



# BALDWIN MIDDLE & HIGH SCHOOL (7-12)

## LUNCH MENU JANUARY 2024



### THE BALDWIN SLICE PIZZERIA

Cheese Pizza  
Pepperoni Pizza

TASTE IT  
TUESDAY

SAVORY SAUSAGE  
PIZZA



### Chicken N' Stuff

**Monday**

Chicken Tenders w/Cheese Breadstick

**Tuesday**

Chicken Sandwich

**Wednesday**

Chicken Parmesan Sandwich

**Thursday**

Hot & Spicy Chicken Sandwich

**Friday**

Chicken Rice Bowl w/Egg Roll



*The Leafy  
Green*

*Daily Featured Salads:*

*Buffalo Chicken Salad*

*Vegetarian Salad*

*Chef's Salad*



### HIGHLANDER DELI



**Monday.....Fruit & Yogurt Parfait &  
Turkey Ham & Cheese /Sliders**

**Tuesday..... TBLT Sandwich**

**& Turkey & Swiss/Sliders**

**Wednesday....Ham & Cheese on a Kaiser &  
Italian Hoagie**

**Thursday..... Buffalo Chicken Wrap**

**Friday.....Fruit & Yogurt Parfait**

### CENTRAL CAFE GRILL

**Cheeseburger  
Hamburger**

**Grilled Cheese Sandwich**

**Friday's Special Grill**  
**Ham & Cheese Pretzel Melt**

**Taste it Tuesday Burgers**  
**Steakhouse  
Cheeseburger**

School Year 2023-2024

### What Items Are Included In A High/Middle School Lunch?

#### Five Meal Components

Meat/Meat Alternate – 1 Choice

Whole Grain – 2 Choices

Vegetable – 2 Choices

Fruit – 2 Choices & **BMS:1** -Choice

Milk – 1 Choice

Students must take **at least 3 of the 5**  
components with **1 of the 3** components  
being a fruit or vegetable.

### Lunch Meal Prices:

**Paid: \$4.00**

**Reduced Price: \$.0**

#### **Milk Choices:**

**Fat-Free Unflavored**  
**Low-Fat 1% Unflavored**  
**Fat-Free Flavored**

#### **Meal Benefits-**

If you feel you may qualify for meal benefits, please go to [www.schoolcafe.com](http://www.schoolcafe.com) and complete a meal application online.

Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2023, please apply for meal benefits now. If you received a direct Certification letter from BWS D after July 1, 2023 stating that you qualify for the 2023-2024 school year, you do not have to complete a meal application.

#### **Meal Charge Policy -**


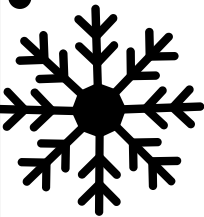
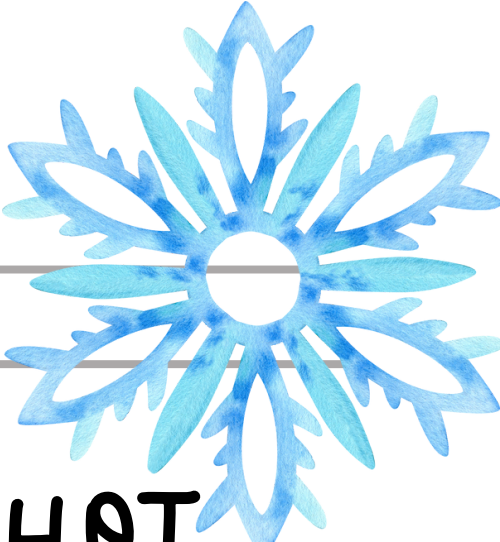

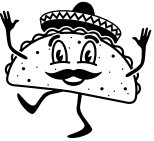

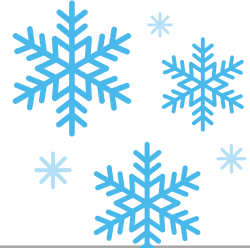
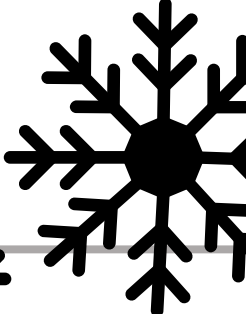

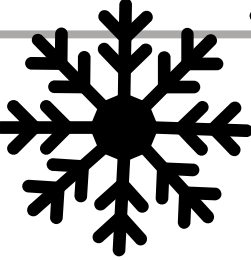

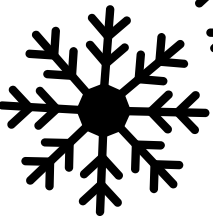
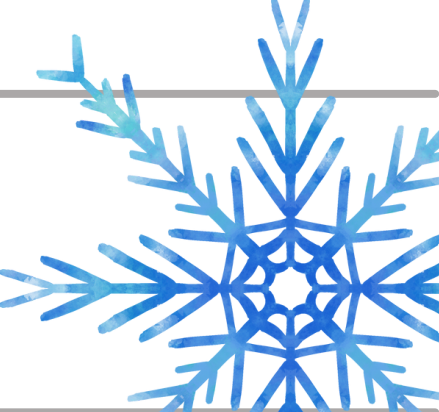
Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at [www.bwschools.net](http://www.bwschools.net) for more information. Here you will find the **Board Policy 808.1** for your reference.

Menu is subject to change: Please follow us on Twitter for the most up-to-date menu changes occurring at your school.  
Follow us on Twitter @BWFOODSERVICE

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

# SPECIAL FEATURED ENTREES

## BALDWIN MIDDLE & HIGH SCHOOL (7-12) LUNCH MENU JANUARY 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Week 1</b> January 1-5	Taste it Tuesday Program will Resume in January	National Soup Month National Popcorn Month			Celebrating National Milk Day on Jan. 11	 <b>HOT Cocoa</b>
<b>Week 2</b> January 8-12	Meatless Monday Vegetarian Cheesy Nachos	Taste It Tuesday BBQ Chicken Nachos w/Frito's Corn Chips	Highlander Mash Bowl 	Double Chili & Cheese Dogs w/Corn Chips	Walking Tacos 	<b>WEATHER</b> 
<b>Week 3</b> January 15-19	NO SCHOOL 	Taste It Tuesday Chicken Tortilla Soup w/Corn Chips	BBQ Chicken Nachos w/Frito's Corn Chips	Meatball Hoagie Topped w/Mozzarella Cheese	Hot & Spicy Popcorn Chicken w/Dinner Roll	
<b>Week 4</b> January 22-26	Meatless Monday Potato & Cheese Filled Pierogies w/Garlic Breadstick	Taste It Tuesday Street Tacos Seasoned Beef & Cilantro Lime Rice Fresh Salsa	Highlander Mash Bowl 	Chicken Tortilla Soup w/Corn Chips	Philly Cheesesteak Hoagie	
<b>Week 5</b> January 29 -31	Meatless Monday Pizza Calzone w/Savory Dipping Sauce	Taste It Tuesday Chicken Tikka Masala Pita Sandwich	Street Tacos Seasoned Beef & Cilantro Lime Rice 			

\*\*Assorted Fruits and Vegetables offered daily\*\*

School Year 2023-2024