## BALDWIN-WHITEHALL ELEMENTARY **BREAKFAST MENU JANUARY 2024**



## **Milk Choices:**

**Fat-Free Unflavored** Low-Fat 1% Unflavored

Ala Carte Milk: \$.50

2023-2024



All grains used are Whole Grain products.

## **Breakfast Meal Includes:**

**§ Choice of Whole Grain Entree** (Credits for 2 WG components) § Choice of 1 100% Fruit Juice **§ Choice of 1 Fruit** § Choice of 1 Milk

Students must choose at least 3 meal components with 1 of the 3 being either Fruit or 100% Fruit Juice.



**Offer Versus Serve Option:** 

Students are offered 5-meal components.

Students must select at least 3 components with 1 being a fruit component.



Meal Benefits Under National School Lunch Program -

If you feel you may qualify for meal benefits, please go to www.schoolcafe.com and complete a meal application online. Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2023, please apply for meal benefits now. If you received a direct Certification letter from BWSD after July 1, 2023 stating that you qualify for the 2023-2024 school year, you do not have to complete a meal application.



Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at www.bwschools.net for more information. Here you will find the Board Policy 808.1 for your reference.

Menu is subject to change: Please follow us on Twitter for the most up-to-date menu changes occurring at your school.

Follow us on Twitter @BWFOODSERVICE



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Students are permitted one free breakfast per day.

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**Fresh Pear** 

Milk

**Whole Apple** 

Milk

**Orange Wedges** 

Milk

**Apple Slices** 

Milk

BREAKFAST MENU **Tuesday** Wednesday **Thursday Friday** Monday **Goody Ring Egg & Cheese Banana Bread Blueberry Maple Waffle** Muffin Croissant Week 4

JAN. 22-26

Week 5

JAN. 29-31

**Apple Juice Dried Fruit Mix** Milk

**Berry Juice Apple Slices** 

**Apple Juice Fresh Banana** Milk

**Fruit Punch** Juice **Whole Apple** Milk

**Apple Juice Orange Wedges** Milk

**French Toast** 



**Apple Juice Seasonal Fruit**  **Mini Chocolate Donuts** 

Milk

**Orange Tangerine** Juice **Apple Slices** Milk

Mini **Pancakes** 

**Apple Juice Seasonal Fruit** Milk





Milk



- Pork is not offered on the menu.
- Nuts, Peanuts or Tree Nuts are not used for the breakfast menu.
- Seafood/Fish is not offered on the elementary menu.
- Beef entrees are identified as Beef, (B) & normally is not on the breakfast
- Donuts/pastries are made with whole grains & are baked -not fried.
- All Juice served are 100% fruit juice & credits to a 1/2 cup serving of fruit.







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