

## February 2019

## Elementary Breakfast Menu

### Breakfast Meal Price:

Paid - \$1.40  
Reduced - \$.30

### Milk Choices:

Fat-Free Unflavored  
Low-Fat 1% Unflavored  
Fat-Free Flavored  
Ala Carte Price...\$.50

### Breakfast Meal Includes:

- Choice of 2 Whole Grain Entrees
- Choice of 1 100% Fruit Juice
- Choice of 1 Fruit
- Choice of 1 Milk

Students must choose at least 3 meal components with 1 of the 3 being either Fruit or 100% Fruit Juice.

### *Breakfast Is Served Daily*

Students can choose either a Hot Entrée or a Cold Entrée and a fruit, juice and milk.

Menu is subject to change.

This institution is an equal opportunity provider and employer.

### Cold Entrees Offered:

Monday – Whole Grain Cereal  
or Yogurt Parfaits  
Tuesday – Whole Grain Muffins  
Wednesday – Special Pastry Day  
Thursday – Cocoa-Cherry Nutrition Bar  
Friday – Whole Grain Cereal  
or Overnight Oatmeal

*Cold entrees equal 2 whole grain meal components.*



### Hot Entrees Offered:

Monday – Cinnamon Twists  
Tuesday - Breakfast Pizza  
Wednesday – Pancake on a Stick  
Thursday – French Toast  
Friday: Special Entrée Featured

*Hot entrees equal 2 whole grain meal components.*

### Meal Benefits

If you feel you may qualify for meal benefits, please go to [www.schoolcafe.com](http://www.schoolcafe.com) and complete a meal application online.

*Meal benefits are good for only one school year.* If you have not reapplied for the new school year **after July 1, 2018**, please apply for meal benefits now. If you received a direct Certification letter from BWSO **after July 1, 2018** stating that you qualify for the 2018-2019 school year, you do not have to complete a meal application.

Review Board Policy 808.1, Meal Charges,  
at [www.bwschools.net](http://www.bwschools.net) for more  
information on meal charges.

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