

September 2019

Baldwin High School Lunch Menu

Lunch Meal Prices:

Paid: \$2.75

Reduced Price: \$.40

Highlander Meal: \$3.15

*Please review Board Policy 808.1,
Meal Charges, at
www.bwschools.net*

Highlander Meal Price \$3.15

Highlander Chicken Menu

Monday – Chicken Tenders

Tuesday – Hot & Spicy Chicken

Wednesday – *Wing-It Wednesday*

**Thursday – Breaded Chicken
Sandwich**

Friday – Popcorn Chicken

Highlander Pizzeria Menu

Daily:

Big Daddy's Primo Cheese

Big Daddy's Pepperoni Pizza

Tuesday: Special Featured Pizza

Garlic Chicken Pizza

Friday: Special Featured Pizza

Stuffed Crust Pizza

What Items Are Included In A High School Lunch?

Five Meal Components

Meat/Meat Alternate – 1 Choice

Whole Grain – 2 Choices

Vegetable – 2 Choices & Unlimited Fresh Vegetables

Fruit – 2 Choices

Milk – 1 Choice

*Students must take at least 3 of the 5 components
with 1 of the 3 components being a fruit or vegetable.*

Grill Station Meal Price \$2.75

- Daily - **Hamburgers/Cheeseburgers**
- Monday, Wednesday & Friday - **Nachos**
- Tuesday - **Cheese-Filled Bread Sticks**
- Wednesday – **Hot Italian Hoagie**
- Thursday – **Philly Steak & Cheese Hoagie
& Pretzel Sticks w/Cheese Sauce**
- Friday – **Special Featured Entree**



Milk Choices:

Fat-Free Unflavored

Low-Fat 1% Unflavored

Fat-Free Flavored

Ala Carte Price...\$.50

Food Stations Available Daily:

- **Grill Station**
- **Pizza Station**
- **Chicken Station**
- **Grab & Go Salads**
- **Hot Vegetables**
- **Specialty Bar Days**

Specialty Bar Meal Price \$3.15

Tuesday:

Taco Bar

Wednesday:

Indian Cuisine Bar

Thursday: (Alternates Weekly)

Noodle Bar

Asian Bar

Starts the week of 9/9/19

Vegan Entree Price \$2.75

Humus Wrap

Available Daily

Special Featured Vegan Entrée:

Boca Burger

Available Monday & Thursday.

September 2019

Baldwin High School Breakfast Menu

Breakfast Meal Price:

**Paid - \$1.50
Reduced - \$.30**

Milk Choices:

**Fat-Free Unflavored
Low-Fat 1% Unflavored
Fat-Free Flavored**

**Milk is included with a meal.
Ala Carte Price: \$.50**

Menu is subject to change.

**This institution is an equal opportunity
provider and employer.**

Meal Benefits

If you feel you may qualify for meal benefits, please go to www.schoolcafe.com and complete a meal application online.

Meal benefits are good for only one school year. If you have not reapplied for the new school year **after July 1, 2019**, please apply for meal benefits now. If you received a direct Certification letter from BWSD **after July 1, 2019** stating that you qualify for the 2019-2020 school year, you do not have to complete a meal application.

Board Policy 808.1, Meal Charges, is posted on the website. www.bwschools.net

Breakfast Meal Includes:

- Choice of 2 Whole Grain Entrees
- Choice of 1 100% Fruit Juice
- Choice of 1 Fruit
- Choice of 1 Milk

Students must choose at least 3 meal components with 1 of the 3 being either Fruit or 100% Fruit Juice.



Breakfast Is Served Daily.

Grab & Go Breakfast Service

Students can choose either a hot entrée meal or cold entrée meal featured at the grab & go breakfast cart next to the entrance for students. Students can grab a breakfast and head directly to class.

Second Chance Breakfast is offered at the Baldwin Bean Coffee Shop during periods 1 & 2.

Grab & Go Breakfast Meal:

Entrees equal 2 whole grain meal components.

**Monday – Cocoa-Cherry Bars or Breakfast Sandwich
Tuesday – Mini Donuts or Breakfast Sandwich
Wednesday – Special Pastry or Breakfast Sandwich
Thursday – Cereal Bars or Breakfast Sandwich
Friday – Cocoa-Cherry Bars or Breakfast Pizza**

Choice of Milk, Juice & Fresh Fruit is included

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