



BALDWIN MIDDLE SCHOOL (6TH GRADE)

LUNCH MENU MARCH 2024



Lunch Meal Price:

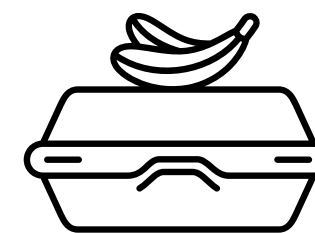
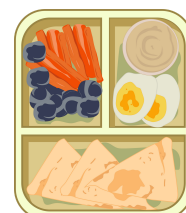
Paid: \$4.00

Reduced Price: \$.0

Milk is
included with the meal.

New Self-Service Lunch ...

Students will be able to self-serve their lunch choices as they go through the service line. Meal boxes will contain the main featured entree and alternate entree meal boxes will be available daily.



Daily Alternate Entree Selections

Hot Entree

Pretzel Turkey & Cheese Melt (T)
Grilled Cheese & Spicy Grilled Cheese

Deli Entree

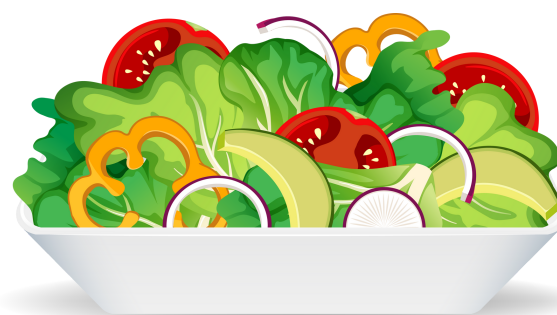
Turkey & Cheese Sandwich
Uncrustable PB&J Sandwich Meal (V)
Deli Nacho Box (V)
Highlander Meal Box
Deli Club Sandwich (Thursdays)

Identification Code:

T = Made with Turkey Meat
V = Vegetarian

Featured Salad:

Daily:
Vegetarian Salad
Chef's Salad



Specialty Salad Days:

(Thursday & Friday Only)

Tangerine Chicken Salad

Milk Choices:

Fat-Free Unflavored
Low-Fat 1% Unflavored
Fat-Free Flavored

Ala Carte Milk: \$.50

What Items Are Included In A School Lunch?

Five Meal Components

Meat/Meat Alternate – 1 Choice
Whole Grain – 2 Choices
Vegetable – 2 Choices
Fruit – 1 Choice
Milk – 1 Choice

Students must take at least 3 of the 5 meal components with 1 of the 3 components being a fruit or vegetable.

Menu is subject to change.

Vegetarian Meal Options:

- Cheese Pretzel Melt
- Vegetarian Salad
- Grilled Cheese Sandwich
- Spicy Grilled Cheese Sandwich
- Deli Nacho Entree
- Deli Cheese Sandwich
- Uncrustable PB&J Sandwich
- Other Entrees w/vegetarian Code (V)



Meal Benefits-

If you feel you may qualify for meal benefits, please go to www.schoolcafe.com and complete a meal application online.
Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2023, please apply for meal benefits now. If you received a direct Certification letter from BWSO after July 1, 2023 stating that you qualify for the 2023-2024 school year, you do not have to complete a meal application.

Meal Charge Policy -

Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at www.bwschools.net for more information. Here you will find the Board Policy 808.1 for your reference.

Menu is subject to change: Food supply chains are being impacted by the lack of labor, materials, transportation drivers and more during the COVID Pandemic, causing shortages of food and beverages. Please follow us on Twitter for the most up-to-date menu changes occurring at your school.

Follow us on Twitter @BWFOODSERVICE


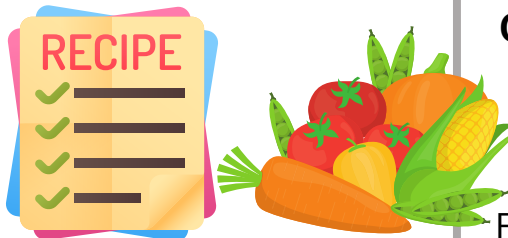



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LUNCH MENU MARCH 2024



School Year 2023-2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
March 1	<u>Milk Choices Offered at Lunch:</u> Unflavored Low-Fat Milk Fat-Free Milk Flavored Fat-Free Milk Milk is included with the meal.		March is Nutrition Month...We are featuring special vegetable recipes throughout the month.		Cheesy Wedge Pizza <i>or Cheeseburger</i> Warm Carrots Fresh Vegetable Medley Seasonal Fresh Fruit	
March 5 - 9	Chicken Sandwich <i>or</i> Cheese & Onion Pierogies Baked Sweet Potato Fresh Celery Sticks Frosty Fruit Sorbet	Taste It Tuesday Italian Supreme Turkey & Cheese Flatbread Cheesy Pull-Apart Bread Sticks <i>Choice of Italian or Southwestern</i> w/Dipping Sauce, Carrots, Peaches	Pizza Crunchers w/Savory Dipping Sauce Fresh Vegetable Medley Fresh Strawberries	Breakfast For Lunch Mini pancakes, Scrambled Eggs, Tatar Tots, Turkey Sausage Vegetable juice Orange Wedges	Stuffed Crust Pizza <i>or</i> Cheesy Fish Sandwich Glazed Carrots Spinach Salad Seasonal Fresh Fruit	
March 12 - 16	Chicken Tender w/Roll <i>or</i> Big D's Fiesta Pocket Sandwich (B) Green Beans Fresh Broccoli Seasonal Fresh Fruit	Taste It Tuesday Flaming Cheetos Fiery Macaroni & Cheese <i>or</i> Chicken Nuggets Buffalo Cauliflower, Coleslaw, Seasonal Fresh Fruit	Breaded Chicken Sandwich <i>National Potato Chip Day</i> Spiral Fries Baby Carrots Fresh Grapefruit Wedges	Walking Tacos <i>Or</i> Big D's Pizza Pocket Sandwich (B) <i>Fire Roasted Corn & Black Beans</i> Salsa Cup & Applesauce	Cheesy Pizza <i>or</i> Cheeseburger Winter Blend Tossed Salad Fresh Banana	
March 19 - 23	Flaming Cheetos Fiery Macaroni & Cheese Shamrock Pretzel Day <i>or</i> Big D's Fiesta Pocket Sandwich (B) Green Beans, Cauliflower Seasonal Fresh Fruit	Taste It Tuesday Philly Cheesesteak Mac & Cheese <i>or</i> Hot & Spicy Chicken Sandwich Assorted Vegetables & Fruit	General Tso's Chicken & Vegetable Fried Rice Bowl Vegetable Egg Roll Oriental Vegetables Diced Peaches	Walking Tacos Tex Mex Corn Salad Salsa Cup Baby Carrots Fresh Pear	Cheesy Wedge Pizza <i>or</i> Cheesy Fish Sandwich French Fries Fresh Vegetable Medley Seasonal Fresh Fruit	
March 26 - 29	Chicken Sandwich <i>Choice of Regular or Spicy</i> Buffalo Cauliflower Fresh Celery Sticks Apple Slices	Taste It Tuesday Chili Cinnamon Roasted Sweet Potatoes w/Popcorn Chicken <i>Or</i> Cheesy Pull-Apart Breadsticks <i>or</i> Beef & Cheese Taco Stick Meal Box	Pizza Crunchers w/Savory Dipping Sauce Fresh Vegetable Medley Frosty Cherry Fruit Sorbet	NO SCHOOL	NO SCHOOL	

** Assorted Alternate Deli Entrees, Fruits and Vegetables offered daily**