



AFTER SCHOOL FITNESS PROGRAM

Winter Workouts

Join the Fit Kids Factory and keep those kids moving throughout these colder months ahead! Our 6-week session will be a blast with new workouts, games, lessons, and healthy snacks.

Registration opened until 1/15

Early Bird until 1/2

Easy online registration at

<https://fitkidsfactory.com>



**FOR ADDITIONAL INFORMATION:
CALL COACH LAURA @412-401-3431**

REGISTER AT [HTTPS://FITKIDSFACORY.COM](https://fitkidsfactory.com)
CLICK AFTER SCHOOL PROGRAMS, SCROLL DOWN AND
FIND YOUR SCHOOL☺

MCANNULTY
ELEMENTARY

FRIDAYS
BEGINS JAN. 24TH

6-WEEK PROGRAM

ALL GRADES
WELCOME!

3:40 - 4:40 P.M.

COST \$62

PARENT PICK-UP

Fun Workouts, Obstacle
Courses, & Physical
Games

Healthy Snacks & "Try
Foods"

Interactive Lessons &
Activities about
Nutrition, Fitness, &
Health