

January 2019

Baldwin High School Lunch Menu

Lunch Meal Prices:

Paid: \$2.60

Reduced Price: \$.40

Highlander Meal: \$3.00

*Please review Board Policy 808.1,
Meal Charges, at
www.bwschools.net*

Highlander Meal Price \$3.00

Highlander Chicken Menu

**Monday – Popcorn Chicken or
Chicken Tenders** (Alternates Weekly)

New for January... Hot & Spicy Tenders

Tuesday – Hot & Spicy Chicken

Wednesday – *Wing-It Wednesday*

January Special... Bone-In Wings

**Thursday – Breaded Chicken
Sandwich**

Friday – Special Featured Item

Highlander Pizzeria Menu

**Daily – Big Daddy’s Primo Cheese
and Pepperoni Pizza**

Tuesday – Buffalo Chicken Pizza

Thursday – Vegetable Lover’s Pizza

Friday – Specialty Pizza

What Items Are Included In A High School Lunch?

Five Meal Components

Meat/Meat Alternate – 1 Choice

Whole Grain – 2 Choices

Vegetable – 2 Choices & Unlimited Fresh Vegetables

Fruit – 2 Choices

Milk – 1 Choice

*Students must take at least 3 of the 5 components
with 1 of the 3 components being a fruit or vegetable.*

Grill Station Meal Price \$2.60

- Daily - Hamburgers/Cheeseburgers
- Monday, Wednesday & Friday - Nachos
- Tuesday - Cheese-Filled Bread Sticks
- Wednesday – Hot Italian Hoagie
- Thursday – BQ Pulled Turkey Hoagie & Pretzel Sticks w/Cheese Sauce
- Friday – Special Featured Entree



Milk Choices:

Fat-Free Unflavored

Low-Fat 1% Unflavored

Fat-Free Flavored

Ala Carte Price...\$.50

Food Stations Available Daily:

- Grill Station
- Pizza Station
- Chicken Station
- Salad Bar
- Hot Vegetables
- Specialty Bar Days

Specialty Bar Meal Price \$3.00

Tuesday:

Taco Tuesday Bar Day

Thursday:

*Asian Bar Day or Breakfast For
Lunch Bar (Alternates Weekly)*

Vegetarian/Vegan Meal Price \$2.60

Vegetarian Entrées Available Daily.

Special Featured Vegan Entrée:
Available Monday & Thursday.

January 2019

Baldwin High School Breakfast Menu

Breakfast Meal Price:

**Paid - \$1.40
Reduced - \$.30**

Milk Choices:

**Fat-Free Unflavored
Low-Fat 1% Unflavored
Fat-Free Flavored**

**Milk is included with a meal.
Ala Carte Price: \$.50**

Menu is subject to change.

**This institution is an equal opportunity
provider and employer.**

Meal Benefits

If you feel you may qualify for meal benefits, please go to www.schoolcafe.com and complete a meal application online.

Meal benefits are good for only one school year. If you have not reapplied for the new school year **after July 1, 2018**, please apply for meal benefits now. If you received a direct Certification letter from BWSD **after July 1, 2018** stating that you qualify for the 2018-2019 school year, you do not have to complete a meal application.

Board Policy 808.1, Meal Charges, is posted on the website. www.bwschools.net

Breakfast Meal Includes:

- Choice of 2 Whole Grain Entrees
- Choice of 1 100% Fruit Juice
- Choice of 1 Fruit
- Choice of 1 Milk

Students must choose at least 3 meal components with 1 of the 3 being either Fruit or 100% Fruit Juice.



Breakfast Is Served Daily.

Grab & Go Breakfast Service

Students can choose either a hot entrée meal or cold entrée meal featured at the grab & go breakfast cart next to the entrance for students. Students can grab a breakfast and head directly to class.

Second Chance Breakfast is offered at the Baldwin Bean Coffee Shop during periods 1 & 2.

Grab & Go Breakfast Meal:

Entrees equal 2 whole grain meal components.

Daily Special - Fruit & Yogurt Smoothies & Cereal Bar

**Monday – Muffins or Breakfast Sandwich
Tuesday – Mini Donuts or Breakfast Sandwich
Wednesday – Special Pastry or Breakfast Sandwich
Thursday – Cereal Bars or Breakfast Sandwich
Friday – Coca/Cherry Bars or Special Featured Hot Entrée**

Choice of Milk, Juice & Fresh Fruit is included

Follow us on Twitter
@BWFOODSERVICE
for events & news.