

AT HOME REHEATING INSTRUCTIONS (INDICATES PREFERRED REHEATING METHOD)**

Please store in refrigerator or freezer until ready to cook. If refrigerated, discard if not used in 7 days.

ALL FOOD ITEMS NEED TO BE HEATED TO A MINIMUM INTERNAL TEMPERATURE OF 165 °F FOR OPTIMAL FOOD SAFETY UNLESS OTHERWISE STATED BELOW!

Breakfast Menu Items	Oven or Stovetop Instructions	Microwave Instructions
Mini French Toast/Mini pancakes/Waffles	Leave in packaging. Bake @ 350°F for 4-5 minutes until warm**	Remove from packaging. Place on microwave safe plate. Heat 1-2 minutes.
Bagel & Jelly	Thaw & Serve or Remove from packaging and Heat in oven 300F for 3-4 minutes	Remove from packaging & heat for one minute.
Pancake Wrapped Sausage on a Stick	Item may be left in packaging or unwrapped. Place on baking sheet and heat @ 350F for 8-10 minutes until hot.**	Remove from packaging. Cover with paper towel & heat 1-2 minutes.
Donuts/Coffee Cake/Pastries	No Heating required. Thaw & Serve	
French Toast Sticks	Leave in packaging. Bake @ 350°F for 8-10 minutes until internal temperature reaches 165F	Remove from package & place on a microwave safe plate. Cover with paper towel & heat for 1-2 minutes.
Cereal Bowls	No Heating required.	
Bagel-Fulls & Mini Cinis	Thaw & Serve or Remove from packaging and Heat in oven 300F for 3-4 minutes	Remove from packaging & heat for one minute.
Lunch Menu Items	Oven or Stovetop Instructions	Microwave Instructions
Mini Corn Dogs Corn Dog on a Stick	Remove from packaging & place on baking pan. Heat until internal temperature reaches 165F.	Remove from packaging. Place on microwave safe plate. Heat 3-4 minutes or until internal temperature reaches 165F.
Ravioli & Marinara Sauce Mac & Cheese	Remove from packaging & place in baking pan. Heat until internal temperature reaches 165F.	Remove from packaging. Place on microwave safe plate & cover with paper towel. Heat 4-5 minutes, stirring halfway through. Heat until internal temperature reaches 165F.

Cheese Pizza		Remove from Package & place on oven rack. Cook in a preheated oven at 325F for 7 to 10 minutes or until the cheese is melted OR Cook on a baking sheet for 8-11 minutes.**	Remove from packaging. Place on microwave safe plate. Cook 1-2 minutes.
Lunch Menu Items		Oven or Stovetop Instructions	Microwave Instructions
Grilled Chicken Breaded Chicken Sandwich Philly Sandwich Sandwich	Chicken Chicken Parmesan	Remove from package & place in a baking pan. Cook for 15-20 minutes at 350F. Product must reach 165F internally.	Remove from packaging. Wrap in paper towel and place on microwave safe plate. Heat 2-3 minutes.
BBQ Pulled Pork w/Bun & BBQ Chicken Sandwich		Remove from package & place in a pan. Heat on stove top, stirring occasionally for 10 minutes. Product must reach 165F internally.**	Remove from packaging. Place on microwave safe plate & cover with paper towel. Heat 4-5 minutes, stirring halfway through. Heat until internal temperature reaches 165F.
Orange Chicken & Rice Bowl, Sweet & Sour Rice Bowl, Cherry Blossom Chicken Rice Bowl Tso's Chicken & Rice Bowl	General	Remove from package & place in a baking pan. Cook for 15-20 minutes at 350F. Product must reach 165F internally.	Remove from packaging. Place on microwave safe plate & cover with paper towel. Heat 4-5 minutes, stirring halfway through. Heat until internal temperature reaches 165F.
Chicken Tenders Popcorn Chicken		Remove from packaging & place on baking pan. Heat until internal temperature reaches 165F. **	Remove from packaging. Place on microwave safe plate. Heat 4-5 minutes or until internal temperature reaches 165F.
Frozen Vegetable Items		Oven or Stovetop Instructions	Microwave Instructions
Carrots/Broccoli/Green Peas/Green Beans/Baked Beans/Corn		Remove from packaging. Place in a small saucepan with a small amount of water. Boil until heated through, (135F or higher).	Remove from packaging. Place on microwave safe dish with a small amount of water. Heat 2-3 minutes, stirring halfway through.
Frozen Potato Items		Oven or Stovetop Instructions	Microwave Instructions
French Fries/Tots/Wedges/Sweet Potato Fries		Remove from packaging. Place on sheet pan. Bake at 400F for 4-6 minutes, turning halfway through. **	Remove from packaging. Place on microwave safe plate. Heat 2-3 minutes, turn product halfway through.

PLEASE DISCARD ANY FOOD LEFT AT ROOM TEMPERATURE MORE THAN 2 HOURS DUE TO POTENTIAL SAFETY RISK.

BWSD - This intuition is an equal opportunity provider and employer.

