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**Please join us Saturday October 20,2018**

**From 1:00 pm-3:00 pm**

**For The Baldwin Health Centers**

**Safe Trick or Treat.. Come in your best dressed costume!!**

**Crafts-and candy will all be provided**

**with light refreshments!**

**Please bring a non-parishable item**

**for the Rainbow Kitchen**

**Any questions please call Antoinette at 412-886-2804**

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| **Non-perishable food items:*** Soups, preferably “hearty” or “chunky”
* Stew & chili
* Spaghetti sauce
* Fruits & juices
* Vegetables
* Meat & fish
* Peanut butter
* Cereal, pasta, rice, noodles
* Stuffing mix, instant potatoes
* Meal-starters or side dishes
* Special dietary needs:
	+ low-salt
	+ low-sugar
	+ sugar free
* Infant formula
 | **Non-food items are also needed:***Just about any kind of toiletry, paper product, or household product is appreciated.  These items are not covered by food stamps, making it hard for low-income people to get basic necessities.** Household paper products, toilet paper
* Dish & laundry detergent
* Household cleaning products
* Personal care items – soap, shampoo, deodorant, toothpaste, toothbrushes
* Feminine hygiene products
* Diapers – infant, toddler, adult
* Children’s school supplies
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