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**Please join us Saturday October 20,2018**

**From 1:00 pm-3:00 pm**

**For The Baldwin Health Centers**

**Safe Trick or Treat.. Come in your best dressed costume!!**

**Crafts-and candy will all be provided**

**with light refreshments!**

**Please bring a non-parishable item**

**for the Rainbow Kitchen**

**Any questions please call Antoinette at 412-886-2804**

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| **Non-perishable food items:**   * Soups, preferably “hearty” or “chunky” * Stew & chili * Spaghetti sauce * Fruits & juices * Vegetables * Meat & fish * Peanut butter * Cereal, pasta, rice, noodles * Stuffing mix, instant potatoes * Meal-starters or side dishes * Special dietary needs:   + low-salt   + low-sugar   + sugar free * Infant formula | **Non-food items are also needed:**  *Just about any kind of toiletry, paper product, or household product is appreciated.  These items are not covered by food stamps, making it hard for low-income people to get basic necessities.*   * Household paper products, toilet paper * Dish & laundry detergent * Household cleaning products * Personal care items – soap, shampoo, deodorant, toothpaste, toothbrushes * Feminine hygiene products * Diapers – infant, toddler, adult * Children’s school supplies |