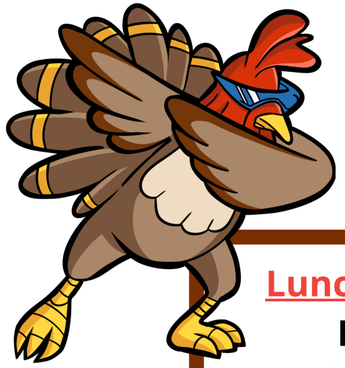


R.A. Lutz Elementary School (3 - 5)
NOVEMBER 2026 - LUNCH

Lunch Meal Prices:

Paid: $3.30

Reduced Price: $.0

Milk is included with the meal.

The District is Now a 100% Cashless Operation

Cash Or Check Payments will not be accepted at the schools in order to keep our students and staff safe.

Parents are to make payments using the third party company eFunds which can be accessed through the QR Code below.

PLEASE ALLOW 24 HOURS FOR PAYMENTS TO POST TO YOUR STUDENT'S ACCOUNT

Daily Featured Salad:

- ***Vegetarian Salad***
- ***Tangerine Chicken Salad***

Daily Deli Selections

Ham (T) & Cheese Sandwich (T)
Cheese Sandwich (V)
Uncrustable PB&J Sandwich (P)
Highlander Meal Box (T) - Tuesday & Thursdays Only
Fruit & Yogurt Parfait (V) - Wednesday Only
Turkey & Cheese Sandwich(T)
Italian Hoagie(T)

Identification Code: T = Made with Turkey
V = Vegetarian

Milk Choices:

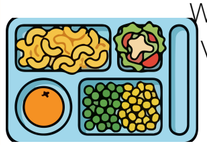
Fat-Free Unflavored
Low-Fat 1% Unflavored
Fat-Free Flavored
Milk is included with lunch.
Ala Carte Milk: $.50

School Year 2026-2027

What Items Are Included In A School Lunch?

Five Meal Components

Meat/Meat Alternate – 1 Choice
Whole Grain – 2 Choices
Vegetable – 2 Choices
Fruit – 1 Choice
Milk – 1 Choice



Students must take at least 3 of the 5 meal components with 1 of the 3 components being a fruit or vegetable.

Menu is subject to change.

Vegetarian Meal Options:

- **Vegetarian Salad**
- **Grilled Cheese Sandwich**
- **American Cheese Sandwich**
- **Uncrustable PB&J Sandwich**
- **Other Entrees w/Vegetarian Code (V)**

Meal Benefits -

If you feel you may qualify for meal benefits, please go to **www.schoolcafe.com** and complete a meal application online.
Meal benefits are good for only one school year. If you have not reapplied for the new school year after July 1, 2026, please apply for meal benefits now. If you received a direct Certification letter from BWSD after July 1, 2026 stating that you qualify for the 2026-2027 school year, you do not have to complete a meal application.

Meal Charge Policy -

Parents are responsible for making payments to the school district for meals purchases. Please visit the district website at www.bwschools.net for more information. There you will find the Board Policy 808.1 for your reference.

Follow us on Twitter @BWFOODSERVICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

R.A. Lutz Elementary School (3 - 5)
NOVEMBER 2026 - LUNCH MENU

School Year 2026-2027

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
November 2-6	**Breakfast For Lunch** Pancakes, Turkey Sausage Egg Patty & Hash Rounds Vegetable Juice Fresh Orange Wedges	**WARNING** **NO SCHOOL** **Election Day!**	**Chicken Parmesan Sandwich** *Breaded Chicken Topped w/Marinara Sauce & Mozzarella cheese* French Fries Tossed Salad w/Dressing Diced Peaches	**Mini Turkey Corn Dogs** Baked Beans Carrots & Celery w/Ranch Fresh Banana	**Fresh Baked Pizza** Spinach Salad Fresh Vegetable Medley Fresh Pear	**PA HARVEST of THE MONTH:** **Winter Squash** **Nutritional Fact.** The nutritional value of winter squash varies by variety. Most are good, if not excellent sources of vitamin C. Vitamin C is important in the body's healing process and may play a role in guarding against heart disease and cancer. Vitamin C also helps the body absorb iron. Many are also great sources of vitamin A including delicata, butternut, hubbard, carnival, and pumpkin. Vitamin A is important in eye health and immune function.
November 9-13	**General Tso's Chicken & Rice Bowl** Peas & Carrots Fresh Celery w/Ranch Red Grapes	**Pizza Crunchers** w/Savory Dipping Sauce California Blend Vegetables Fresh Pepper Strips Cinnamon Applesauce **SOUP: Cream of Potato**	**Popcorn Chicken** Mashed Potatoes & Gravy Roasted Chickpeas Fresh Pear **Happy Veterans Day!**	**Fresh Baked Pizza** Warm Savory Broccoli Baby Carrots w/Ranch Fresh Strawberries	**Heart-Shaped Chicken Nuggets** French fries Cucumber Slices Apple Slices Heart Shaped Graham Crackers	
November 16-20	**Creamy Mac & Cheese** w/Breadstick Green Beans Tri-Color Pepper Strips Orange Wedges	**Walking Tacos** **(Turkey Taco Meat & Cheese)** Sweet Corn Salsa Cup & Lettuce Cup Apple Crisps **SOUP: Texas Tortilla**	**Breaded Chicken Sandwich** Tatar Tots Baby Carrots w/Ranch Apple Slices	**Chicken Tenders** Dinner Roll Sweet Potato Fries Fresh Broccoli w/Ranch Fresh Banana	**Fresh Baked Pizza** Tossed Salad w/Italian Dressing Roasted Chickpeas Fruit Sorbet	
November 23-25	**Chicken Nuggets** BBQ Baked Beans Fresh Cucumber Slices Fresh Apple Slices	**Cheeseburger** **or** **Turkey Hot Dog Sandwich** Smiley Potatoes Tossed Salad w/Dressing Fruit Sorbet	**Early Dismissal** **Breakfast For Lunch** Pancakes, Turkey Sausage & Yogurt, Tater Tots, Vegetable Juice & Orange Wedges			
November 30	**WARNING** **NO SCHOOL**	**It Is Soup Season!** **Homemade Soups Featured on Tuesdays**				**Milk Choices:** **Unflavored Low-Fat Milk** **Fat-Free Milk** **Milk is included with the meal.**

Assorted Fruits and Vegetables offered daily