

Cabbage | Sources

Cabbage Materials - Sources

A Nutrition Fact Sheet – Cabbage. Montana State University Extension.

(https://buyeatlivebetter.org/main_documents/factsheets/factsheet%20vegetables-cabbage.pdf)

Cabbage. South Dakota Harvest of the Month.

(<https://healthysd.gov/cabbage/?left=408&big10=29>)

Cabbage. Tufts University. New Entry Sustainable Farming Project.

(<https://nesfp.org/world-peas-food-hub/world-peas-csa/produce-recipes/cabbage>)

Green Cabbage. University of Arizona. College of Agriculture and Life Sciences.

(<https://cals.arizona.edu/fps/sites/cals.arizona.edu/fps/files/cotw/cabbage.pdf>)

Pennsylvania Produce: A Guide to Produce Grown in Pennsylvania. Penn State Extension.

(<https://extension.psu.edu/pennsylvania-produce-a-guide-to-quality-produce-grown-in-pa>)

Top 10 Ways to Enjoy Cabbage. Produce for Better Health Foundation.

(<https://fruitsandveggies.org/stories/top-10-ways-to-enjoy-cabbage/>)

Watch Your Garden Grow – Cabbage. University of Illinois Extension.

(<https://web.extension.illinois.edu/veggies/cabbage.cfm>)

Procuring Harvest of the Month Items

A Guide to Local Produce in Keystone Schools. The Food Trust.

(<http://thefoodtrust.org/pa-f2s-regional-connections>)

Directory of Pennsylvania Produce Auctions. Pennsylvania Vegetable Marketing & Research Program. (<https://www.paveggies.org/directory/produce-auctions/>)

PA Preferred website (<https://papreferred.com/a/directory/categories>)

Welcome to AgMap! Penn State Extension. (<https://agmap.psu.edu>)



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Check out the PA Harvest of the Month website (www.paharvestofthemonth.org) for sources, additional resources, and recipes.