

# Employee Assistance Program, Personal Health Partners, & Find a Doctor



The **EAP** provides employees and family members with **free** and **confidential** help in dealing with personal problems. These include:

- Marital or Family Problems
- Financial/Legal Difficulties
- Balancing Work/Life Situations
- Emotional or Stress Related Problems
- Drug or Alcohol Abuse
- Problems Related to Work



**Personal Health Partners** lends a hand with the many aspects of family health care. You, your family members, parents, and parents-in-law have access to a Personal Health Partners specialist who can answer questions regarding specific treatment options, secure appointments with specialists and help answer questions related to insurance matters.

Questions such as:

- Needing assistance with an insurance claim?
- Caring for an elderly parent and not sure where to turn for help?
- Needing advice on obtaining medical equipment?
- Seeking education around alternative drugs and therapies?

**NEW  
PROGRAM  
THROUGH  
THE EAP!**



**Find a Doctor** provides services to employees and family members for the selection of a physician that utilizes an Enhanced Highmark Network doctor. **Find a Doctor** will utilize the insurance provider in selecting PCP's or specialists. After the research is complete, you are provided with a few physician options which include the name and number of the PCP or specialist. Once you select a doctor, the **Find A Doctor** counselor will contact the physician's office to confirm availability and to let them know a patient will be calling to set up an appointment.



**Legal and Financial Services** entitles you to one initial 30-minute office or telephonic consultation with a legal expert or a 30-minute telephonic consultation with a financial expert on an unlimited number of separate legal or financial matters at no cost to you. For legal consultation beyond the initial 30 minutes, you receive a preferred discount rate of 25% off legal referrals. *Matters involving disputes or actions between employees or with your employer are not covered by this service.*



**What legal and financial issues are covered?**

- Family/Domestic Matters
- Landlord/Tenant
- Real Estate
- Credit Counseling
- Debt and Budgeting Assistance
- Retirement Planning
- Construction
- Car Accidents
- Insurance Claims
- College Education Planning
- Tax Planning



**Partners On-Line** provides a complete collection of web-based information, tools and resources supporting all family, caregiving and daily living topics. Sign on to [www.lytleap.com](http://www.lytleap.com), click on the Login box in upper right-hand corner enter password: **acshic**, select work/life, and click on the Login button.



**Home Safe** is a unique program that offers you a reimbursement for cab fare receipts submitted within 30 days if you have been out drinking and need a safe ride home. Home Safe is offered 7 days a week, 365 days a year.

All the above programs can be accessed by calling 800-327-7272. Someone is available to take your call 24/7/365. Your call is completely confidential and at no cost to you or your family.



Allegheny County Schools Health Insurance Consortium

**LYTLE EAP PARTNERS**  
*Well-being at work*