.

The administration will regularly communicate and monitor developments with state and local authorities, coaches, sponsors, staff, and families regarding cases, exposures, and updates to policies and procedures.

This plan is intended to cover extracurricular activities that occur in the 2020-2021 Spring Season.

- All school facilities must remain closed as per Pennsylvania Guidelines.
- Students and coaches/sponsors may communicate via online meetings (GoogleMeets/ZOOM).
- Students are encouraged to participate in individual home workouts including strength and conditioning.
- Student-athletes and coaches should follow all guidelines set forth by the Baldwin-Whitehall School District, local and state governments/agencies.

#### PHASE 2 - No Governor or Department of Health Mandated School Closure

#### WAIVER REQUIREMENTS

Parents and student-athletes must complete and return a signed paper copy of the participation waiver for communicable diseases including COVID-19 to participate in athletics or extra-curricular activities. (Attachment)

#### SCREENING

- All persons (Coaches/sponsors, student-athletes, professionals) entering any Baldwin-Whitehall School District facility for any activity related to an athletic practice, program, or event shall be screened for signs/symptoms of COVID-19 prior to entering the facility. (See Appendix for COVID-19 Screening Form)
  - Screenings will include:
    - Temperature check (using a handheld temperature device) and
    - Asking questions to each person for COVID-19 symptoms. The responses to the questions will be recorded and stored to provide a record.
- All persons (including but not limited to referees, ticket tickets, scoreboard operators, supplemental positions) entering any Baldwin-Whitehall School District facility for any activity related to an athletic practice, program or event shall be asked to self-assess, and attest to their self-assessment through a signature on the compensation voucher, prior to entering the facility.
- All student-athletes shall answer COVID-19 questions honestly. If a studentathlete does not honestly respond to the COVID-19 screening questions, he/she may receive disciplinary consequences including removal from extracurricular activities or athletics.
- The location of this health screening will be announced prior to the practice or event.
- Attendance at all team events shall be recorded for potential contact tracing.
- If individuals answer "YES" to any of the COVID screening questions, they must be immediately sent home.
- Any individual with suspected positive COVID-19 symptoms shall not be allowed to take part in any in-person team activity.
  - Students will need to contact parents/guardians for immediate pick-up.

- Parents should contact their primary care provider or other appropriate health-care professional for guidance.
- The Pandemic Coordinator and school nurse will be notified.

## COACHES/SPONSORS' RESPONSIBILITY FOR PROMOTING HEALTHY PRACTICES

Coaches/sponsors shall educate students about and promote healthy hygiene practices that limit the spread of COVID-19 including:

- Require hand washing for 20 seconds with soap and water before and after team activities
- Promote the frequent use of hand sanitizer.
- Ensure that participants follow social distancing (SIX FEET apart) through increased spacing, small groups, and limited mixing between groups.
- Educate students about COVID-19 health screening.
- Educate students about the signs and symptoms of COVID-19 and what to do if COVID-19 is suspected.
- Review facility entrance and exit plans.
- Review hydration plans.
- Requiring anyone who is sick to stay home.
- Prohibit activities that increase the risk of exposure to saliva including chewing gum, spitting, licking fingers, and eating sunflower seeds.
- Prevent shaking hands, fist bumps, or high fives before, during or after events.
   Limit unnecessary physical contact with teammates, other participants, coaches, staff, and officials.
- Ensure that student-athletes keep their mouth guards in their mouths throughout the competition. If the mouth guard is removed, the athlete must wash or disinfect his or her hands and then disinfect the mouth guard before reinserting it.
- Encourage Student-athletes to shower and wash their workout clothing as quickly as possible after practices and competitions.
- Require athletes to wear appropriate clothing/shoes at all times in the weight room to minimize sweat from transferring onto equipment surfaces.
- Student-athletes shall wear clean uniforms and work-out clothes to each practice, scrimmage, or competition.

#### LIMITATIONS ON GATHERINGS

- All gatherings must conform with the guidelines on safe gathering limits released by the Department of Health.
- Staff, student-athletes, and spectators must maintain appropriate social distancing at all times possible, including on the field of play, in meeting locations, on sidelines, in dugouts, on benches, in meeting rooms, in workout areas, etc. During down time, staff and students shall not congregate. Spectators shall not congregate and shall remain in designated seating areas.

- All extracurricular activities including sports-related activities (including but not limited to practices, scrimmages, competitions, and meetings, etc.) will be subject to congregate gathering limitations established by the Baldwin-Whitehall School District consistent with applicable guidelines and gathering limitations.
- Gathering size limitations are based on all individuals within the facility, including staff, coaches/sponsors, student-athletes, trainers, medical personnel, etc.
- Cheerleaders and Pep Band Members excluding wind instruments are allowed in facilities for an athletic event and shall be counted towards the headcount for the occupancy limitation.
- Occupancy will be posted in all areas.
- Coaches/sponsors are encouraged to hold team meetings virtually, if possible.
- Gathering locations should be in larger spaces that promote social distancing.
- Gathering groups shall be limited to smaller "pods" whenever possible.
- The BHS Stadium Weight Room(s) at the Baldwin High School group size cannot exceed 25 people including coaches and student-athletes.
- Coaches and student-athletes must make a reservation to use the BHS Stadium Weight Room prior to arriving for a workout.

#### **SPECTATORS**

- Spectators are permitted to attend contests and performances. Attendance will be subject to the following limitations:
  - Seating areas, including bleachers, must adhere to social distancing requirements of at least SIX FEET of spacing for anyone not in the same household.
    - Individuals not from the same household must adhere to social distancing requirements of at least SIX FEET of spacing in all seating areas including bleachers.
    - Bleachers and seating areas will be clearly marked to indicate appropriate social distancing requirements.
    - The first few rows of seating are unavailable for spectators to allow for additional social distancing.
  - Spectators will be required to self-assess before arrival at the facility.
  - All spectators must wear face coverings at ALL times. (See additional masking requirements below.)
  - Based on spectator limitations and facility limitations, each participating student-athlete will be limited to the number of tickets he/she may be able to receive/purchase. The Athletic Administrator shall determine the number of tickets each student may be able to receive or purchase based on state, local and/or Baldwin-Whitehall School District restrictions on crowd limitations.
  - No visiting team spectators are permitted for indoor events unless required by PIAA or WPIAL guidelines or otherwise agreed upon by the Superintendent in advance.
  - Spectators shall not enter the field of play, bench areas, or performance area.

Facility use by the public will be prohibited during extracurricular activities.

#### MASKING REQUIREMENTS

- All persons (including but not limited to coaches/sponsors, other adult personnel, students, referees/judges, media, etc.) shall wear a face covering at ALL times as required by the Baldwin-Whitehall School District's Health and Safety Plan. (See sport specific masking requirements for student-athletes or participants later in the plan.)
- At the time of the approval of the Baldwin-Whitehall School District Health and Safety Plan, the following types of masks are not permitted: bandanas, handkerchiefs, masks with valves and gaiters.
- The Baldwin-Whitehall School District shall have disposable masks readily available at Baldwin-Whitehall School District facilities and events for those who have forgotten their mask.
- Masks are required in the BHS Stadium Weight Room at ALL times.
- Spectators must wear masks at ALL times, even when physically distanced.

#### **FACILITIES CLEANING/PREPARATION**

- Adequate cleaning schedules shall be created and implemented for all extracurricular facilities and common areas in order to mitigate any communicable disease.
- Extra-curricular facilities shall be cleaned prior to arrival and following workouts and gatherings with high touch areas cleaned more often.
- During athletic activities that involve a ball(s), the ball(s) shall be regularly rotated and cleaned in accordance with ball manufacturer's recommendations to reduce the possibility of spreading the virus.
- Weight Room Equipment must be wiped clean after each individual's use.
- If multiple events are to be held at the same facility, adequate time shall be scheduled between contests to allow for facilities to be cleaned and disinfected, and to minimize interaction between students and staff.
- If any indoor facilities are used for any athletic activity, improvement of ventilation including circulation of outdoor air into the facility should be accomplished, as much as possible.

#### PHYSICAL ACTIVITY

- Staff must review and consider the CDC guidance to modify practices and events in order to mitigate the risk of spreading the virus including focusing on individual skill-building versus competition and limiting contact in close-contact sports and activities.
- Staff shall consider conducting workouts in "pods" of same students always training and rotating together in practice in order to ensure more limited exposure if someone develops an infection.

- Coaches should limit, when possible, game-day squad sizes for social distancing purposes.
- Personal items shall not be shared including clothing, towels, and pinnies.
- If equipment must be shared, all equipment shall be properly disinfected often during practices and events, as deemed necessary.
- When weightlifting, spotters for maximum weight lifts should be stationed at each end of the bar.

#### **HYDRATION**

- All students, staff, and officials must bring their own water and water bottle for hydration.
- Water bottles must be clearly marked with a name and shall not be shared.
- Team water coolers for sharing through disposable cups are prohibited.
- Fixed water fountains and water buffaloes cannot be used.
- Access to water for filling up water jugs and/or bottles will be administered by the Athletic Training staff.

#### TRANSPORTATION

- Transportation to and from extracurricular events shall be governed by the same restrictions as transportation of students to and from school.
- Parents shall be permitted to transport their child(ren) to and from extra-curricular events if they desire. However, the use of carpools or vanpools to travel to events is discouraged. Private transportation to events should be limited to persons living in the same household.
- The number of students and staff are limited to FORTY-EIGHT total passengers on a full-size bus and are limited to NINE total passengers on a van.
- The use of masks on District-provided transportation is required for all passengers and staff.
- The District-provided transportation vehicle should have adequate supplies of hand sanitizer and disposable masks on hand for those who might have forgotten theirs
- All extracurricular travel must be approved by the Athletic Administrator and/or Principal.

#### SOCIAL DISTANCING DURING CONTESTS/EVENTS/ACTIVITIES

- Sidelines/Bench Area
  - Social distancing shall be maintained during the National Anthem and introductions.
  - Staff must ensure appropriate social distancing is maintained on sidelines, in bench areas, and in other areas during practices and events as deemed necessary by the CDC, PIAA, state and local governments/agencies.

 Outdoor sports may need to extend bench areas in order to allow for social distancing. Indoor sports may need to use bleachers or multiple levels of seating in order to allow for social distancing.

#### **OVERNIGHT/OUT-OF-STATE EVENTS**

- The Baldwin-Whitehall School District will evaluate each event and follow all state and local governments/agencies guidelines on a case-by-case basis.
- All overnight travel is prohibited until June 30, 2021 (at the earliest) unless the Superintendent grants approval.
- Every consideration must be taken in order to avoid exposing students to unnecessary or potentially high-risk exposure by traveling outside of the region.

#### OTHER IMPORTANT INFORMATION

- Remote learning students enrolled as Baldwin-Whitehall School District students may participate in District-sponsored athletics and extracurricular activities as permitted and available.
- Sports complexes with multiple fields may operate simultaneous games or practices on fields within a complex only if social distancing can be maintained.
- The Athletic Administrator shall establish protocols to limit entrance and exit traffic, designating specific entry to and exits from facilities with clear signage in order to ensure separation of participants and staff.
- Pick-up and drop-off times and locations for practices and events will be staggered.
- In order to avoid crowding during pick up and drop off, students are not permitted to congregate.
- Parents dropping off or picking up students must remain outside of facilities. Parents are not permitted to enter the facility.
- Concession stands may not operate until further notice.
  - Spectators are not permitted to eat or drink in facilities.
- Banquets, team meals, whether pregame or postgame, and team parties are not recommended and must get the approval of the Athletic Administrator prior to participating in such services.
- For competitions, scrimmages, games, and matches, schedules will be limited to teams in the region first (PIAA District 7 and District 8 only).
  - o Playoff events will be exempt from regional play.
  - If COVID-19 cases continue to stay within or below required DOH or PDE thresholds, expansion beyond regional play may be considered.

#### **EDUCATION**

- Staff, coaches, sponsors, parents, and students will be educated on the following (through posters, flyers, meetings, and emails):
  - o COVID-19 signs and symptoms,
  - Proper ways to limit exposure to COVID-19 (hand washing, cough into elbow, disinfecting touched surfaces, social distancing, etc.),
  - The content of this Plan, and

- Any pertinent COVID-19 information released by DOH, state and local governments/agencies, NFHS, and PIAA.
- All students, parents and coaches/sponsors must sign an acknowledgement that they have read and understand this Extracurricular Health and Safety Plan –Spring Season and agree to abide by the rules set forth in the Plan.

#### ATHLETICS' SPECIFIC INFORMATION

#### LOCKER ROOMS

- Locker room use by student-athletes is limited to changing/dressing only.
- To the extent possible, student-athletes should come already dressed in uniform or practice clothing to lessen the time spent in the locker room.
- Team meetings are not recommended to be held in locker rooms.
- Lockers shall be assigned in such a manner so that proper social distancing can occur while in the locker room.
- Coaches shall schedule arrival times for practices and games in order to stagger access to and limit the time spent in locker rooms and other indoor locations as necessary.

#### **MEDIA AND GAME OFFICIALS**

- Media shall contact the school prior to attending in order to request an appointment for attendance.
  - o Members of the media will be limited, if permitted.
  - The media will be required to self-assess with a temperature check and health screening prior to arrival at the facility.
  - The media will be restricted to areas outside of the team areas.
  - The media will be required to wear face coverings.
- Game officials shall contact the school prior to attending in order to make appropriate arrangement for attendance.
  - o Game officials will be required to self-assess with a temperature check and health screening prior to arrival at the facility.
  - Game officials will be required to wear face coverings.
  - Game officials shall come to the event fully dressed in uniform when possible.



#### **SPRING SPORTS' SPECIFIC PLANS**

#### **BASEBALL/SOFTBALL**

#### Low Risk Sport - In addition to all the above modifications:

#### Mask Requirements:

- Face coverings are required at ALL times outside except when athletes are actively engaged in vigorous athletic activity.
- Face coverings are required at ALL times for indoor activities.
- While athletes are not required to wear face coverings while actively engaged in vigorous athletic activity, they must wear face coverings when in the dugouts, bench area, etc.

#### Practice Modifications:

- At each water break, athletes and staff shall sanitize their hands.
- At each water break, any shared equipment, such as baseballs/softballs/bats shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.

#### Competition Modifications:

- o PREGAME CONFERENCE:
  - The pregame conference shall only include one (1) official, the head coach from each team, and a single captain from each team.
  - The location of the pregame conference shall at home plate.
  - All individuals shall maintain a social distance of SIX FEET during the conference.
  - Handshakes before and after the event shall be prohibited.

#### TEAM BENCHES/DUGOUTS:

- Team areas shall be expanded to promote social distancing.
  - The team area shall be in the dugouts, and if necessary, additional seating shall be placed along 1<sup>st</sup> and 3<sup>rd</sup> base lines for individuals that do not fit inside the dugouts.
- Bench personnel shall observe social distancing of SIX FEET.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.
- Water stations and open cups are prohibited.

#### OTHER:

- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible. Players are required to sanitize their hands after removal from play.
- Stray balls should be disinfected immediately after their retrieval.
- O PREGAME AND POSTGAME CEREMONY:
  - There shall be no pregame introduction line.
  - Players shall be sent to their field positions for introductions.
  - Water bottles shall not be allowed on the field of play and shall be used off the playing surface.
  - Coaches shall require socially distant pregame and postgame meetings.
  - Meetings can take place in the outfield or other larger area in order to provide a larger space for team members to socially distance.
  - Handshakes before and after the event shall be prohibited.
- BASEBALL and SOFTBALL RULES INTERPRETATIONS FROM PIAA:
  - EQUIPMENT AND ACCESSORIES:
    - Gloves are permitted.
  - LEGAL UNIFORM:
    - Long sleeves are permitted.
    - Long pants are permitted.
    - Undergarments are permitted but must be of a similar length for the individual and a solid like color for team.

#### **LACROSSE**

#### **Moderate Risk Sport - In addition to all the above modifications:**

- Masking Requirements:
  - Face coverings are required at ALL times outside except when athletes are actively engaged in vigorous athletic activity.
  - Face coverings are required at ALL times for indoor activities.
  - While athletes are not required to wear face coverings while actively engaged in vigorous athletic activity, they must wear face coverings when on the sidelines, bench area, etc.

#### Practice Modifications:

- At each water break, athletes and staff shall sanitize their hands.
- At each water break, any shared equipment shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.

#### Competition Modifications:

- O PREGAME CONFERENCE:
  - The pregame conference shall only include one (1) official, the head coach from each team, and a single captain from each team.

- The location of the pregame conference shall be the center of the field.
- All individuals shall maintain a social distance of SIX FEET during the conference.
- Handshakes before and after the event shall be prohibited.

#### TEAM BENCHES:

- Team areas shall be expanded to promote social distancing.
  - The team area shall be placed between the 15-yard line and the 35-yard line.
- Bench personnel shall observe social distancing of SIX FEET.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.
- Water stations and open cups are prohibited.

#### BALL INDIVIDUALS:

- Require social distancing of SIX FEET, if ball individuals are used.
- Additional game balls shall be placed around the outside perimeter of the field in order to limit contact with the ball.
- Ball holders are encouraged to use their feet or wear gloves to return balls to designated areas or field players.
- Ball holders should disinfect a ball immediately after picking it up.

#### SUBSTITUTION PROCEDURES:

- Maintain social distancing of SIX FEET between the substitute, officials and/or teammate(s) by encouraging substitutions to occur closer to the centerline.
- The substitution area shall be lengthened to the 40-yard line to the 40-yard line.

#### OFFICIALS' TABLE:

- Personnel at the officials' table are limited to the home team scorer and timer.
- These individuals shall be placed at separate tables with a minimum of SIX FEET distance between individuals.
- The visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and shall be positioned in the bleacher area.
- If a team member is carded, that individual is to stand at least SIX FEET behind the officials' table at designated markings on the track. The team member must wear a mask while in the penalty area, until the player returns to the field.

#### o OTHER:

Before, during, and after the contest, players, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible. Players are required to sanitize their hands after removal from play.

- PREGAME, QUARTER, HALFTIME AND POSTGAME CEREMONY:
  - There shall be no pregame introduction line.
  - Players shall be sent to their field positions for introductions.
  - Water bottles shall not be allowed on the field of play and shall be used off the playing surface.
  - Coaches shall hold pregame, quarter, halftime and postgame meetings socially distant and off the playing surface.
  - Meetings can take place in the end zone area in order to provide a larger space for team members to socially distance.
  - Handshakes before and after the event shall be prohibited.
- LACROSSE RULES INTERPRETATIONS FROM PIAA:
  - EQUIPMENT AND ACCESSORIES:
    - Gloves are permitted.
  - LEGAL UNIFORM:
    - Long sleeves are permitted.
    - Long pants are permitted.
    - Undergarments are permitted but must be of a similar length for the individual and a solid like color for team.

#### Middle School Swimming

#### Low Risk Sport - In addition to all the above modifications:

#### Masking Requirements:

- Cloth face coverings are required at ALL times except when athletes are in the pool or on the starting block.
  - When in the pool or on the starting block, swimmers will place face coverings on individual wall hooks provided.

#### • Practice Modifications:

- At each water break, athletes and staff shall sanitize their hands.
- At each water break, any shared equipment, shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.
- Practice times shall be staggered to limit the number of athletes in each lane or on the pool deck.
- When practical, student-athletes will be spaced out across lanes to limit further exposure.

#### • Competition Modifications:

- O PRE-MATCH CONFERENCE:
  - The pre-match conference shall only include one (1) official, the head coach from each team, and a single captain from each team.
  - The location of the pre-match conference will be near the starting blocks.

- The referee may use a PA system or starting system microphone in order to allow participants to hear while properly separated.
- All individuals shall maintain a social distance of SIX FEET during the conference.
- Handshakes before and after the event shall be prohibited.

#### TEAM BENCHES:

- Athletes should arrive to the venue already in competitive attire.
- Team areas shall be expanded to promote social distancing and teams shall be placed on opposite side of the pool.
- Bench personnel shall observe social distancing of SIX FEET.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.

#### PREGAME, SET CHANGE, AND POSTGAME CEREMONY:

- There shall be no pregame introduction line.
- Coaches shall hold pregame and postgame meetings socially distant.
- Meetings will take place in larger areas in order to provide a larger space for team members to socially distance.
- Handshakes before and after the event shall be prohibited.

#### o OTHER:

- Before, during, and after the contest, athletes, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible.
- Athletes are required to sanitize their hands after removal from play.
- Only one person per lane for lap counting should be permitted at turning end. These individuals shall clean hands and wipe down devices.
- Swimming Warm-up Areas
  - Coaches shall establish multiple sessions for warm-up periods to limit number of swimmers per lane and communicate with officials and the opponent.
  - Restrict the number of swimmers in the competition area and limit number of swimmers per lane during warm-up and warmdown periods.
- The home team shall compete in lanes 1-3 and visitors shall compete in lanes 4-6.
- Swimmers should not move up to the blocks until instructed to do so.
- At the end of the race, all persons shall clear the area quickly to avoid crowding behind the blocks.
- Swimmers shall not congregate on the side or end of the pool to cheer for teammates.

#### SWIM RULES INTERPRETATIONS FROM PIAA:

- Referee and Starter shall use alternative methods for communications, including use of the PA system, hand signals or written communication.
- Timers must assemble at the finish of each race, at the edge of the pool within the 6-8 feet confines of the lane which they are timing.
- Timers must wear cloth facial coverings.
- All take-off judges shall be at the sides of the pool.

#### **TENNIS**

#### Low Risk Sport - In addition to all the above modifications:

#### Masking Requirements:

- Face coverings are required at ALL times outside except when athletes are actively engaged in vigorous athletic activity.
- o Face coverings are required at ALL times for indoor activities.
- While athletes are not required to wear face coverings while actively engaged in vigorous athletic activity, they must wear face coverings when on the sidelines, bench area, etc.

#### Practice Modifications:

- o At each water break, athletes and staff shall sanitize their hands.
- o At each water break, any shared equipment, shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.

#### • Competitions Modifications:

- O PRE-MATCH CONFERENCE:
  - The pre-match conference shall only include one official (if applicable), the head coach from each team, and one captain from each team.
  - The location of the pregame conference shall be determined by the home Head Coach to be away from other participants.
  - All individuals shall maintain a social distance of SIX FEET during the conference.
  - Handshakes before and after the event shall be prohibited.

#### o TEAM AREAS:

- Team areas shall be expanded to promote social distancing.
- Bench personnel shall observe social distancing of SIX FEET.

#### O DURING MATCHES:

- Between points, players shall use their racquet or foot to advance the tennis balls back to their opponent.
- Players shall avoid using their hands when returning balls to another court.
- Players shall maintain physical distancing when changing ends of the court.

- Players shall avoid touching their face after handling a ball, racquet, or other equipment.
- Players shall wash or sanitize hands promptly if they have touched their eyes, nose, or mouth.
- When playing doubles, players shall coordinate with their partner to maintain physical distancing, where possible
- Players shall wash hands thoroughly or use a hand sanitizer before, between sets, and after play.
- Players shall clean and wipe down their equipment between sets and following the match, including racquets and water bottles. Use new balls, if possible.
- Players shall only use their own towels and water bottles.

#### o TENNIS BALLS:

- Although unlikely, it is possible that a tennis ball can transmit the COVID-19 virus, as virtually any hard surface can transmit the disease.
- Each player must bring her own tennis balls, mark the balls uniquely, and then touch only their own tennis balls during the match.

#### TRACK AND FIELD

#### Low Risk Sport - In addition to all the above modifications:

#### Masking Requirements:

- Face coverings are required at ALL times outside except when athletes are actively engaged in vigorous athletic activity.
- Face coverings are required at ALL times for indoor activities.
- While athletes are not required to wear face coverings while actively engaged in vigorous athletic activity, they must wear face coverings when on the sidelines, bench area, etc.

#### Practice Modifications:

- Practice shall be held outdoors when the temperature is 40 degrees Fahrenheit or higher if the weather permits.
- When practices are held indoors, location will be limited to certain large group spaces or stairwells or hallways.
  - Stairwells and hallways will be closed to other individuals until practice is over.
- At each water break, athletes and staff shall sanitize their hands.
- At each water break, any shared equipment, shall be sanitized.
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.
- When practical, student-athletes will be spaced out across lanes to limit further exposure.

#### • Competition Modifications:

#### TRACK AND FIELD MODIFICATIONS:

- Events shall be limited to a maximum of TWELVE participants from each team starting at a particular time.
- Meets shall use staggered, wave, or interval starts in order to limit the number of participants on the starting lines.

#### TEAM BENCHES:

- All individuals shall observe social distancing of SIX FEET when not competing.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.

#### O PRE-RACE AND POST-COMPETITION PROCEDURES:

- Team and individual participants shall practice social distancing.
- Handshakes before and after the event shall be prohibited.
- The use of team tents for congregation of students shall be prohibited.
- Water stations and open cups are prohibited.

#### o OTHER:

- Before, during, and after the contest, athletes, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible.
- Athletes are required to sanitize their hands after each event.
- Limit the size of their traveling party to include essential personnel, staff, and only those with the ability to compete.
- Eliminate handshakes with opposing coaches post-match.
- Any shared equipment shall be sanitized after each use.
- Gloves are permitted.

#### **VOLLEYBALL**

#### Moderate Risk Sport - In addition to all the above modifications:

#### Masking Requirements:

- Face coverings are required at ALL times.
- In the event that athletes are conditioning outside, face coverings are required at ALL times except when athletes are actively engaged in vigorous athletic activity.

#### Practice Modifications:

- o At each water break, athletes and staff shall sanitize their hands.
- At each water break, any shared equipment, such as volleyballs, shall be sanitized
- Coaches shall make every attempt to group athletes in smaller "pods" to limit further exposure.

#### Competition Modifications:

o PRE-MATCH CONFERENCE:

- The pre-match conference shall only include one (1) official, the head coach from each team, and a single captain from each team.
- The location of the pre-match conference will be at center court. Teams shall stay on their side of the court.
- All individuals shall maintain a social distance of SIX FEET during the conference.
- Handshakes before and after the event shall be prohibited.
- Roster submission shall be suspended at the pre-match conference.
- Rosters shall be submitted directly to the officials' table before the 10-minute mark.

#### TEAM BENCHES

- Teams shall suspend the protocol of switching sides/benches between sets.
- The home team shall select their bench prior to the match and remain on the same side for the duration of the match.
- Team areas shall be expanded to promote social distancing outside of playable areas, including using multiple rows of chairs or bleachers.
- Bench personnel shall observe social distancing of SIX FEET.
- Team bench areas shall be sanitized prior to and following use from each team by game management and/or custodial staff.

#### DECIDING SET PROCEDURES:

The location of the deciding set coin toss shall be moved to center court with the team captain and the second referee maintaining the appropriate social distance of 6 feet. A coin toss, called by the home team, will decide serve/receive.

#### SUBSTITUTION PROCEDURES:

 Maintain social distancing of SIX FEET between each substitute and the second referees by requiring the substitutions to occur closer to the attack line.

#### OFFICIALS' TABLE:

- Personnel at the officials' table are limited to the home team scorer, libero tracker, and timer.
- These individuals shall be placed with a minimum of SIX FEET distance between each person.
- The visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel.

#### PREGAME, SET CHANGE, AND POSTGAME CEREMONY:

- There shall be no pregame introduction line.
- Players shall be sent to their court positions for introductions.
- Water bottles shall not be allowed on the court and shall be used off the playing surface.

- Coaches shall hold pregame, set change and postgame meetings socially distant and off the playing surface.
- Meetings can take place behind the end line area to provide a larger space for team members in order to socially distance.
- Handshakes before and after the event shall be prohibited.
- Timeout conferences shall take place with a limited number of team members in the team area to promote social distancing.

#### o OTHER:

- Game balls shall be rotated out-of-play and sanitized throughout the game. A minimum of THREE game balls will be used in rotation throughout the competition.
- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration officials shall wash or sanitize their hands as often as possible. Players are required to sanitize their hands after removal from play.
- VOLLEYBALL RULES INTERPRETATIONS FROM PIAA:
  - EQUIPMENT AND ACCESSORIES:
    - Gloves are permitted.
  - LEGAL UNIFORM
    - Long sleeves are permitted.
    - Long pants are permitted.
    - Under garments are permitted, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom.

#### ADDITIONAL GUIDANCE

#### **Primary Point of Contact**

- The Baldwin-Whitehall School District has designated Ms. Rachel Sprouse, Director of Employee Services, as the District's Pandemic Coordinator and primary point of contact for all questions related to COVID-19.
  - Contact information for Ms. Sprouse: 412-884-6300, x7466 (Office) and/or rsprouse@bwschools.net (Email).
- A secondary contact for Baldwin-Whitehall School District Athletics is Mr. John M. Saras, Athletic Coordinator/Assistant Principal.
  - Contact information for Mr. Saras: 412-885-7515 (Office) and/or jsaras@bwschools.net (Email).
- Any questions on the implementation of this document should be referred to Ms.
   Sprouse or Mr. Saras.
- The Pandemic Coordinator shall ensure that all coaches/sponsors are trained on all safety protocols prior to the first in-person team event.
  - These protocols include:
    - Preforming a COVID-19 health screening,
    - Promoting healthy hygiene,

- Reviewing the signs and symptoms of COVID-19 and what to do if COVID-19 is suspected in an individual,
- Review social distancing, facility entrance and exit plans, and the provisions of this Baldwin-Whitehall School District Health and Safety Plan – Spring Sports.

#### Frequently Asked Questions (FAQs)

#### What if athletes, participants, coaches, sponsors, or staff are sick?

- If athletes, participants, coaches/sponsors, and staff are sick or think they are infected with the COVID-19 virus, they MUST STAY AT HOME and notify the Athletic Administrator.
  - It is essential that student-athletes, participants, coaches/sponsors, and staff take steps to help prevent the disease from spreading.
  - If student-athletes, participants, coaches/sponsors, and staff think they have been exposed to COVID-19 and develop a fever and symptoms, they should call their healthcare provider for medical advice.
- Caregivers should monitor their children for symptoms prior to any extra-curricular activity or sport.
- Student-athletes or participants who are sick or showing symptoms MUST stay home
- If student-athletes or participants are sick, caregivers are asked to notify the school immediately (principal, athletic director, school nurse, athletic trainer, coach and/or sponsor).
- The athletic administrator and/or principal will immediately inform the District's Pandemic Coordinator and the Superintendent.
- It will be determined if others who may have been exposed (student-athletes, coaches, sponsors, staff) need to be notified, isolated, and/or monitored for symptoms.
- If a positive case of COVID-19 is diagnosed, local health professionals and/or DOH will implement contact tracing. All subsequent directives will be followed.

# What if a student or staff becomes ill with COVID-19 symptoms during practice, an event, or during transportation to or from an event?

- A coach, sponsor, or athletic trainer will make every effort to isolate the ill individual from others, until the student-athlete or staff member can leave the school or event.
- If a student-athlete is sick, the parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up.
- The ill individual will be asked to contact their physician or appropriate healthcare professional for direction.
- The facility where the sick individual was present will be disinfected immediately.

# How will a student or staff return to athletics/extra-curricular activity following a COVID-19 diagnosis?

• Once a diagnosed individual has completed their TEN-DAY isolation, is fever free (without fever-reducing medicine), has vast improvement in respiratory symptoms

- (cough, shortness of breath), and experiences no vomiting or diarrhea, the student or staff may participate in athletics again.
- A student-athlete may return to a non-athletic extra-curricular activity after testing positive only if the student-athlete would be permitted to attend in-person educational instruction.

How will a student-athlete or staff return to athletics/extra-curricular activities following exposure to a person with a positive COVID-19 diagnosis?

• Student-athlete or staff exposed to a positive case but not testing positive can return to play following the expiration of the CDC or PA DOH quarantine period.

What happens if a District building is required to close because of COVID cases? If a District building is required to close for in person education due to COVID cases, no athletic or extra-curricular activities or meetings are permitted unless, after consultation with the Department of Health and the Superintendent determines it is safe to participate in the activity after notifying the Baldwin-Whitehall School Board of Directors.

#### RESOURCES FOR MORE INFORMATION

For more information on wearing or making a mask, visit: <a href="https://www.health.pa.gov/topics/disease/coronavirus/Pages/Stop-the-Spread.aspx">https://www.health.pa.gov/topics/disease/coronavirus/Pages/Stop-the-Spread.aspx</a>

For more information on COVID-19, visit the Department of Health's website, <a href="https://www.health.pa.gov">www.health.pa.gov</a>.

#### ADDITIONAL RESOURCES

NFHS: Guidance for Opening Up High School Athletics and Activities (per update on May 2020): <a href="https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15">https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15</a> 2020-final.pdf

Centers for Disease Control – "What You Should Know About COVID-19 to Protect Yourself and Others"

CDC – Considerations for Youth Sports: <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html</a>

PA Department of Health – "Phased Re-opening Plan by Governor Wolf"

PA Department of Health – "Guidance for All Sports Permitted to Operate During COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletics, and the Public": https://www.governor.pa.gov/covid-19/sports-guidance/

PIAA – "Return to Competition: Individual Sport Considerations": <a href="http://www.piaa.org/assets/web/documents/Return">http://www.piaa.org/assets/web/documents/Return</a> to Competition.pdf

CDC COVID Screening: <a href="https://www.cdc.gov/screening/paper-version.pdf">https://www.cdc.gov/screening/paper-version.pdf</a>

NFHS Guidance for Return to High School Marching Band – July 9 2020 <a href="https://www.nfhs.org/media/3812337/2020-nfhs-guidance-for-returning-to-high-school-marching-band-activities.pdf">https://www.nfhs.org/media/3812337/2020-nfhs-guidance-for-returning-to-high-school-marching-band-activities.pdf</a>

NFHS Instrument Cleaning Guidelines – April 24, 2020 https://www.nfhs.org/articles/covid-19-instrument-cleaning-guidelines/

Aerosol Study Update 1 – July 13, 2020 https://www.nfhs.org/media/4029971/preliminary-recommendations-from-internationalperforming-arts-aerosol-study.pdf

Aerosol Study Update 2 – August 6, 2020 <a href="https://www.nfhs.org/media/4119369/aerosol-study-prelim-results-round-2-final-updated.pdf">https://www.nfhs.org/media/4119369/aerosol-study-prelim-results-round-2-final-updated.pdf</a>

News release for Aerosol Study Update 2 – August 6, 2020 <a href="https://www.nfhs.org/articles/second-round-of-performing-arts-aerosol-study-produces-encouraging-preliminary-results/">https://www.nfhs.org/articles/second-round-of-performing-arts-aerosol-study-produces-encouraging-preliminary-results/</a>