

2024

# BALDWIN-WHITEHALL HIGH SCHOOL (7-12)

## BREAKFAST MENU JANUARY 2024

Milk Choices:

Fat-Free Unflavored  
Low-Fat 1% Unflavored

Ala Carte Milk: \$.50

Mid-Morning Hunger Buster

Students can select a Whole Grain  
Snack Bar or Fresh Fruit with  
their student breakfast at  
no cost to students.

Breakfast Meal Includes:

- § Choice of Whole Grain  
Entrees (Credits for 2 WG component)
- § Choice of 1 100% Fruit Juice
- § Choice of 1 Fruit
- § Choice of 1 Milk
- And
- \*A Mid-Morning Hunger Buster Snack

Students must choose at least 3 meal  
components with 1 of the 3 being either Fruit  
or 100% Fruit Juice.

**Grab & Go Breakfast Carts  
are located in  
the main hallways.**

Students can grab a  
breakfast to enjoy on the  
way to their classroom.

**BREAKFAST MEAL PRICES**

**FREE TO ALL Students  
ENROLLED**

**Students are permitted one  
free breakfast per day.**

*Menu is subject to change.*



**Meal Benefits Under National School Lunch Program -**

If you feel you may qualify for meal benefits, please go to [www.schoolcafe.com](http://www.schoolcafe.com) and complete a meal application online.  
Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2023, please apply for meal benefits now. If you received a direct Certification letter from BWSD after July 1, 2023 stating that you qualify for the 2023-2024 school year, you do not have to complete a meal application.

**Meal Charge Policy -**

Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at [www.bwschools.net](http://www.bwschools.net) for more information. Here you will find the Board Policy 808.1 for your reference.

Menu is subject to change: Food supply chains are being impacted by the lack of labor, materials, transportation drivers and more causing shortages of food and beverages. Please follow us on Twitter for the most up-to-date menu changes occurring at your school.

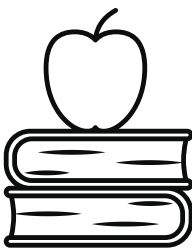
Follow us on Twitter @BWFOODSERVICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

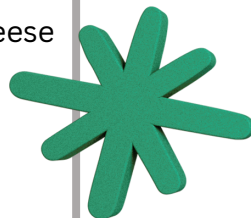
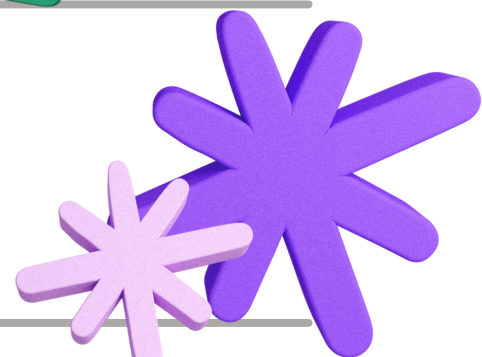
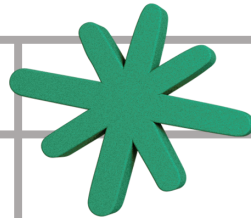
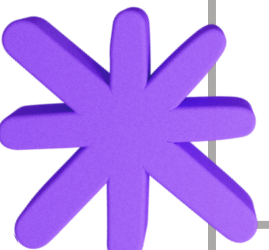
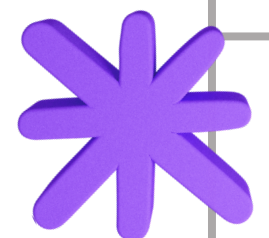
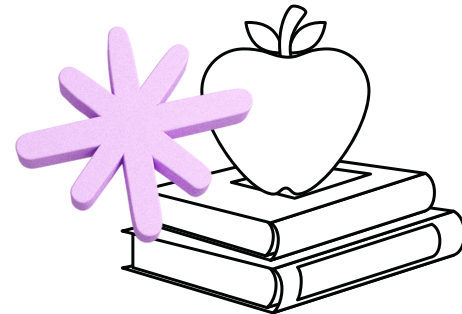
School Year 2023-2024



# BREAKFAST CHOICES



## BALDWIN HIGH/MIDDLE SCHOOL (7-12) BREAKFAST MENU JANUARY-2024



School Year 2023-2024

2024



2024

2024

2024

2024

\*\*Assorted Fresh Fruits offered daily\*\*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b> January 8-12	Mini Chocolate Donuts or Pancake & Sausage on a Stick  Fruit & Apple Juice Assorted Fresh Fruit Cocoa Cherry Nutrition Bar	Dunkin Sticks or Egg, Cheese & Bacon Croissant  Orange or Apple Juice Assorted Fresh Fruit Cinnamon Toast Cereal Bar	Fudge Pop Tarts or Chicken Sausage & Cheese Waffle Sandwich  Apple & Fruit Juice Assorted Fresh Fruit Benefit Bar	Lemon Bread Slice & <i>Yogurt Smoothie</i> or Egg & Cheese Biscuit Fruit Punch or Apple Juice Assorted Fresh Fruit Cocoa Cherry Nutrition Bar	Goody Ring or Egg & Cheese & Sausage English Muffin Apple Orange Juice Assorted Fresh Fruit Nutri-Grain Bar
<b>Week 2</b> January 15-19	NO SCHOOL	Cherry Muffin or Mini Egg & Cheese Bites  Orange or Apple Juice Assorted Fresh Fruit Cinnamon Toast Cereal Bar	Pull-Apart Glazed Donut or Mini Waffles  Apple & Fruit Juice Assorted Fresh Fruit Benefit Bar	Pumpkin Swirl Roll or Egg & Cheese Biscuit  Orange or Apple Juice Assorted Fresh Fruit Cocoa Cherry Nutrition Bar	Mini Powder Sugar Donuts or Toasted Bagel w/Cream Cheese  Apple & Orange Juice Assorted Fresh Fruit Nutri-Grain Bar
<b>Week 3</b> January 22-26	Mini Powder Sugar Donuts or Chicken Sausage & Cheese Waffle Sandwich Apple & Fruit Juice Assorted Fresh Fruit Cocoa Cherry Nutrition Bar	Banana Bread Slice or Egg, Cheese & Bacon Croissant  Orange or Apple Juice Assorted Fresh Fruit Cinnamon Toast Cereal Bar	Cinamon Crumble Coffee Cake or Mini Pancakes  Apple & Fruit Juice Assorted Fresh Fruit Benefit Bar	Blueberry Donut Holes or Egg & Cheese Biscuit  Orange or Apple Juice Assorted Fresh Fruit Cocoa Cherry Nutrition Bar	Goody Ring or Egg, Cheese & Sausage English Muffin Apple & Orange Juice Assorted Fresh Fruit Nutri-Grain Bar
<b>Week 4</b> January 29-31	Mini Chocolate Donuts or Pancake & Sausage on a Stick  Apple & Fruit Juice Assorted Fresh Fruit Cocoa Cherry Nutrition Bar	Cinnamon Pop Tart or Egg, Cheese & Bacon Croissant  Orange or Apple Juice Assorted Fresh Fruit Cinnamon Toast Cereal Bar	Powder Sugar Donut Holes or Mini Waffles  Apple & Fruit Juice Assorted Fresh Fruit Benefit Bar	Celebrating National Milk Day on January 11  <i>Yogurt Smoothies offered for breakfast</i>	