R.A. Lutz Elementary School (3 - 5)
OCTOBER 2026 - LUNCH

Lunch Meal Prices:

Paid: $3.30

Reduced Price: $.0

Milk is included with the meal.

The District is Now a 100% Cashless Operation

Cash Or Check Payments will not be accepted at the schools in order to keep our students and staff safe.

Parents are to make payments using the third party company eFunds which can be accessed through the QR Code below.

PLEASE ALLOW 24 HOURS FOR PAYMENTS TO POST TO YOUR STUDENT'S ACCOUNT

Daily Featured Salad:

- ***Vegetarian Salad***
- ***Harvest Chicken Salad***

Daily Deli Selections

Ham (T) & Cheese Sandwich (T)
Cheese Sandwich (V)
Uncrustable PB&J Sandwich (P)
Highlander Meal Box (T) - Tuesday & Thursdays Only
Fruit & Yogurt Parfait (V) - Wednesday Only
Turkey & Cheese Sandwich(T)
Italian Hoagie(T)

Identification Code: T = Made with Turkey
V = Vegetarian

Milk Choices:

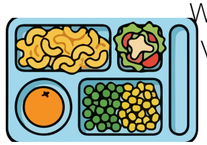
Fat-Free Unflavored
Low-Fat 1% Unflavored
Fat-Free Flavored
Milk is included with lunch.
Ala Carte Milk: $.50

School Year 2026-2027

What Items Are Included In A School Lunch?

Five Meal Components

Meat/Meat Alternate – 1 Choice
Whole Grain – 2 Choices
Vegetable – 2 Choices
Fruit – 1 Choice
Milk – 1 Choice



Students must take at least 3 of the 5 meal components with 1 of the 3 components being a fruit or vegetable.

Menu is subject to change.

Vegetarian Meal Options:

- **Vegetarian Salad**
- **Grilled Cheese Sandwich**
- **American Cheese Sandwich**
- **Uncrustable PB&J Sandwich**
- **Other Entrees w/Vegetarian Code (V)**

Meal Benefits -

If you feel you may qualify for meal benefits, please go to **www.schoolcafe.com** and complete a meal application online.
Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2026, please apply for meal benefits now. If you received a direct Certification letter from BWSD after July 1, 2026 stating that you qualify for the 2026-2027 school year, you do not have to complete a meal application.

Meal Charge Policy -

Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at www.bwschools.net for more information. There you will find the Board Policy 808.1 for your reference.

Follow us on Twitter @BWFOODSERVICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

R.A. Lutz Elementary School (3 - 5)
OCTOBER 2026 - LUNCH MENU

School Year 2026-2027

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct 1-2		Soup Season Has Arrived! Homemade Soups Featured on Tuesdays		**Cheeseburger on a Pretzel Bun** Baked Beans Fresh Celery w/Ranch Fresh Red Grapes Fresh Baked Cookie	**Fresh Baked Pizza** Baby Carrots & Celery Sticks Tossed Salad w/Italian Dressing Apple Slices
Oct 5-9	**Chicken Tenders w/Dinner Roll** Mashed Potatoes & Gravy Fresh Cucumber Slices Red Grapes	**Walking Tacos** **(Turkey Taco Meat & Cheese)** Sweet Corn Salsa Cup & Lettuce Cup Applesauce **Soup: Chicken Tortilla Fritos**	**Breaded Chicken Sandwich** Tatar Tots Baby Carrots w/Ranch Orange Wedges	**Creamy Macaroni & Cheese** W/Garlic Knot Roll Peas & Carrots Go Bonzo Beans Apple Slices	**Fresh Baked Pizza** Warm Savory Broccoli Fresh Vegetable Medley Fresh Pear
Oct 12-15	**Turkey Hot Dog Sandwich** French Fries Baby Carrots w/Ranch Mandarian Oranges in Gelatin	**Walking Tacos** **(Turkey Taco Meat & Cheese)** Sweet Corn Salsa Cup & Lettuce Cup Applesauce **Soup: Cream of Broccoli**	**Breaded Chicken Sandwich** Tatar Tots Baby Carrots w/Ranch Orange Wedges	**Pizza Crunchers** w/Savory Dipping Sauce Green Beans Celery w/Ranch Fresh Strrawberries	WARNING NO SCHOOL
Oct 19-23	**Chicken Nuggets** Cheesy Potato Casserole Spinach Salad Fresh Apple Slices	**Mini Cheese-Filled Ravioli** Green Beans Fresh Celery w/Ranch Red Grapes **Soup: Cheesy Cauliflower**	**Chicken Meatballs and Breadstick** **w/Dipping Sauce** Fresh Cucumbers Ranch Go Bonzo Beans Cinnamon Applesauce	**Popcorn Chicken** French Fries Grape Tomatoes Cherry Craisins	**Fresh Baked Pizza** Warm Carrots Tossed Salad w/Italian Dressing Banana
Oct 26-30	**Creamy Mac & Cheese** w/Breadstick Savory Broccoli Baby Carrots w/Ranch Fresh Apple Slices	**Walking Tacos** **(Turkey Taco Meat & Cheese)** Sweet Corn Salsa Cup & Lettuce Cup Fresh Grapes **Soup: Sweet & Spicy Vegetarian Chili**	**Breaded Chicken Sandwich** Tatar Tots Baby Carrots w/Ranch Diced Pears	**Chicken Tenders** w/Halloween Crackers Baked Beans Fresh Broccoli w/Ranch Fresh Strawberries	**Fresh Baked Pizza** Baby Carrots & Celery Sticks Tossed Salad w/Italian Dressing Fresh Banana

FALL DAYS are FUN DAYS

PA HARVEST of THE MONTH:
Apples

Nutritional Fact.
Apples are a source of fiber and vitamin C. Removing the skin removes much of the fiber. Dehydrating or drying the apples removes the vitamin C. Apples are also a source of phytochemicals which are substances that are believed to guard against cell damage and have a wide variety of health benefits.

Milk Choices:

Unflavored Low-Fat Milk
Fat-Free Milk

Milk is included with the meal.

Assorted Fruits and Vegetables offered daily