

# Sweet Potato | Sources

## Sweet Potato Materials - Sources

**About Sweet Potatoes.** United States Sweet Potato Council.  
(<https://sweetpotatousa.org/about-sweet-potatoes/>)

**Pennsylvania Produce: A Guide to Produce Grown in Pennsylvania.** Penn State Extension. (<https://extension.psu.edu/pennsylvania-produce-a-guide-to-quality-produce-grown-in-pa>)

**Sweet Potato.** Tufts University. New Entry Sustainable Farming Project.  
(<https://nesfp.org/world-peas-food-hub/world-peas-csa/produce-recipes/sweet-potato>)

**Sweet Potato and Black Bean Salad.** New School Cuisine: Nutrition and Seasonal Recipes for School Cooks by School Cooks. Vermont Agency of Education, Vermont FEED.

**Sweet Potatoes, Fresh.** Household USDA Foods Fact Sheet. United States Department of Agriculture.  
([https://choosemyplate-prod.azureedge.net/sites/default/files/factsheet/HHFS\\_SWEET%20POTATOES\\_FRESH\\_Dec%202012.pdf](https://choosemyplate-prod.azureedge.net/sites/default/files/factsheet/HHFS_SWEET%20POTATOES_FRESH_Dec%202012.pdf))

**The Nutrition Source – Sweet Potatoes.** Harvard T. H. Chan School of Public Health.  
(<https://www.hsph.harvard.edu/nutritionsource/food-features/sweet-potatoes/>)

## Procuring Harvest of the Month Items

**A Guide to Local Produce in Keystone Schools.** The Food Trust.  
(<http://thefoodtrust.org/pa-f2s-regional-connections>)

**Directory of Pennsylvania Produce Auctions.** Pennsylvania Vegetable Marketing & Research Program.  
(<https://www.paveggies.org/directory/produce-auctions/>)

**PA Preferred website** (<https://papreferred.com/a/directory/categories>)

**Welcome to AgMap!** Penn State Extension. (<https://agmap.psu.edu>)

**Farm Market Finder.** Penn State Extension. (<https://extension.psu.edu/farm-market-finder>)



Developed by the Pennsylvania Department of Education and Penn State University (Project PA).

This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organization imply endorsement by the U.S. Government. USDA is an equal opportunity provider, employer, and lender.

Check out the PA Harvest of the Month website ([www.paharvestofthemoth.org](http://www.paharvestofthemoth.org)) for sources, additional resources, and recipes.