



# R.A. LUTZ ELEMENTARY SCHOOL (3-5)

## LUNCH MENU JANUARY 2024

### Lunch Meal Prices:

**Paid: \$3.30**

**Reduced Price: \$.0**

Milk is included with the meal.

### Milk Choices:

**Fat-Free Unflavored**

**Low-Fat 1% Unflavored**

**Fat-Free Flavored**

**Ala Carte Milk: \$.50**

### January Highlights

**Fresh Blend Smoothies Available Every Thursday**

**Fresh Baked Dinner Rolls W/Entree Salads**

**Homemade Fresh Pizza Every Friday**

**Expanded Selections of Fruits**

**& Vegetables**

**Made-To-Order Hoagie Day**

**NEW!**

**[PROMO]**

### DAILY DELI SELECTIONS

**Ham (T) & Cheese Sandwich (T)**

**Cheese Sandwich (V)**

**Uncrustable PB&J Sandwich (V)**

**Deli Nacho Box (V)**

**Highlander Meal Box (T)**

**Vegetarian Entree Salad (V)**

**Chef's Entree Salad**

**Specialty Entree Salad Of The Day**

Identification Code:

T = Made with Turkey Meat and V = Vegetarian

### What Items Are Included In A School Lunch?

#### Five Meal Components

Meat/Meat Alternate – 1 Choice

Whole Grain – 2 Choices

Vegetable – 2 Choices

Fruit – 1 Choice

Milk – 1 Choice

**Students must take at least 3 of the 5 meal components with 1 of the 3 components being a fruit or vegetable.**

### Vegetarian Meal Options:

- Vegetarian Salad
- Grilled Cheese Sandwich
- Spicy Grilled Cheese Sandwich
- Deli Nacho Entree
- Deli Cheese Sandwich
- Uncrustable PB&J Sandwich
- Other Entrees w/vegetarian Code (V)

### Meal Benefits-

If you feel you may qualify for meal benefits, please go to [www.schoolcafe.com](http://www.schoolcafe.com) and complete a meal application online.

Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2023, please apply for meal benefits now. If you received a direct Certification letter from BWSO after July 1, 2023 stating that you qualify for the 2023-2024 school year, you do not have to complete a meal application.



### Meal Charge Policy -

Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at [www.bwschools.net](http://www.bwschools.net) for more information. Here you will find the Board Policy 808.1 for your reference.

Menu is subject to change: Food supply chains are being impacted by the lack of labor, materials, transportation drivers and more during the COVID Pandemic, causing shortages of food and beverages. Please follow us on Twitter for the most up-to-date menu changes occurring at your school.

Follow us on Twitter @BWFOODSERVICE

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER









School Year 2023-2024



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## LUNCH MENU JANUARY 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Featured Main Hot Entree are listed on this menu page.		Fresh Homemade Pizza Every Friday From Our Pizzeria		Assorted Alternate Entree Meals Available Daily	Saturday January 13th Please Join Us
 <b>Jan. 8-12</b>	Crispy Popcorn Chicken w/Fresh Baked Roll	 Choice of Cheeto's Regular Macaroni & Cheese or Flamin' Cheeto's Macaroni & Cheese (V)	Breaded Chicken Sandwich Served with French Fries	<i>National Milk Day</i> Walking Taco Day (T) Fresh Blend <b>Yogurt</b> Smoothies	 Fresh Homemade Cheese Pizza (V)	
 <b>Jan. 15 - 19</b>	<b>NO SCHOOL</b> January is National Soup Month <i>Homemade Soup Coming Soon!</i> 	Crispy Chicken Nuggets Served with Fresh Vegetables	Choice of Teriyaki Chicken or Sweet Tangerine Chicken Rice Bowl Served With Vegetable Fried Rice	Breakfast For Lunch Featuring Mini Pancakes, Eggs, Turkey Sausage Fresh Blend Smoothies	Fresh Homemade Cheese Pizza or Cheesy Vegetable Pizza	
 <b>Jan. 22 - 26</b>	Pizza Crunchers (V) w/Savory Dipping Sauce	Walking Taco Day (T)	Chicken Tenders w/Fresh Baked Roll	Made-To-Order Hoagie Day (T) Your Choice of Bread/Meat/Cheese/Vegetable Toppings Fresh Blend Smoothies	Fresh Homemade Cheese Pizza or Supreme Hummus Pizza (V)	
 <b>Jan. 29 - 31</b>	Superman Nachos Turkey Taco Meat & Cheese Topping Served With A Warm Churro	Breakfast For Lunch Featuring Mini Pancakes, Eggs, Turkey Sausage	Cheeseburger (B) & Parmesan Chicken Sandwich	Stay tuned for more exciting new menu options coming soon!		



School Year 2023-2024

**\*\*Assorted Alternate Deli Entrees , Fruits and Vegetables offered daily\*\***