

# myCare Navigator<sup>SM</sup>

HELP IS JUST A PHONE CALL AWAY



## TOP REASONS TO CALL US...



### LOCATE PROVIDERS

Whether they need a primary care physician or specialized care, myCare Navigator helps members find a network doctor who meets their needs.



### SHARE MEDICAL RECORDS

myCare Navigator can help members by requesting that their medical records (including lab results and imaging) be transferred or shared among new or existing providers.



### MAKE INFORMED CARE DECISIONS

myCare Navigator can direct members to information and resources to make informed, appropriate care decisions.



### MANAGE CARE COSTS

Whether it's help with a care claim or assistance with provider billing, myCare Navigator helps members understand and manage their care costs.



### MAKE APPOINTMENTS

myCare Navigator helps members get an appointment promptly – even with hard-to-reach specialists.



### UNDERSTAND PHARMACY

Generic drug vs. brand? What's a formulary? Should you be using a mail order service? myCare Navigator gets the answers that can help members save money.



### LOCATE HELPFUL SERVICES

myCare Navigator helps members find resources and services to help provide support for elderly parents or children with special needs.



### ONE NUMBER FOR ALL YOUR ANSWERS!

**CALL 1-888-BLUE-428**

## YOUR DEDICATED HEALTH ADVOCATE

Call myCare Navigator for answers to your questions and help with these and other care issues. This helpful service is available to you and to your spouse, parents, parents-in-law and dependent children free of charge and free of hassles!