



Baldwin-Whitehall Youth Wrestling Association

Instilling in young athletes the ideals of good sportsmanship, honesty, loyalty, courage, and the fundamentals of wrestling.



Baldwin-Whitehall Wrestling
www.baldwinwrestling.com

Who can be a wrestler? All students (boys & girls) who are in grades Pre K-12 and live within the Baldwin-Whitehall School District. Wrestling is a relatively safe contact sport and is excellent for athletes of all shapes and sizes; however, due its physical nature it may not be suitable for all children. MS wrestlers should contact Mr. Bilbie (mbilbie@bwschools.net), HS wrestlers should contact Coach Krall (billykrall1@hotmail.com).

What level of participation is available? The BWYWA offers two programs:

1. **Little Highlanders** - for those 5 and 6 year olds starting out without the long commitment to practice and tournaments and the Keystone League, which practices twice weekly and lasts until mid-February. Little Highlanders will begin November 2nd every Saturday from 10-11am. There will be a final match against Mt. Lebanon at the end of the Little Highlander season.
2. **Keystone League Wrestlers** - begins November 4th for 1st and 2nd year wrestlers who will meet Monday's and Wednesday's from 6-7:30pm. November 5th will be the first practice for experienced wrestlers who will meet on Tuesday's and Thursdays from 6-8pm. Matches will be held at various schools on either Saturday's or Sunday's.

All practices are held in the Wrestling Room beneath the home side bleachers of the football stadium.

What equipment is needed? Little Highlanders only need shorts and Tee shirt, shoes are optional. Keystone League wrestlers are required to wear wrestling shoes, shorts, and a t-shirt for practice. Headgear (ear protection) and a singlet are required for matches. A competition singlet will be provided by the BWYWA.

Demonstration Night: If you are unsure about wrestling, we are offering a demonstration night on Tuesday October 1st to introduce new wrestlers and their parents to the sport. The event will run from 6:00 PM until 8:00 PM in the Wrestling room located beneath the High School Stadium. Coaching staff will discuss the concept of wrestling, what to expect, and how our organization operates. Coaches will discuss when and where practices will be held, and what equipment will be required. There will also be a demonstration of youth matches to illustrate the tempo of matches, scoring, and techniques used.

How much does it cost to participate? The registration fee for Little Highlanders is \$30 which includes a team t-shirt. The registration fee for the Keystone League is \$75 for the entire season which includes a team t-shirt, entry into all Keystone events. A \$50 singlet deposit check (postdated 3/16/18) is required at registration. A \$50 volunteer retainer check (postdated 3/16/18) is required at registration. The singlet deposit is refunded when the singlet is returned at the end of the season and the volunteer retainer is returned when the family has met the minimum 2 hours of volunteer service at matches and/or events. Families with two (2) or more wrestlers pay \$50 per wrestler. **All returned checks will be accessed a \$35 NSF fee by the BWYWA.** Please provide a non-returnable copy of your child's birth certificate for our records.

When and where is registration?

Sign up online at www.baldwinwrestling.com or at the in person sign up on Thursday, October 10th at Harrison Middle School Gym Lobby from 6 to 8 PM. Cash and checks only.

Feel free to contact us for more information – bwywboard@gmail.com