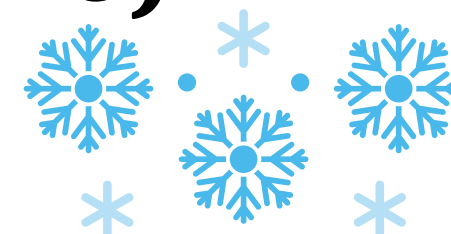


# BALDWIN WHITEHALL ELEMENTARY (K-5)

## LUNCH MENU JANUARY 2024



**Lunch Meal Prices:**  
**Paid: \$3.30**  
**Reduced Price: \$.0**

Milk is included with the meal.

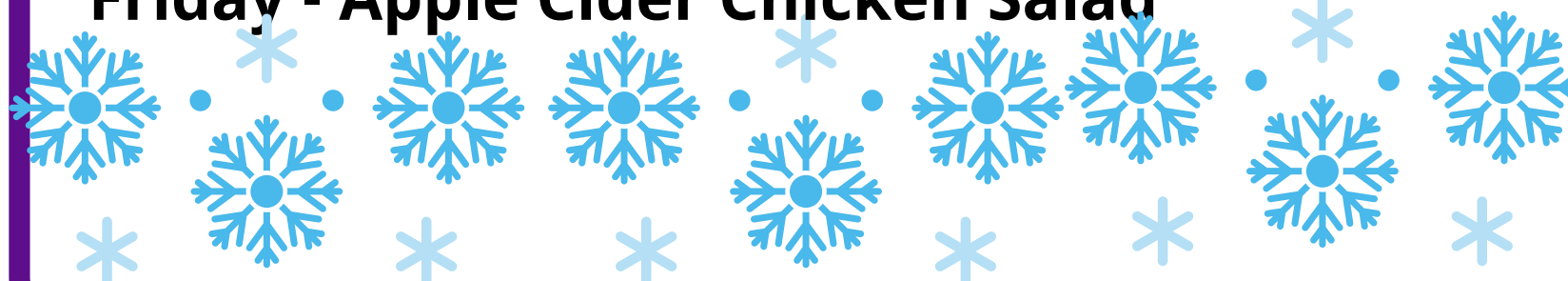
**Milk Choices:**  
**Fat-Free Unflavored**  
**Low-Fat 1% Unflavored**  
**Fat-Free Flavored**

**Ala Carte Milk: \$.50**

### Daily Featured Salad: **Vegetarian Salad**



**Monday -Vegetarian Salad**  
**Tuesday - Chef's Salad**  
**Wednesday - Chef's Salad**  
**Thursday - Apple Cider Chicken Salad**  
**Friday - Apple Cider Chicken Salad**



### **DAILY DELI SELECTIONS**

**Ham (T) & Cheese Sandwich (T)**  
**Cheese Sandwich (V)**  
**Uncrustable PB&J Sandwich (V)**  
**Deli Nacho Box (V)**  
**Highlander Meal Box (T)**

Identification Code:  
 T = Made with Turkey Meat and V = Vegetarian

### **What Items Are Included In A School Lunch?** **Five Meal Components**

Meat/Meat Alternate – 1 Choice  
 Whole Grain – 2 Choices  
 Vegetable – 2 Choices  
 Fruit – 1 Choice  
 Milk – 1 Choice

**Students must take at least 3 of the 5 meal components with 1 of the 3 components being a fruit or vegetable.**

*Menu is subject to change.*

### **Vegetarian Meal Options:**

- Vegetarian Salad
- Grilled Cheese Sandwich
- Spicy Grilled Cheese Sandwich
- Deli Nacho Entree
- Deli Cheese Sandwich
- Uncrustable PB&J Sandwich
- Other Entrees w/vegetarian Code (V)



**Meal Benefits-**  
 If you feel you may qualify for meal benefits, please go to [www.schoolcafe.com](http://www.schoolcafe.com) and complete a meal application online.  
 Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2023, please apply for meal benefits now. If you received a direct Certification letter from BWSO after July 1, 2023 stating that you qualify for the 2023-2024 school year, you do not have to complete a meal application.


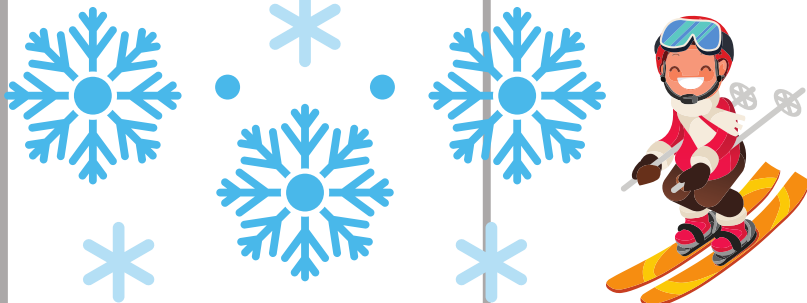


**Meal Charge Policy -**  
 Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at [www.bwschools.net](http://www.bwschools.net) for more information. Here you will find the Board Policy 808.1 for your reference.

Menu is subject to change: Food supply chains are being impacted by the lack of labor, materials, transportation drivers and more during the COVID Pandemic, causing shortages of food and beverages. Please follow us on Twitter for the most up-to-date menu changes occurring at your school.  
 Follow us on Twitter @BWFOODSERVICE



# ELEMENTARY SCHOOL (K-5)

## LUNCH MENU JANUARY 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Week 1</b> Jan. 1-5				<b><u>Milk Choices Offered at Lunch:</u></b>  Unflavored Low-Fat Milk Fat-Free Milk Flavored Fat-Free Milk  <small>Milk is included with the lunch meal.</small>		
<b>Week 2</b> Jan. 8-12	<b>Popcorn Chicken</b>  Baked Beans Baby Carrots Applesauce	<b>Pizza Calzone</b>  Green Beans Fresh Cucumber Slices Diced Peaches	<b>Breaded Chicken Sandwich</b>  French Fries Fresh Celery Sticks Raspberry Fruit Sorbet	<b>Walking Taco Day</b> Turkey Taco Meat & Cheese Whole Grain Chips  Salsa Cup Sweet Corn Orange Wedges	<b>Cheesy Pizza</b>  Warm Broccoli Tossed Salad w/Italian Dressing Fresh Banana	
<b>Week 3</b> Jan. 15 - 19		<b>Chicken Nuggets</b>  Sunshine Carrots Coleslaw Fruit Sorbet	<b>Turkey Corn Dogs</b>  Potato Smiles Cucumber Slices Pineapple Tidbits	<b>Breakfast For Lunch</b> Mini pancakes, Eggs, Turkey Sausage Vegetable juice Orange Wedges	<b>Cheesy Round Pizza</b>  Warm Carrots Spinach Salad Fresh Apple	
<b>Week 4</b> Jan. 22 - 26	<b>Pizza Crunchers</b> w/Savory Dipping Sauce  California Vegetable Blend Cherry Fruit Sorbet	<b>Walking Taco Day</b> Turkey Taco Meat & Cheese Whole Grain Chips Marinated Black Beans Salsa Cup, Sweet Corn Applesauce	<b>Cheese-Filled Breadstick &amp; Beef Meatballs (B)</b> w/Savory Sauce Green Beans Fresh Cauliflower Fresh Grapes	<b>Chicken Tenders</b>  Tatar Tots Baby Carrots Fresh Pear Pretzel Treat	<b>Cheesy Pizza</b>  Parmesan Broccoli Fresh Vegetable Medley Seasonal Fruit	
<b>Week 5</b> Jan. 29 - 31	<b>Superman Nachos</b> Turkey Taco Meat & Cheese Whole Grain Chips Salsa Cup Sweet Corn, Warm Churro, Applesauce	<b>Breakfast For Lunch</b>  Mini pancakes, Eggs, Turkey Sausage Vegetable juice Mandarin Oranges	<b>Cheeseburger</b>  French Fries Legume Pasta Salad Apple Slices			

**\*\*Assorted Alternate Deli Entrees , Fruits and Vegetables offered daily\*\***

**School Year 2023-2024**

