



# MAKING MEMORIES THAT LAST

YMCA GUIDES AND PRINCESSES | SOUTH HILLS

SPENCER FAMILY YMCA  
**GUIDES & PRINCESSES**  
PROGRAM

Serving the South Hills

Parent/Child Programs designed for children and their fathers who enjoy spending time with each other bonding over the outdoors.

## THE OUTDOORS AWAIT

As we navigate a new normal, we believe that the Y Parent/Child program is more important now than ever before. Dads and kids must be there for one another and we are proud to provide programming and resources to strengthen that bond.

The safety and well-being of our participants remains our top priority. We will make adjustments to our program year according to recommendations from state and local officials, but first thing's first: We want to provide you with the information you need now for a successful program year beginning in September.

### GUIDES & PRINCESSES ACTIVITIES:

- Weekend Cabin Retreats
- Ice Skating
- Snow Tubing
- Hiking
- Archery
- BB Guns
- Scavenger Hunts
- And so much more!

Scan here with your mobile device for more information!



### FOLLOW US FOR UPCOMING MEETINGS AND EVENTS

 @SHYMCAParentChild

 [spencerprincesses@ymcapgh.org](mailto:spencerprincesses@ymcapgh.org)  
[spencerguides@ymcapgh.org](mailto:spencerguides@ymcapgh.org)

 [pittsburghymca.org/guides&princesses](http://pittsburghymca.org/guides&princesses)

# FINDING A PATH TOGETHER

The YMCA of Greater Pittsburgh's Parent/Child program focuses on strengthening the father-child relationship through one-on-one activities. It's through these shared experiences that fathers and their children grow closer and form memories that last a lifetime.

The Y Parent/Child program is action-oriented. Throughout the years of the program, dads and kids focus on building community, strengthening spirit, mind and body, and contributing in acts of service. We accomplish these goals by providing a framework, as well as a calendar of events for dads and kids to attend throughout the year. Participants earn patches along the way and get to experience activities that they wouldn't do anywhere else!



## HOW DO I GET STARTED?

Register for the programs with the YMCA. Once registered you will be contacted by one of the leaders in the program.

### What are the costs?

\$110 (\$75 for Dad, \$35 per child) covers the Program Fee and qualifies you as a YMCA Program Participant. This Fee does not constitute a Facility Membership to the YMCA. Financial assistance is available.

### Are their mandatory meetings or events?

No. Attendance to all meetings and activities are purely at your own discretion. But the more you participate the better the program and your connection with your child grows. All activities are based on registration and pay for what you attend.

### How does the program differ from other programs ?

Our program is designed for fathers to spend quality time with their kids side by side. You will not be dropping your child off, or sitting by and watching them perform an activity. You will be engaged with them throughout the duration of your involvement in the program. You truly are signing up together.

### What is a tribe?

New members will be placed in a group with 6 to 10 other parent and children pairs. The groups are called tribes and are usually formed of kids that are in the same school or neighborhood.

For middle and high school aged kids, we have the Questors program for girls and the Trailblazers program for boys. These programs focus activities and events towards older kids and their interests.

